

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Cream of Mushroom	Vegetable Broth	Cream of Chicken	Tomato & Basil	Potato & Leek Soup
Main Course 1	Pasta Bolognese with Garlic Slice	Beef Stew with Crusty Bap	Beef Chilli Stir-fry	Thai Green Chilli Chicken	Crispy Battered Cod & Chips
Main Course 2	Chicken & Broccoli Bake & Cheesy Topping	Creamy Peppered Chicken & Rice	Chicken Tikka Masala with Spiced Rice & Poppadum	Herby Meatballs & Rice	Chinese Chicken Curry, Boiled Rice OR Chips
Vegetarian	Lentil & Chickpea Curry, Boiled Rice	Veggie Hoi Sin Stir Fry	Cauliflower and Broccoli Gratin	Veggie Burger	Chunky Vegetable Curry
Morning Break	Waffles/Pizza	Waffles/Pizza	Waffles/Pizza	Waffles/Pizza	Waffles/Pizza
	Chicken Wings	Cocktail Sausages	Chicken Wings	Cocktail Sausages	Chicken Wings
	Sausage Rolls	Sausage Rolls	Sausage Rolls	Sausage Rolls	Sausage Rolls