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# Crisis Text Line: Text "Got5" to 741-741 - It's for Everyone

Lisa Blank • 1 day ago • Sunday, Aug 29 at 8:22 AM • Watertown City School District

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## Crisis Text Line

A free, anonymous, 24/7 text-based support network

Simply text **"Got5"** to **741-741**

Start a conversation with a trained Crisis Counselor who can help you get through a difficult moment.

### Crisis Text Line Facts by the Numbers:



Satisfaction rate (Found the conversation helpful)

**37,200** Crisis Text Line conversations with New York State teens (17 years old and younger)

Watch this video to learn more →



video link: <https://vimeo.com/579544328>