

SEPTEMBER 2021

MENU FOR GRADE 3-4-5 - MEDIUM (6,7,8) - HIGH SCHOOL (9,10,11,12)

6 September - 10 September 2021

13 September - 17 September 2021

20 September - 24 September 2021

27 September - 1 October 2021

	6 September - 10 September 2021	13 September - 17 September 2021	20 September - 24 September 2021	27 September - 1 October 2021
MONDAY	Pasta with tomato and basil (cereals containing gluten)	Pasta with tomato and basil (cereals containing gluten)	Pasta with tomato and basil (cereals containing gluten)	Pasta with tomato and basil (cereals containing gluten)
	Potatoes cream	Cream of carrots and ginger	Onion soup with croutons (cereals containing gluten)	Cream of peas
	Turkey roast	Piadine with prosciutto ham (cereals containing gluten)	Roast turkey in gravy sauce	Chicken nuggets (cereals containing gluten, milk)
	Scrambled eggs with bacon (egg)	Vegetarian meatballs (cereals containing gluten, milk, eggs)	Baked ricotta with mixed vegetables (milk)	Vegetable nests with egg (cereals containing gluten, milk, eggs)
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
TUESDAY	English pasta (cereals containing gluten, milk)	English pasta (cereals containing gluten, milk)	Themed Cuisine	Pasta with cheese sauce (cereals containing gluten, milk)
	Vegetable soup with croutons (cereals containing gluten)	Potatoes cream	Themed Cuisine	Mixed legume soup (cereals containing gluten)
	Salmon fillet with cherry tomatoes (fish)	Sausages with roasted potatoes	Themed Cuisine	Homemade fish nuggets (cereals containing gluten, fish, eggs)
	Spinach Cake (cereals containing gluten, eggs, milk)	Baked ricotta (milk)	Themed Cuisine	Vegetable meatballs (eggs, milk, cereals containing gluten)
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Themed Cuisine	Hot side dish of the day + Bread and Fruit or Yogurt
WEDNESDAY	Pasta and beans (cereals containing gluten)	Pasta with walnut sauce (cereals containing gluten, milk, nuts)	Tomato lasagna (cereals containing gluten, eggs, nuts, milk)	Portafino pasta (cereals containing gluten, nuts, milk)
	Chickpea cream	Peas cream	Lentil cream	Mixed legume soup (cereals containing gluten)
	Homemade Genoese meatloaf (cereals containing gluten, milk, eggs)	Genoese rice cake (cereals containing gluten, milk, egg)	Cous cous with mixed vegetables sautéed with soy (cereals containing gluten, soy)	Homemade Genoese meatloaf (cereals containing gluten, milk, eggs)
	Couscous With Vegetables (cereals containing gluten)	Chickpeas Hamburger (cereals containing gluten, milk)	Zucchini parmigiane (cereals containing gluten, milk)	Eggplant meatballs (cereals containing gluten, milk)
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
THURSDAY	Pasta alla norma (cereals containing gluten, milk)	Rice with tomato	Pasta alla norma (cereals containing gluten, milk)	Butter and sage paste (cereals containing gluten, eggs, milk)
	Onion soup	Spelt soup (cereals containing gluten)	Bean soup	Cream of carrots and ginger
	Hamburger (cereals containing gluten, eggs, milk)	BBQ ribs	Plaice fillets with green sauce (fish)	Saltimbocca romana (cereals containing gluten, milk)
	Veggie burgers (cereals containing gluten, eggs, milk)	Turnip greens and stracchino cheese pie (cereals containing gluten, milk)	Cabbage rolls stuffed with ricotta and vegetables (milk)	Vegetarian meatballs (cereals containing gluten, milk, eggs)
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
FRIDAY	Homemade Genoese pesto pasta (cereals containing gluten, milk, nuts)	Homemade Genoese pesto pasta (cereals containing gluten, milk, nuts)	Homemade Genoese pesto pasta (cereals containing gluten, milk, nuts)	Homemade Genoese pesto pasta (cereals containing gluten, milk, nuts)
	Potatoes cream	Lentil cream	Vegetable soup	Leek Soup
	Pizza margherita (cereals containing gluten, milk)	Pizza margherita (cereals containing gluten, milk)	Pizza margherita (cereals containing gluten, milk)	Pizza margherita (cereals containing gluten, milk)
	Ham and cheese rolls (milk)	Ham and cheese rolls (milk)	Ham and cheese rolls (milk)	Ham and cheese rolls (milk)
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
** In many preparations rice flour is used instead of 00 flour. Gluten-free and lactose-free options are always available. Pasta in bianco is always available. For any question or request, ask Pedevilla staff or write to isgfeedback@pedevilla.it				

