



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Shawnee Mission Y-Club Parent Information

MultiSite Coordinators: Maigan Bridgette and Domonique Bell

Senior Program Director: Stephanie Miller

YMCA Youth Development Services

Business Team: 816.360.3390

<https://kansascityymca.org/programs/before-and-after-school>

Registration typically open for the following school year towards the end of May

In our Y Club before and after school program, children in kindergarten through sixth grade enjoy and benefit from:

- **Homework enrichment** – Qualified and trained staff enhance and support school-day learning while providing youth with homework help
- **Healthy snacks and physical activity** – Youth have the opportunity to enjoy healthy snack choices and 30 minutes of physical fitness daily
- **Small and large group activities** – Youth make meaningful and intentional choices with hands-on activities focusing on arts and humanities, STEM (science, technology, engineering, mathematics), nutrition education and service learning
- **Focus on building community** – Team building activities and day-to-day interactions with peers and Y Club staff focus on building positive relationships and enhancing conflict resolution skills
- **Youth voice and leadership** – Youth are empowered through opportunities to provide input, from helping to develop daily activities and snack menus to leading activities with peers

What does Y-Club look like?

Before School Schedule:

- 7:00-7:50: Table Top Activities (Board Games, Art, Card Games, etc.)
- 7:50-8:00: Clean-up / Dismiss for class

After School Schedule:

- 3:05-3:30: Handwashing & Snack Time
- 3:30-3:45: Handwashing & Announcements
- 3:45-4:30: Physical Fitness Activities (Gym or Outside pending the weather)
- 4:30-5:15: Clubs or STEM Activities
- 5:15-5:40: Enrichment Time (Homework, Reading, Journals)
- 5:40-6:00: Closing Activities & Table Top Activities

**This schedule is subject to vary from school to school



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

11. Does the YMCA accept third-party payments or provide any financial assistance to families that need help with the prices of Y-Club?
- Yes, we do accept third-party payments and accept state funding! The YMCA is a Non-Profit Organization and we do provide scholarships for families who qualify when the funding is available.
12. Will Y-Club be following COVID Protocols?
- Yes, Y-Club will continue to follow current CDC guidelines, and work with the Shawnee Mission School District to follow protocols in regards to masking for students and adults, social distancing, hand washing, cleaning, etc.