



Twin Valley School District
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Twin Valley School District
Every Student. Every Day

TVSD Elementary Center Approved **Safe Snack List for 2021-2022**

The following list pertains to snacks brought into the classroom if your child's teacher has a snack time as part of their daily schedule and is a guide for families to help keep our students safe from allergen exposure. This list has been updated from the previous year through the recommendations of the TVSD Wellness Committee.

- **Fruit (grapes, apples, oranges, bananas, etc.)**
- **Packaged Fruit Cups (Del Monte Brand)**
- **Fruit Snacks (Simply Balanced or Angie's Organic)**
- **Dried Fruit (Ocean Spray Brand)**
- **Applesauce**
- **Veggies (carrots, celery, cucumbers, broccoli, etc.)**
- **Hidden Valley Ranch Singles for veggie dipping**
- **Popcorn (Angie's Boom Chicka Pop, Skinny Pop)**
- **Pretzels (Utz, Snyder's of Hanover, Herr's)**
- **Potato Chips (Utz, Wise, Herr's)**
- **Tortilla Chips (Utz, Tostitos, Herr's)**
- **Veggie Straws (Sensible Portions)**
- **Guacamole Single servings for dipping (Wholly Guacamole)**
- **Cheese sticks**
- **Yogurt (no mix-ins)**
- **Enjoy Life Brand snacks**
- **MadeGood Brand snacks**

TVSD requests that you please read ingredient labels each time and keep in mind if you are sending in veggies or the specific fruits listed, that they have been prepared in a clean environment without risk of cross contamination.

Additionally, food must be in its original packaging and sharing of food between students will not be permitted. You may send in a bulk bag of a snack item with your child's name labeled on the bag and the teacher will distribute from that bag daily.

If you have questions, please call or email the nurse of your child's elementary center.