



Coronavirus - a simple guide



This simple guide provides links to the latest COVID-19 advice on a variety of subjects.

It is designed to be used as a reference tool for people seeking more detailed information.

Please note the PHA Health Protection Duty room is intended for professional to professional advice only. General information on a range of health issues including coronavirus can instead be found at the links below.

Symptoms of COVID-19

The symptoms of COVID-19 and what you should do if you have them.

www.publichealth.hscni.net/covid-19-coronavirus/covid-19-information-public#what-should-i-do-if-i-think-i-have-covid-19

Preventing the spread of infection

Information on handwashing and respiratory hygiene.

www.publichealth.hscni.net/covid-19-coronavirus/covid-19-information-public#preventing-the-spread-of-infection

Testing

COVID-19 testing, including when to book a test, test centres and using the test kit.

www.publichealth.hscni.net/covid-19-coronavirus/testing-and-tracing-covid-19/testing-covid-19

Contact tracing

The Contact Tracing Service and what you should do if you are identified as a close contact.

www.publichealth.hscni.net/covid-19-coronavirus/testing-and-tracing-covid-19/contact-tracing

Schools and education

Guidance for schools and parents on the latest measures in education.

www.education-ni.gov.uk/landing-pages/education-restart

The StopCOVID NI app

Information on the free health service contact tracing app for mobile phones:

www.nidirect.gov.uk/articles/coronavirus-covid-19-stopcovid-ni-proximity-app

Restrictions by area

Up-to-date guidance on the localised restrictions by area:

www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-and-localised-restrictions

Face coverings

Where face coverings are required, who should wear them and exemptions

www.nidirect.gov.uk/face-coverings

Travel advice

The latest guidance on travel to foreign countries and rules on entering the UK.

www.nidirect.gov.uk/articles/coronavirus-covid-19-travel-advice

Advice for workers

How to help reduce the risk of spreading coronavirus while working or how to get help if your job has been affected during the pandemic.

www.nidirect.gov.uk/articles/coronavirus-covid-19-advice-workers

Advice for business

Information and support to help businesses manage the impact of COVID-19.

www.nibusinessinfo.co.uk/campaign/coronavirus-updates-support-your-business

Guidance for care homes

This guidance is aimed at Health and Social Care Trusts and registered providers of accommodation for people who need personal or nursing care. In addition, there are also important messages for relatives and friends of those in nursing and residential homes.

www.health-ni.gov.uk/node/43074



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