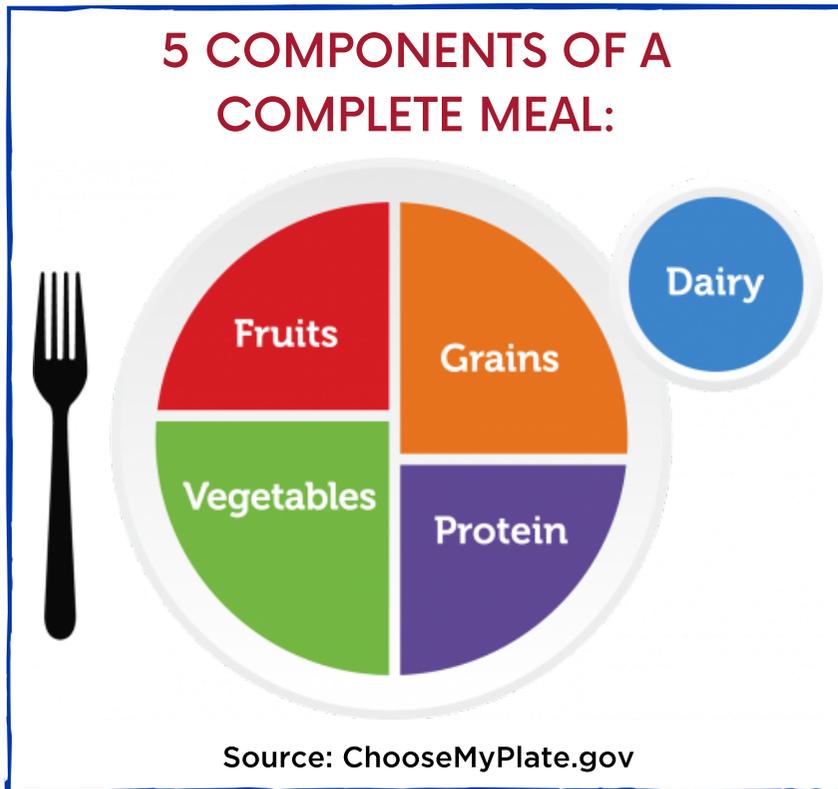


# WHAT IS A FREE & COMPLETE MEAL?

Your elementary student's meal must meet these requirements to be considered a complete meal and to be FREE for the 2021-2022 school year.



ELEMENTARY STUDENTS MUST CHOOSE AT LEAST 3 COMPONENTS AND 1 OF THOSE MUST BE A:



FRUIT

OR



VEGETABLE

**BUT THEY CAN TAKE ALL 5!**

## ALL 5 COMPONENTS OFFERED DAILY!