

## Personal Development

### Wellbeing, Citizenship and Employability

Welcome to the first KS3 Newsletter for Parents/Guardians/Carers. I will make one of these every term to update you on what we have been studying, examples of work and links to useful resources. Teachers of PD will have some great examples of work as we progress so please do look out for the next PD Newsletter on our website.

#### Relationship Building

The start of the term KS3 will be focusing on building relationships with our students. Over the past couple of years I have realised how important it is for a subject such as ours to have that connection between teacher and student and for them with their peers for the upcoming year. Students need to feel comfortable and free to express concerns or views in a safe and non-judgmental environment. At the same time we will be creating the 'ground rules' and expectations of behaviours of work completed throughout the year.

#### External Facilitators

We are in the process of booking the fire brigade, #knowknives and basic first aid. External facilitators are essential in building on the knowledge that students gain in the classroom and sharing this new knowledge into the wider community. As a team we work very closely with Katie Jackson DSL and her safeguarding team to deliver relevant and up to date content.

### We are much more than 'Study Skills' or 'Sex Education'

*The Personal development Faculty have worked extremely hard over the last 24 months to raise the profile of the faculty and take away that misconception that we only deliver 'sex education' and 'study skills'. We are teaching lifelong skills. Last year we created an assessment grid to be used with our assessments, so that we can track students' progress. There may not be an official exam but these are essential skills they will need to use all through life. Please do contact [e.jury@thestleonardsacademy.org.uk](mailto:e.jury@thestleonardsacademy.org.uk) to find out more. You can also check out the link below for the latest government guidelines*



***“To live a creative life, we must lose our fear of being wrong”***

**TERM 1** please contact [E.jury@thestleonardsacademy.org.uk](mailto:E.jury@thestleonardsacademy.org.uk) with any questions

**Year 7-** Safety and relationships this will include Road Safety, Rail safety, water safety and online safety. They will also look at positive and negative relationships and access to help in school should they need it, hopefully this will also support their transition and support them making new friends.

**Year 8-** Resilience and Presentation after a tough year students will be looking at ways to build resilience and overcome some anxieties around school and in everyday life. They will then use these skills to plan a presentation that will be delivered in class at the end of the term.

**Year 9-** Settling into year 9 – this will involve some self -reflection and goal setting, we will also explore the theme of personal identity and the right to personal autonomy. Students will also learn a couple of new revision techniques to support them cross curriculum and prepare revising for assessments.

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>