

# GO AMHERST COMETS!

# SEPTEMBER AJH Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Breakfast &amp; Lunch are available at no cost to families for the 2021-22 school year!</i></p> <p><i>Milk by itself costs \$.50.</i></p>	<p><b>OFFERED DAILY:</b> Pizza or Pepperoni Roll PB &amp; J Sandwich</p> <p><b>ASSORTED FRUIT CHOICES</b> <b>ASSORTED MILK</b></p>	<p>1</p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>2</p> <p>MOZZARELLA STICKS W/MARINARA AJH PIZZA MILK DESSERT</p>	<p>3</p> <p>SPICY CHICKEN PATTY w/BAKED CHIPS FRENCH BREAD PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p>6</p> 	<p>7</p> <p>CHICKEN FRYZ W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>8</p> <p>CHICKEN PATTY W/ BAKED TOTS AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>9</p> <p>TOASTED CHEESE BBQ RIBLET w/ WAFFLE FRIES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>10</p> <p>CORN DOG w/BAKED CHIPS FRENCH BREAD PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p>13</p> <p>BUFFALO CHICKEN DIP w/BAKED CHIPS STUFFED CRUST PIZZA FRUIT/VEG CHOICES MILK</p>	<p>14</p> <p>POPCORN CHICKEN BAKED TRI-TATERS AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>15</p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>16</p> <p>BOSCO STICKS W/MARINARA AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>17</p> <p>CHEESEBURGER w/BAKED CHIPS FRENCH BREAD PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p>20</p> <p>BEEFY CHEESY NACHOS STUFFED CRUST PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p>21</p> <p>CHICKEN NUGGETS w/ BAKED SMILES AJH PIZZA FRUIT/VEG. CHOICES MILK</p>	<p>22</p> <p>CHICKEN PATTY W/ BAKED WAFFLE FRIES AJH PIZZA FRUIT/VEG. CHOICES MILK</p>	<p>23</p> <p>MAC &amp; CHEESE W/ ROLL RAVIOLI W/ ROLL AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>24</p> <p>HOT DOG w/BAKED CHIPS FRENCH BREAD PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p>27</p> <p>FIESTADA STUFFED CRUST PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p>28</p> <p>POPCORN CHICKEN BOWL AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>29</p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>30</p> <p>MOZZARELLA STICKS W/MARINARA AJH PIZZA MILK DESSERT</p>	<p>Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.</p>

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Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

deanne\_kelbley@amherstk12.org