

Lower Merion



School District

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Ardmore, PA 19003-3399

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Nutritional Services

Karen Castaneda, MBA, RD, LDN, Director of Nutritional Services

Dear Parent/Guardian,

Welcome to the 2021-2022 school year!

The Lower Merion Nutritional Services Department strives to serve our students a healthy and fresh breakfast and lunch daily to help the students achieve their classroom goals.

During the 2021-2022 school year, all students will be eligible to receive free breakfast and lunch meals. In order to take advantage of the free meals, students must pick a complete meal which include a fruit/fruit juice or a vegetable, please note that a charge will apply if the student does not pick a complete meal. Please encourage your student to take advantage of the fruit and vegetables offered in our cafeterias.

Elementary school parents will be able to view the menu, and preorder meals for their students at www.myschoolaccount.com. Parents will have the option to order for one week in advance.

Information on creating account and online ordering are available at <https://www.lmsd.org/departments/nutritional>

Middle and High school parents and students will be able to view the menu through the Mealviewer link on the LMSD website, Nutritional Service page. Meal preorder is not required for the secondary school students.

The Lower Merion Nutritional Services make every effort to honor the posted menus however, due to the supply chain challenges, we may be required to change some of the menu items as needed.

While meals are free, ala carte items will be available to purchase. If you wish for your student to be able to purchase ala carte snacks, please deposit funds in their account.

Funds can be deposited using myschoolaccount.com or by sending in cash or check with your student. Please note that **No Ala carte or snack items may be purchased on any negative accounts.**