Duke of Edinburgh's Award



Duke of Edinburgh's Award

The Duke of Edinburgh's Award (DofE) is an international voluntary programme of activities for young people aged 14 to 24. Offered at Mayfield at Bronze, Silver and Gold levels, it can be described as the ultimate personal development programme – it complements academic learning and its benefits reach far beyond school. Girls acquire vital transferable, or 'soft', skills such as team working, communication, problem solving, leadership, and negotiation. They grow in self-confidence, develop resilience, personal

responsibility, an awareness of their potential and an understanding of their individual strengths and weaknesses. But most of all they have fun.

Participants create their own DofE programme by choosing and carrying out volunteering, physical and skills activities, going on expedition and giving a presentation about it, and, for Gold only, taking part in a residential activity. Activities can be ones they are already do, such as learning a musical instrument, LAMDA, riding, hockey or netball, but can also be something new they wish to try. Boarders are supported to find suitable volunteering activities.



Commitment and activities

The pages that follow detail the commitment required at each level and suggest ideas of activities for the Volunteering, Skills, Physical and Residential (Gold Award only) sections. Your daughter may find she is already doing most of the activities she needs, or she may decide to use DofE to start a new activity. More information is also available on the DofE webpages <u>Do DofE - The Duke of Edinburgh's Award</u> and <u>#DofEWithADifference - The Duke of Edinburgh's Award</u>. Adjustments introduced by DofE due to the COVID pandemic remain in place until December 2022, but we are hopeful we will not need to use them.



Costs and How to join

The charges for Mayfield DofE have been held for the third consecutive year and are listed on the enrolment form at the back of this leaflet. The fee covers DofE registration, all training, and expedition costs. Group kit for expeditions, eg tents, stoves, compass, is provided. Personal kit, eg walking boots, sleeping bag, rucksack, needs to be provided by the student. The School offers discounted rates on the purchase of new and unused kit (see back of booklet for details) and has a limited amount of kit available to borrow. A full expedition kit list is provided once enrolled.

If your daughter would like to join Mayfield DofE, she needs to complete the enrolment form at the back of this leaflet. The form needs to be signed by the pupil **and** by a parent or guardian before

being returned to Mrs Helen Nicoll in the School Office (<u>hnicoll@mayfieldgirls.org</u>). If there are any questions not answered by the contents of this booklet, please contact Mrs Amanda Glubb, DofE Manager at <u>aglubb@mayfieldgirls.org</u>.

NB: All information given in this leaflet is correct as at August 2021. Should circumstances change due to pandemic restrictions or other unforeseen situations, arrangements will be reviewed and revised in line with government policy at the time.

Information about Award Levels

Bronze Award

For Year 9 girls (age 14 by 31st August 2022)

Commitment

Individual activities - as per infographic for one hour per week for 13 or 26 weeks. Set up and managed on **eDofE**.

Weekly meetings: Thursday A1 plus online learning modules

Expedition dates 2021/22

BRONZE



Introductory session: Saturday 11th September **Training & Practice Expedition**: Sunday 24th April - Monday 25th April (Mayfield High Weald) **Assessed Expedition:** Friday 13th May - Saturday 14th May (Ashdown Forest) Bronze training and expeditions delivered by Mayfield DofE staff and specialist providers.



Silver Award

For Year 10 girls (age 15 by 31st August 2022)

Commitment

Individual activities - as per infographic for one hour per week for 13 or 26 weeks. Set up and managed on **eDofE**.

Weekly meetings: Thursday A1

Plus online learning modules for direct entrants to Silver (e-learning optional for participants continuing from Bronze).

SILVER Volunteering 6 months Physical one section for 6 months, the other for 3 months Expedition 3 days 2 nights

Expedition dates 2022

Training & Practice Expedition: Saturday 18th June - Monday 20th June (South Downs) **Assessed Expedition:** Monday 4th July - Wednesday 6th July (location tbc) Silver training and expeditions are delivered by Mayfield DofE staff and specialist providers.

Gold Award

For Sixth Formers (age 16 by 31st August 2022)

Commitment

Individual activities - as per infographic for one hour per week for 26, 52 or 78 weeks. Set up and managed on **eDofE**.

Mentoring sessions replace weekly meetings

Plus online learning modules for direct entrants to Gold (e-learning optional for participants continuing from Silver).

Plus Residential activity – this is arranged and paid for by participant in a similar way to the



other individual activities. Eligible activities undertaken over the summer holiday prior to enrolment on Gold may be counted. Details of what can and cannot count for this section are given later in this booklet.

Expedition dates 2021/22

Training & Practice Expedition: Monday 25th - Friday 29th October 2021 (half term) – Brecon Beacons **Assessed Expedition**: Wednesday 6th July - Sunday 10th July 2022 – Peak District

These Gold expeditions are delivered by Mayfield's Approved Activity Provider (AAP) and are for both Year 13 and Year 12 participants. Boarders must make arrangements with guardians and parents for the start/end times of these expeditions.





Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering section programme of your own.

You can find more information at DofE.org/

volunteering and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Before you begin, it is important to check that your volunteering meets the criteria for businesses and family members (see DofE.org/volunteering for the requirements).

It's your choice...

Volunteering gives you the chance to make a difference

Helping people

Helping children

- Helping children to read in libraries
- Helping in medical services e.g. Hospitals
- Helping older people
- Helping people in need
- Helping people with special needs
- Tutoring
- Voung carer
- Vouth work

Community action & raising awareness

- Campaigning Cyber safety Council representation
- Drug & alcohol education Home accident prevention
- Neighbourhood watch
- Peer education
- Personal safety
- Promotion & PR
- Road safety

Working with the environment or animals Animal welfare Environment Rural conservation

- Preserving waterways Working at an animal rescue
 - centre
- Litter picking
- Urban conservation
- Beach and coastline
- conservation
- Zoo/farm/nature reserve work

Helping a charity or community organisation

- Administration Being a charity intern Being a volunteer lifeguard Event management Fundraising Mountain rescue
- Religious education
- Serving a faith community
- Supporting a charity
- Working in a charity shop

Coaching, teaching and leadership

- Dance leadership DofE Leadership Group leadership Head student Leading a voluntary organisation group - Girls' Venture Corps
 - Sea Cadets
 - Air Cadets
 - Jewish Lads' and Girls'Brigade
 - St John Ambulance
 - Scout Association
 - Air Training Corps
 - Army Cadet Force
 - Boys' Brigade
 - CCF
 - Church Lads' & Girls' Brigade
 - Girlguiding UK
 - Girls' Brigade
- Sports leadership
- Music tuition

The Duke of Edinburgh's Award is a Registered Charity No: 1072490, and in Scotland No: SC038254, and a Royal Charter Corporation No: RC000806 Registered Office: Gulliver House, Madeira Walk, WINDSOR, Berkshire SL4 1EU DofE.org 14/12/17



E | THE DUKE OF EDINBURGH'S AWARD.

Programme ideas: Physical section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. Many of the DofE programme activities can be adapted to meet the needs of young people with disabilities and some, referred to as adapted sports, are unique to disabled people.

This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a physical programme of your own.

You can find more information at DofE.org/physical

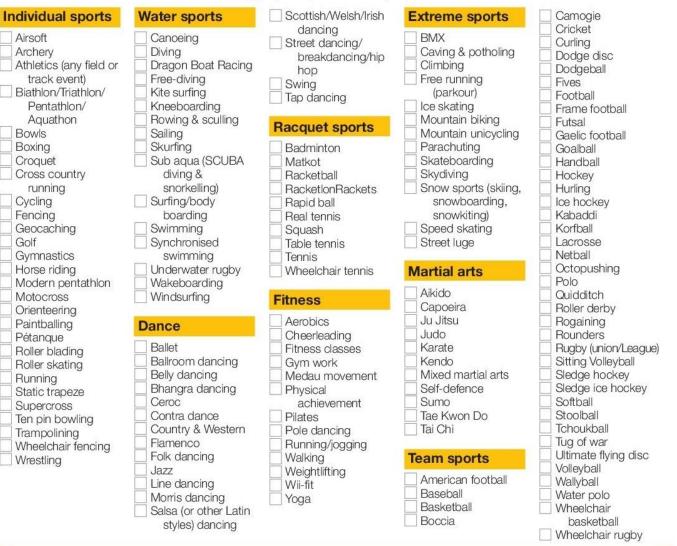
and there is a range of exciting opportunities to help you complete this section at **DofE.org/finder**.

It's your choice...

Doing physical activity is fun and improves your health and physical fitness. There's an activity to suit everyone so choose something you are really interested in.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.



The Duke of Edinburgh's Award is a Registered Charity No: 1072490, and in Scotland No: SC038254, and a Royal Charter Corporation No: RC000806 Registered Office: Gulliver House, Madeira Walk, WINDSOR, Berkshire SL4 1EU DofE.org 16/02/18



Programme ideas: Skills section

Physics

Zoology

Taxonomy

Rocket making

Website design

Weather/meteorology

Care of animals

Aquarium keeping

Caring for reptiles

canaries)

Music

DJing

Composing

maintenance

Church bell ringing

performances

Improvising melodies

Listening to, analysing &

describing music

Dog training & handling

handling & care

Horse/donkey/llama/alpaca

Pet care – health/training/

Pigeon breeding & racing

Evaluating music & musical

Looking after birds (i.e. budgies &

Beekeeping

Agriculture (keeping livestock)

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own.

You can find more information at **DofE.org/skills** and there is a range of exciting opportunities to help you complete this section at **DofE.org/finder**.

Performance arts

- Ballet appreciation
- Ceremonial drill
- Circus skills
- Conjuring & magic
- Majorettes
- Puppetry
- Singing
- Speech & drama
- Theatre appreciation
- Ventriliquism
- Yoyo extreme

Science & technology

Aerodynamics Anatomy App design Astronomy Biology Botany Chemistry Coding/ programming Ecology Electronics Engineering Entomology ПП Marine biology Oceanography Paleontology

It's your choice...

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

- Music appreciation
- Playing a musical instrument
- Playing in a band
- Reading & notating music
- Understanding music in relation to history & culture

Natural world

- Agriculture
- Conservation
- Forestry
- Gardening
- Groundsmanship
- Growing carniverous plants
- Plant growing
- Snail farming
- Vegetable growing

Games & recreation

- Cards (i.e. bridge)
- Chess
- Clay target shooting
- Coxing
- Cycle maintenance
- Darts
- Dominoes
- Fishing/fly fishing
- Flying
- Gliding
- Go-karting

- Historical period re-enacting
- Kite construction & flying
- Mah Jongg
- Marksmanship
- Model construction & racing
- Motor sports
- Power boating
- Snooker, pool & billiards
- Sports appreciation
- Sports leadership
- Sports officiating
- Table games
- War games

Life skills

Alternative therapies Cookery Democracy in action Digital lifestyle Driving: car maintenance/car road skills Driving: motorcycle maintenance/ road skills Event planning First aid - St John/St Andrew/ BRCS Hair & beauty Learning about the emergency services Learning about the RNLI (Lifeboats) Library & information skills Life skills Massage Money management Navigation Public speaking and debating Skills for employment Young Enterprise

Learning & collecting

 Aeronautics
 Canvas wo

 Aircraft recognition
 Carnival/fest

 Anthropology
 Ceramics

 Archaeology
 Clay model

 Astronautics
 Crocheting

 Astronomy
 Cross stitch

 Bird watching
 DIY

 Coastal navigation
 Dough craft

 Coins
 Drawing

 Conics
 Egg decoration

 Contemporary legends
 Embroidery

 Costume study
 Enamelling

Criminology Dowsing & divining Fashion Forces insignia Gemstones Genealogy Heraldry History of art Language skills Military history Movie posters Postcards Reading Religious studies Ship recognition Stamp collecting

Media & communication

 Amateur radio
 Blogging
 Communicating with people who are visually impaired
 Communicating with people who have a hearing impediment
 Film & video making
 Journalism
 Newsletter & magazine production
 Signalling
 Vlogging
 Writing

Creative arts

Basket making Boat work Brass rubbing Building catapaults & trebuchets Cake decoration Camping gear making Candle-making Canoe building Canvas work Carnival/festival float construction Ceramics Clay modelling Crochetina Cross stitch Dough craft Drawing Dressmaking Egg decorating Embroidery

Fabric printing Feng Shui Floral decoration French polishing Furniture restoration Glass blowing Glass painting Interior design Jewellery making Knitting Lace making Leatherwork Lettering & calligraphy Macramé Marquetry Model construction Mosaic Painting & design Patchwork Photography Pottery Quilting Rope work Rug making Snack pimping Soft toy making Tatting Taxidermy Textiles Weaving and spinning Wine/beer making

Woodwork

The Duke of Edinburgh's Award is a Registered Charity No: 1072490, and in Scotland No: SC038254, and a Royal Charter Corporation No: RC000806 Registered Office: Gulliver House, Madeira Walk, WINDSOR, Berkshire SL4 1EU Doff.org 20/08/18



Programme ideas: Residential section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you.

This sheet gives you some ideas of things you could do or could use as a starting point to create a Residential of your own.

You can find more information at **DofE.org/residential** and there is a range of exciting opportunities to help you complete this section at **DofE.org/finder**.

It's your choice...

Going on a residential gives you the chance to learn

how to work with people from different backgrounds and build confidence living in new environments. There are loads of exciting possibilities and opportunities, so choose something which you will find really fulfilling.

Help with planning

You can use the programme planner on the website to plan your activity with the support of your DofE Leader.

Before you commit to a residential it is important to have approval from your DofE Manager to ensure that it meets all the criteria (see **DofE.org/residential** for the requirements).

Please note: The programme ideas listed below are thinking prompts, we cannot guarantee that these programmes are actively run by providers.)

Service to others	Environ
 Service to others Being a leader at a UK- based holiday camp for disadvantaged young people. Undertaking a voluntary teaching placement overseas. Being part of a service crew at a large summer camp for Brownies. Volunteering on a YHA residential summer camp. Volunteering at a residential summer school. Being an assistant to support an eco- friendly waste project at an outdoor education centre Helping out on a pilgrimage. 	 Joining project enviro Attendi on clirina yout Helping preserinailway Studyirin bleach Joining Trust vi and join consein varia across Taking Studie learnirin biodivi consein

Environment and conservation

- Joining a tree planting project with your local environment trust.
- Attending a conference on climate change as a youth representative
- Helping the preservation team of a railway or canal
- Studying coral bleaching in Australia.
 - Joining a National Trust working holiday and join different conservation projects in various locations across the UK.

Taking part in a Field Studies course learning about biodiversity and conservation.

Learning

- Undertaking a cookery course.
- Doing a photography course and exhibiting your work.

Taking part in a bushcraft residential.

- Spending time on a narrowboat and training towards
- becoming a skipper.
- studies course.
- Dearning to write and produce music and putting on a show.
 Taking part in an
- astronomy course, learning about constellations, black holes and solar systems.

☐ Taking part in a weeklong Gaelic or Welsh language and culture course.

Activity based

- Taking part in a sport based residential developing your basketball skills.
- Taking part in multi-faith residential, studying different religions.
- Joining an ACF activity week with members of different detachments you don't know.
- Learning to snowboard on an intensive course in Scotland.
- Joining an historical reenactment

The Duke of Edinburgh's Award is a Registered Charity No: 1072490, and in Scotland No: SC038254, and a Royal Charter Corporation No: RC000806 Registered Office: Gulliver House, Madeira Walk, WINDSOR, Berkshire SL4 1EU DofE.org 08/01/18



Does the residential count for your Gold programme?

This flow chart can be used by young people alone or in conversation with their DofE Leader, to help decide if their choice of residential activity can count for their Gold DofE programme. If they are using a Residential section Approved Activity Provider then their trip will meet these requirements.

1) Will you be away from home for a minimum of five days and four nights and do you have an appointed Assessor?	
YES NO	โล
2) Will you be undertaking a specific course or shared activity where all the group share the same aim and experience?	Talk to your DofE Leader or
	/our
3) Will it be led by an organised group, registered charity or Approved Activity Provider?	Do
YES NO	fE Le
4) Will the activity broaden your experience and interests?	ad
	er o
5) Is the group coming together for the residential no smaller than five people including you?	ō
YES NO	Co-ordinator
6) Is the accommodation away from home and in an environment which is unfamiliar to you?	din
YES NO.	ator
NO (7) Are the evenings of your residential as important as the day?	as
	as this
	N N
(i) Will hole between your experiences and interested. YES (NO) (i) Is the group coming together for the residential no smaller than five people including you? YES (NO) (i) Is the accommodation away from home and in an environment which is unfamiliar to you? YES (NO) (i) Are the evenings of your residential as important as the day? YES (NO) (i) Are you joining the residential on your own and not as part of an existing group of your friends or others you know? (i) If you are joining a group with a few of your friends, will there be a much larger group of people who are unknown to you on the residential? (i) Will you receive some training or briefing before departure?	opportunity
If you are joining a group with a few of your	ţ
YES NO friends, will there be a much larger group of	Ţ
people who are unknown to you on the residential?	do
9) Will you receive some training or briefing before departure?	es.
VES	no
	ta
10) Will the rest of the group be joining as individuals/with people they don't know, and in an unfamiliar environment?	ope
	ar
YES NO	ð
11) Is this your practice or qualifying expedition, work experience or an internship?	me
NO YES	does not appear to meet the
If your proposed residential meets these 12) Your Licensed Organisation must	Ø
requirements then it should be fine to use - approve the residential before you commit - NO-	
for your DofE. Now complete number 12. yourself to any expense or depart.	

Personal DofE Kit

Special Purchase Offer (all Award levels)

Mayfield has secured the following discounted DofE kit for pupils which is valid at August 2021. The quality is suitable for participants at Bronze, Silver and Gold levels. There is no obligation to purchase this kit but if you would like to purchase kit for your daughter at the time of enrolment please tick the appropriate box - A, B or C - on your DofE enrolment form.

NB: This kit can be purchased at other times but please be aware that the contents may alter slightly and the price may be subject to change.

Description	Student Kit A	Student Kit B	Student Kit C
Endurance Ridge 65s Rucksack	\checkmark	\checkmark	\checkmark
Endurance Rucksack Liner	\checkmark	\checkmark	\checkmark
Endurance Dreamlite 300 Sleeping Bag	\checkmark	\checkmark	\checkmark
Endurance Siesta Pro Foam Mat	\checkmark	\checkmark	
Endurance Blaze Headtorch		\checkmark	\checkmark
Endurance Drybag Set		\checkmark	\checkmark
Endurance Survival Bag		\checkmark	\checkmark
Endurance Participant First Aid Kit			\checkmark
Endurance Sleeping Bag Hygiene Liner			\checkmark
Polycarbonate Bowl			\checkmark
Spork			\checkmark
Aluminium Bottle			\checkmark
Highlander Self-Inflating Sleep Mat			\checkmark
Compeed Blister Plasters			\checkmark
RRP (inc. VAT)	£190.00	£245.00	£330.00
Mayfield discounted price (inc. VAT)	£110.00	£145.00	£210.00

There is also a limited number of unused new kit packs left by overseas girls unable to take part in the expeditions in 2020 and 2021 because of the pandemic. If you are interested in purchasing one of these please get in touch directly with Mrs Glubb for details and price: aglubb@mayfieldgirls.org









2021-22

Please print clearly in CAPITALS or type your details in. You must complete both sides of this form and answer all questions. The form must be signed by the participant and the parent/guardian. When complete please return the form to the School Office (<u>hnicoll@mayfieldgirls.org</u>).

DofE LEVEL

What level of DofE Award are you enrolling on?	□ Bronze	□ Silver	□ Gold
NB: If enrolling for Bronze you need to attend the ta up via SOCS.	ster session on Sa t	turday 11 th Septer	mber, 14:00-17:00. Sign

Have you registered for any previous levels of the DofE?

No
Yes

If YES, please give the name of the DofE Centre you were registered at:

eDofE ID number (if known):

PARTICIPANT DETAILS and DECLARATION

First name:	Last name:
Date of Birth:	School email address:

DofE is about taking on new challenges but also about commitment over time. In the space below, explain briefly why you want to do DofE and give an example of how you have shown commitment before and how this will help you complete your Award.

I agree to enrol as a participant on the Mayfield School DofE programme. I understand that I will be managing my programme using the online eDofE system and via an online learning platform.

Pupil Signature

Date

CONSENT TO ENROL FROM PARENT OR GUARDIAN

- I agree to my daughter / ward enrolling on the Mayfield School Duke of Edinburgh's (DofE) Award programme.
- I understand that my daughter is required to attend all training sessions and expeditions and hereby give my permission for her to do so. I understand that the training and expeditions for the Gold Award will be delivered by Mayfield's chosen DofE Approved Activity Provider, and the training and expeditions for the Silver and Bronze Awards will be delivered in-house by suitably-qualified and experienced Mayfield staff.
- I understand that she will be required to use the online DofE management system and (where applicable) an online learning platform. I acknowledge these systems have terms and conditions that we agree to. These terms and conditions are available at www.eDofE.org and BXM Learning Privacy Policy.
- I agree to the following charge(s) being placed on my daughter's School account.

Please tick to confirm the Award level your daughter is joining	BRONZE	SILVER	GOLD	
Programme Cost (covers DofE enrolment, all training and expedition costs)	£150	£350	£700 Please tick if you prefer to pay in two instalments of £350	
I also wish to purchase the promotionally-priced DofE student kit for my daughter. (NB: There is opportunity to purchase kit at a later stage but prices may change.)	Details of the contents in each kit pack appear on the previous page. There is no need to return the kit sheet with this enrolment form – just tick the relevant box. Student Kit A: £102.00 Student Kit B: £138.00 Student Kit C: £198.00			
Total chargeable (Programme cost plus kit, if purchasing)	£	£	£	
Please sign and date to indicate your consent to the above charge being made to your daughter's School account.	Parent/Guardian name (BLOCK CAPITALS): Signature: Date:			

Note: Data supplied on this form and in eDofE and information about DofE activities recorded in eDofE will be used by the DofE Charity, the Licensed Organisation and DofE centre to monitor and manage DofE participation and progress by young people and manage and support Leaders. The DofE Charity will use personal data to communicate useful and relevant information to either help participants complete a DofE programme, Leaders/LOs to run DofE programmes more effectively or help the DofE Charity to improve the quality and breadth of its programmes. Occasionally the DofE Charity may send you information relating to commercial offers. If you do not wish to receive commercial information from the DofE Charity you can choose not to by amending your contact preferences in your eDofE profile at any time.

When you first sign in to eDofE you will be asked to record some personal details such as your contact details, ethnicity and personal circumstances along with details of any medical needs you may have. This data is used for the DofE's statistical and reporting purposes. You will always have a 'prefer not to say' option.