



WESTRIDGE SCHOOL

UPPER SCHOOL

2021-2022

Curriculum Guide

GRADES 9-12

Philosophy

The Upper School at Westridge prepares every student to handle with confidence the opportunities and challenges that she will encounter on her intellectual and personal journey. It is an environment where girls have the freedom to be themselves and are empowered to learn and grow into their best bold selves.

The program is designed to foster in girls the habits of mind and character that will enable them to engage with and connect to the subjects they study with depth, nuance, and balance. Rather than simply receiving and repeating information, students are encouraged to think critically and to view themselves not merely as beneficiaries, but as contributors to the body of human knowledge. As a girl advances from the 9th to the 12th grade, classes are designed to give her increasing responsibility for her own intellectual progress and to provide her with the academic and personal skills to succeed in Upper School, college, and beyond.

Courses of Study

The Upper School program offers balance among humanities, mathematics and sciences, visual and performing arts, computer science and engineering, physical education, and athletics. In every discipline, electives and advanced courses of study allow each girl to thrive within her areas of interest and strength.

The following list of required and recommended courses at each grade level is designed to provide you with an overview of the Westridge Upper School curriculum and its sequence. As with all things, there may be exceptions to the rule based on a student's past coursework and academic performance. Full course descriptions, elective course options, and detailed explanations of the graduation requirements can be found in our Catalogue of Courses at www.westridge.org/upperschool. Please note that course offerings may change each year.



Westridge Global Initiative

Students passionate about global studies may, working with the faculty Global Initiative Committee, undertake in-depth study of a modern-day global issue through an intentional selection of classes, experiential programs, and directed service. While coursework and activities also meet core graduation requirements, students in the program build a digital portfolio of their work, present their work to the committee, and earn special Global Initiative transcript designation.

9th Grade

English I
World Views: Ancient & Modern
Geometry or Advanced Geometry
Biology
World Languages and Cultures
• Spanish, Mandarin Chinese, or Latin
Physical Education/Activity Credit
Human Development 9: Transition to Upper School
Visual Art, Music, or Theatre

10th Grade

English II
The Modern World System or AP European History
Algebra II or Honors Algebra II
Chemistry or Honors Chemistry
World Languages and Cultures
Physical Education/Activity Credit
Human Development 10: Self & Society
Visual Art, Music, or Theatre

11th Grade

Honors English III or Perspectives in Literature
Honors U.S. History or AP U.S. History
Pre-Calculus or Honors Pre-Calculus
World Languages and Cultures
Physical Education/Activity Credit
The College Process 11: Voice & Vision
Laboratory science course
Visual Art, Music, or Theatre (if not completed)

12th Grade

Required*:

AP English IV or Perspectives in Literature
The College Process 12: Your Chosen Path
Physical Education/Activity Credit (if not completed)
Visual Art, Music, or Theatre (if not completed)

Recommended:

History
Mathematics
Science
World Languages and Cultures
Visual Art, Music, or Theatre

**Seniors are required to enroll in five academic courses.*

Additional Departmental Offerings

Perspectives in Literature
Comparative Religions
The Modern Middle East: History, Culture, Society
Ethics
Global Studies
Statistics
Calculus I
Physics
Anatomy and Physiology
Environmental Engineering
Field Studies in Geology
Research in Science
Spanish: El Mundo Hispanohablante
Literature in Spanish
Economics

Visual Arts Courses

The Art Department offers courses in painting and drawing, photography, 3D design, ceramics and sculpture, Time-based Art, Journeys in Film, and Advanced Art Studio.

Music Courses

The Music Department has seven course offerings: Chorale, Intermediate Choir (Dulces Voces), Glee Club, Madrigals, Intermediate Orchestra, Chamber Orchestra, and The Music Enigma, a non-performance class.

Theatre Courses

In addition to extracurricular performance opportunities, the Theatre Department offers Acting I and Theatre Production, which meet the arts graduation requirement, and electives in costume design, costume construction, and technical theatre.

Physical Education and Athletics

P.E. classes offer many fun and diverse activities, such as yoga, strength training, conditioning, and aerobic exercise. In addition, beginning, intermediate, and advanced dance courses are P.E. options. Students may receive physical activity credit for participation in competitive athletics. For information on varsity and junior varsity athletics, visit www.westridge.org/athletics.

Independent Study

Students wishing to pursue a level of study beyond that which is offered in the curriculum may enroll in an Independent Study in any discipline. The student must have a faculty sponsor and her proposed course of study must be approved by the appropriate department and reviewed by the Curriculum and Academic Standards Committee.

Service and Community Engagement in Upper School

The service and community engagement graduation requirement spans the four years of Upper School and culminates in senior year presentations of students'

Honors & AP Courses

Advanced Placement

Art History
Biology
Calculus (AB)
Calculus (BC)
Chemistry
Computer Science A
Computer Science Principles
English Literature
European History
Latin IV – Vergil & Caesar
Mandarin Chinese V
Physics C
Spanish Language
Statistics
U.S. History

Honors

Algebra II
Chemistry
English III
Latin V
Physics
Pre-Calculus
U.S. History

Electives

Creative Writing
Engineering & Design
(Science Olympiad,
Robotics, or Rocketry)
Costume Construction
Costume Design
Technical Theatre
Voice
Speech and Debate
Yearbook
Madrigals
Newspaper
Peer-to-Peer
Research in History
Student Voices

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AVERAGE
UPPER
SCHOOL
CLASS SIZE



Community Action Projects (CAP). In every grade level, students are required to spend time and energy off campus providing needed community services and building relationships with community organizations.

Student Support

With a long-block schedule of only four classes per day, girls experience student life at a manageable pace and have time built in to their schedules for clubs, free time, and meeting with teachers and advisors. All students belong to an advisory group, led by a faculty advisor, that meets regularly to support students and build community. As part of each student's course load, the Human Development class focuses on students' developmental, emotional, and physical well-being as they mature into young adults. Westridge has two school counselors, an Upper School learning support specialist, and a director of health and wellness on campus to provide any additional support as needed.

Upper School Schedule

All grades at Westridge operate on a six-day cycle. Days are designated as 1-6 and referred to as odd or even days. In addition, each Upper School block/class time is given a letter A-H.

Our block schedule means classes meet every other day, allowing for deeper class discussions and collaboration in 80-minute class blocks. Over the course of four years in the Upper School, graduation requirements are met through a thoughtfully planned selection of courses, including honors and APs, electives, and visual and performing arts options that successfully position our students for intellectual, social, and emotional growth, as well as the college admissions process.

9th Grade

Ninth grade students take a balanced course load of English, history, math, science, language, the arts, and human development. Honors and AP courses are available beginning in the tenth grade year. We believe ninth grade is a time of transition and foundation-building, and the caliber of the Westridge curriculum is such that our standard courses inherently offer the appropriate level of challenge. Elective courses are offered during "H Block" once or twice a rotation, depending on the course. The last half hour of the day is dedicated to clubs, assemblies, class meetings, or 1:1 advising on odd days. There is a 30-minute block in the morning on even days for clubs, student leadership meetings, advisory, Town Meeting, or 1:1 advising.

SAMPLE 9TH GRADE SCHEDULE - ODD DAYS

	8:40-9:50 A Block	9:55-11:05 B Block	11:10-12:20 C Block		1:25-2:35 D Block	2:40-3:10
Day 1	Geometry	Visual or Performing Arts	P.E.	Lunch	World Views	Clubs
Day 3	Geometry	Visual or Performing Arts	P.E.	Lunch	World Views	Assemblies
Day 5	Geometry	Visual or Performing Arts	P.E.	Lunch	World Views	Class Meetings

SAMPLE 9TH GRADE SCHEDULE - EVEN DAYS

	8:40-9:50 E Block	9:55-10:25	10:30-11:40 F Block	11:45-12:55 G Block		2:00-3:10 H Block
Day 2	English I	Advisory	Language	Biology	Lunch	Human Development
Day 4	English I	Clubs/ Student Leadership	Language	Biology	Lunch	Rocketry Elective
Day 6	English I	Town Meeting	Language	Biology	Lunch	Free



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