

2021-2022

HEALTHY
MEALS



Pope John High School

Breakfast

Breakfast Sandwich	\$3.50	Bagel	\$1.25
Breakfast Basket	\$3.25	Assorted Donuts	\$1.50
Assorted Cereal & Milk	\$3.00	Buttered Roll	\$1.25
Hashbrowns	\$2.00	Coffee	\$1.00
Large Muffin	\$2.25		

Lunch

Meal Deal (includes lg water or can of soda, fruit and veggie of the day)	\$6.00	Freshly Made Salad	\$4.50
Deli Bar Sandwich	\$4.25	Chicken Sandwich	\$3.75
Assorted Wraps	\$4.25	Chicken Nuggets (8)	\$3.25
Hamburger	\$3.50	French Fries	\$2.00
Cheeseburger	\$3.75	Mozzarella Sticks w Sauce	\$3.50
Lg Maschio Water	\$1.25	Gatorade/Body Armor	\$2.50
Vitamin Water	\$1.75	Horizon Organic Milk	\$2.00
Snapple Can/Bottle	\$1.25/\$2.00		
Yogurt Parfait	\$3.50	Hershey Ice Cream	\$2.50
Large Pretzel	\$1.25	Fresh Baked Cookie	\$1.00
Small Chips/Lg Chips	\$1.00/\$1.25	Assorted Smart Snacks	\$1.00



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QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

healthy kids!