



This institution is an equal opportunity provider

SEPTEMBER 2021

Stonington High School

ALL student meals are available at no cost through June 30, 2022!

Adults-\$4.25

Monday

Tuesday

Wednesday

Thursday

Friday

1

No School
Summer Recess

2

No School
Summer Recess

3

No School
Summer Recess

6

No School
Labor Day

7

No School
Professional
Development Day

8

Opening Day
Regular or Spicy Chicken Patty
Tater Tots
Seasoned Broccoli
Frozen Strawberry Cups
100% Juice

9

Mozzarella Sticks
Marinara Sauce
Garlic Knot
Green Beans
Crisp Romaine Salad
Cantaloupe & 100% Juice

10

Homemade Pizza
Sweet Potato Fries
Veggie Dippers with
Homemade Ranch
Banana Split Cups
100% Juice

13

Roasted BBQ Chicken
Roasted Red Potatoes
Broccoli Salad
Homemade Cornbread
Frozen Peach Cups
100% Juice

14

WG Nacho Chips
Taco Beef or Fajita Chicken
Brown Rice
Cowboy Caviar
Salsa & Lettuce
Watermelon & 100% Juice

15

Chicken or Vegan Lo Mein
Chinese-Style Vegetables
Mixed Green Salad
Apples
100% Juice

16

French Toast Sticks
Roasted Red Potatoes
Cinnamon Carrots
Chicken Sausage
Egg Patty
Strawberry Cups & 100% Juice

17

Homemade Pizza
Oven Fries
Veggie Dippers with
Homemade Ranch
Fresh Grape Cups
100% Juice

20

Mozzarella Sticks
Marinara Sauce
Garlic Knot
Green Beans
Crisp Romaine Salad
Apple Slices & 100% Juice

21

WG Nacho Chips
Taco Beef or Fajita Chicken
Brown Rice
Cowboy Caviar
Salsa & Lettuce
Orange Wedges & 100% Juice

22

Spicy Chicken & Waffles
Tater Tots
Orange Glazed Carrots
Mixed Berry Crisp
100% Juice

23

Rodeo Burger or
Black Bean Patty
w/Crema Sauce
Ranch Potato Wedges
Broccoli Salad
Strawberry Cups & 100% Juice

24

Homemade Pizza
Sweet Potato Fries
Veggie Dippers with
Homemade Ranch
Frozen Grape Cups
100% Juice

27

General Tso's Chicken
Vegetable Fried Rice
Oriental Blend Vegetables
Edamame Salad
Strawberry Cups
100% Juice

28

WG Nacho Chips
Taco Beef or Fajita Chicken
Brown Rice
Cowboy Caviar
Salsa & Lettuce
Watermelon & 100% Juice

29

No School
Professional
Development Day

30

Chicken or Eggplant Parm
WG Pasta w/Marinara Sauce
Homemade Italian Bread
Green Beans
Crisp Caesar Salad
Strawberry Cups



- All meals include protein, whole grains, fruit, vegetable, and fat-free flavored milk or 1% unflavored milk
- Visit www.stoningtonschools.org/departments/food-services for info on our to go meals or meal applications
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat

Welcome Back!
Be sure to check out our breakfast menu for daily options.