



2021

September – December

PARENT SERIES

AUDIENCE:

INDEPENDENT SCHOOL PARENTS & CAREGIVERS

A VIRTUAL PROGRAM

4 ONE-HOUR WEBINARS

WEBINARS WILL TAKE PLACE

VIA ZOOM

6:30 – 7:30 PM CENTRAL/

7:30 – 8:30 PM EASTERN

School leaders, we know that engaging parents as partners in support of children is an essential aspect of the school/home relationship. To help you support parents, ISACS has created a series of four one-hour sessions for parents in all stages of their child's journey. We hope you find the topics to be compelling and helpful to your school and to parents as they continue to learn from leading experts in the fields of education and child development.

Parents and caregivers, it has never been more difficult to be a parent. We hope you will consider joining other independent school parents for four evening sessions to help support your children in many areas of their growth and development. Hear from a variety of leading experts regarding your child's social, emotional, and other learning needs as we all continue to grow.

TUESDAY, SEPTEMBER 28, 2021

What Learning About Racial Inequality Can Teach Us All

JANEL GEORGE, GEORGETOWN UNIVERSITY LAW CENTER

Recent media reports have centered on “Critical Race Theory,” and over a dozen state legislatures have considered measures to limit how teachers can discuss topics like racism or sexism in the classroom. This webinar will examine what Critical Race Theory is (which is a theory developed in the legal academy by scholars) and, more importantly, why policymakers are seeking to limit efforts to discuss racism and sexism in schools. This session will contextualize current legislative efforts within the nation's history and identify why these legislative actions are being taken at this moment in our history. This session also will examine why learning about the history and current manifestations of racial inequality can benefit all students.



JANEL GEORGE is an associate professor of law at Georgetown University Law Center. Her work focuses on racial stratification and inequality in U.S. education. She has written about the resegregation of public schools, discriminatory school discipline practices, Critical Race Theory, and resource equity. She has served as legislative counsel in both the U.S. House of Representatives and the U.S. Senate, during which time her portfolio included child welfare, civil rights, and education issues. As a civil rights attorney with the NAACP Legal Defense and Educational Fund, Inc., she worked to leverage legislative and policy advocacy to advance equal educational opportunity. She also helped to advance the federal policy work of the Dignity in Schools Campaign, including provisions to promote positive and inclusive school climates in the federal *Every Student Succeeds Act*. She has worked with non-profits on a variety of state and federal policy issues and has served as an adjunct professor at Georgetown Law and Georgetown University's McCourt School of Public Policy.

TUESDAY, OCTOBER 26, 2021

The Family Firm: Data & Decisions (K-8)

EMILY OSTER, BROWN UNIVERSITY

Hear from a best-selling economist who has collected data that can help parents/caregivers establish best practices for day-to-day operations. This compelling webinar will focus on how families can use data and better decision-making tools to make hard choices in their family and to shape the life they want day-to-day. Hear a summary of the data that ranges from the development of reading skills by age, on the concussion risks of playing soccer, or the benefits of dipping brussels sprouts in sweetened cream cheese. Participants will find the data fascinating! The webinar will focus on decision-making in the early school years from kindergarten through middle school and will provide time for questions.



EMILY OSTER is a professor of economics at Brown University and author of *Expecting Better*, *Cribsheet*, and her newest book, *The Family Firm*. Her books analyze the fascinating data behind choices in pregnancy and parenting stemming from her academic work which focuses on health economics and statistical methods such as understanding why consumers do not always make “rational” health choices — why do people not eat a fully healthy diet, or pursue all recommended preventative health behaviors? *Expecting Better* analyzes the data behind many common pregnancy rules, and aims to improve decision-making for pregnant women. *Cribsheet* does the same for early childhood — what does the evidence really say on breastfeeding, co-sleeping, or potty training? Finally, *The Family Firm* examines parenting in the early school years, looking at data on school, extracurriculars, sleep and provides a framework to make unexpected decisions and address the logistical challenges of parenting. Oster holds a PhD in economics from Harvard and prior to Brown, she was on the faculty at the University of Chicago Booth School of Business.

TUESDAY, NOVEMBER 9, 2021**Why Your Child's Social, Emotional & Academic Well-being Begins at Home**

JANET TAYLOR, PSYCHIATRIST

Join Taylor as she illuminates the importance of a child's social and emotional well-being. Parents and caregivers will learn about the impact of fear and trauma on learning and how to maximize your child's health and emotional well-being by bringing awareness to your own. Hear the importance of accountability and emotional regulation, and learn how to identify mental health red flags and when additional help is required.



JANET TAYLOR, MD, MPH is the author of Amazon bestseller, *The Courageous Classroom: Creating a Culture of Safety for Students to Learn and Thrive*. A community psychiatrist in Sarasota, Florida, she also works in private

practice and speaks on the impact of self-care, stress management, parenting, work-life balance, and racial trauma. She is a frequent contributor to CBS "This Morning," NBC "The Today Show" and ABC "Good Morning America" and is regularly featured on CNN, MSNBC and was on ABC.com's regular webcast, "Mom's Get Real." She also had a column, "Ask Dr. Janet" in *Family Circle Magazine*. She attended the University of Louisville for medical school and received a master's of public health from Columbia University. Taylor was a recipient of the 2008 Woman in Medicine Award from the National Medical Association- Council of Women's Concerns.

TUESDAY, DECEMBER 7, 2021**Electronic Cigarettes & Vaping: What Parents Should Know**

DIANA HU, PREVENTION SOLUTIONS, A DIVISION OF THE HAZELDEN BETTY FORD FOUNDATION

Vaping in its many forms is a drug use practice that poses multiple health risks, including the risk of addiction, to young people. This presentation will explore what vaping is, the latest vaping use trends, what vaping does to the young body and mind, what addiction to vaping looks like, how to have a conversation about vaping with your child, how to prevent vaping before it starts, effectively identifying and intervening on warning signs of use and/or supporting children and teens who want to quit vaping. There will be plenty of time for questions!



DIANA HU is a prevention specialist at Prevention Solutions, a part of the Hazelden Betty Ford Foundation. Hu is dedicated to developing and facilitating comprehensive substance abuse prevention programming and services including student education, adult professional development, and whole-school consultation and assessment. She partners with schools and communities to provide education aimed at building strong prevention climates utilizing science, data, and social norm theories while actively engaging students with critical thinking strategies. The author of numerous e-journal articles, she has provided substance misuse prevention education to students, parents, and faculty around the world. She holds a bachelor's degree in business administration from CUNY Baruch College and a master's degree in public administration from Beijing Tsinghua University.

REGISTRATION DETAILS & FEE**ONLY ONE PERSON FROM YOUR SCHOOL NEEDS TO REGISTER AT ISACS.ORG/PARENTSERIES**

- \$300 per school for ISACS members for any or all four one-hour webinars
- \$400 per school for non-ISACS members for any or all four one-hour webinars
- Webinars will take place via Zoom at 6:30 – 7:30 pm central/7:30 – 8:30 pm eastern
- All parents or other members of the school community (faculty, administrators, etc.) who plan to attend the live presentation must pre-register individually on Zoom for each webinar.
- Prior to each webinar, ISACS will send an email to the contact person with details of the upcoming webinar including the pre-registration Zoom link.
- To accommodate busy schedules, webinars will be recorded and available to registered schools until January 31, 2022.

REGISTER YOUR SCHOOL TODAY*There will be no refunds for the Parent Series.***Questions? Contact Karen Zeitlin at karen@isacs.org.****ISACS****2021****September – December****PARENT SERIES**