

# SEPTEMBER 2021 ELEMENTARY LUNCH MENU

Monday

Tuesday

Wednesday

Thursday

Friday

*Welcome Back!!!*

**6**  
*No School!*

**7**  
*No School!*

**8**  
*1/2 day  
No lunch!*

**9** Tony's Cheese Pizza  
MICHIGAN SALAD  
GREENS w/ RANCH  
Applesauce Cup

**10** Yogurt Plate with Greek  
Yogurt, Grahams,  
MICHIGAN BLUEBERRIES  
Carrots with Ranch Dip

**13** Chicken Tenders  
Ranch cup, Potatoes  
Muffin  
MICHIGAN FRUIT

**14** Cheese Nachos  
Sour Cream/Salsa  
Black Beans  
MICHIGAN APPLE

**15** Grilled Cheese  
Tomato Soup  
MICHIGAN CHERRIES

**16**  
*No School!*

**17** Wow! Butter and Jelly  
Sandwich  
MICHIGAN BLUEBERRIES  
Carrots with Ranch Dip

**20** Chicken Tenders  
Ranch cup, Potatoes  
Muffin  
MICHIGAN FRUIT

**21** Bean Burrito  
Cheese Cup  
MICHIGAN APPLE

**22** Grilled Cheese  
Tomato Soup  
MICHIGAN CHERRIES

**23** Tony's Cheese Pizza  
MICHIGAN SALAD  
GREENS w/ RANCH  
Applesauce Cup

**24** Yogurt Plate with Greek  
Yogurt, Grahams,  
MICHIGAN BLUEBERRIES  
Carrots with Ranch Dip

**27** Chicken Tenders  
Ranch cup, Potatoes  
Muffin  
MICHIGAN FRUIT

**28** Cheese Nachos  
Sour Cream/Salsa  
Black Beans  
MICHIGAN APPLE

**29** Grilled Cheese  
Tomato Soup  
MICHIGAN CHERRIES

**30** Tony's Cheese Pizza  
MICHIGAN SALAD  
GREENS w/ RANCH  
Applesauce Cup

All meals include Proteins & whole grains

At least 3/4 cup fruits and veggies and

1% white or chocolate milk

Yogurt Plate: Chobaini Greek Yogurt  
served with Grahams, Michigan  
Apples Sauce  
Carrots with Ranch Dip

Cheese Nachos  
Crisp Corn Tortillas served with  
melted cheese and Salsa  
and a side of Black Beans

Crispy Whole Muscle Chicken Tenders  
served with Ranch cup, Crispy  
Potatoes and Michigan Apple

Vegetarian Option:  
Wow Butter and Jelly Sandwich

Grilled Cheese Sandwich  
Creamy Cheese between 2 slices of  
crisp bread served with  
Tomato soup and Pitted Michigan  
Cherries

Bean and Cheese Burrito  
Refried Beans with Mozzerella cheese  
served with Salsa and  
Michigan Cherries

Tony's Cheese Pizza  
Individual Cheese Pizza served with  
Michigan Salad Greens, Ranch  
Dressing and Applesauce Cup

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY**  
**PROVIDER**

## **BREAKFAST**

**Monday**

**Breakfast Bread**

**Tuesday**

**WG Donut**

**Wednesday**

**Pop Tart**

**Thursday**

**Breakfast Bar**

**Friday**

**Bagel and Cream Cheese**

**All complete breakfasts  
come with 100% Fruit  
Juice, and/or Michigan  
Fruit and**

**Join us in learning  
about**

**Michigan Produce!**

**Carrots, Blueberries,  
Apples, Salad Greens,  
Sweet Potatoes and Root  
Vegetable Medley**

Gluten Free  
option available per  
medical request-  
preorder required



Vegetarian and  
Dairy Free options  
available - preorder  
required