

2021-2022 COVID-19 Mitigation Plans



August 30, 2021

PARK TUDOR

Guidelines for Keeping Our Campus Safe

The following are our guiding principles for reopening campus:

- Protect the health and safety of students and employees.
- Be informed by recommendations and guidelines from the CDC and the Indiana and Marion County Departments of Health.
- Preserve and enhance the character and quality of the Park Tudor learning experience within these guidelines.
- Set clear expectations for everyone including students, parents and families, and employees.



PHYSICAL DISTANCING

To support physical distancing, Park Tudor has made adaptations to campus that include (and are not limited to) establishing directional traffic patterns into, out of, and throughout all campus buildings. Orientation and spacing of desks and tables in classrooms will follow MCPHD guidelines (currently 3-foot apart).



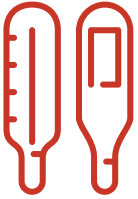
FACE MASKS

Indoors:

- Students in grades JK1/JK2: Masks are strongly recommended.
- Students in grades SK-12: Masks are required, regardless of vaccination status.
**Frequent mask breaks will continue.*
- Faculty and staff: Masks are required, regardless of vaccination status.
- Visitors: Masks are required, regardless of vaccination status.

Outdoors:

- Masks are optional for all students, faculty and staff, and visitors.



DAILY HEALTH SCREENING

Every family/student and faculty and staff will be required to answer a daily screening questionnaire which will include a temperature check. This questionnaire must be completed each day before attending school, and you will be required to show proof of completion.



CONTACT TRACING

Park Tudor will work closely with the Indiana State Department of Health and Marion County Public Health Department to conduct robust contact tracing in the event of a positive test reported in our school community. We will work diligently to keep all students masked and three feet apart while indoors. However, it is important to note that close contacts are situational. Our campus healthcare professional, along with the appropriate division director, will review each situation and determine close contacts based on the facts and circumstances of each individual case. Unvaccinated students identified as close contacts are required to quarantine and are excluded from school and school-related activities for 14 days following exposure. Vaccinated students are not required to quarantine unless they develop symptoms. [This link](#) provides additional information from the CDC regarding contact tracing.

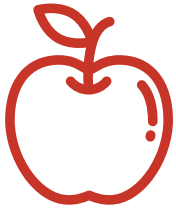


CLEANING AND SANITIZING

Increased standards for sanitizing and cleaning have been implemented throughout campus.

Students will have ample access to hand sanitizers and washing stations in all buildings.

Adjustments to the daily schedule including meal times will be required to meet the cleaning and sanitation needs of shared spaces.



LUNCH AND SNACKS

Hilbert Center and Lower School students will eat lunch and snacks in their classrooms. Upper School students will eat lunch in Clowes Commons. Middle School students will begin the year eating lunch in their classrooms, with the goal of returning to lunch in the Commons as soon as current health guidelines allow, beginning with 8th grade. We are committed to offering healthier and more robust options this year.

All students are expected to bring their own water bottle for contact-free filling stations throughout the day located in each academic building and high-use buildings on campus.



OUTSIDE VISITORS

Visitors will be allowed on campus for scheduled events or by appointment only. Masks will be required for all visitors regardless of vaccination status.



SCHOOL HOURS

Early Drop Off: 7:30 a.m. for MS/US; 7:40 a.m. for HC/LS

Hilbert Center: Classes begin at 7:55 a.m.; dismissal is at 2:50 p.m.

Lower School: Classes begin at 7:55 a.m.; dismissal is at 3:15 p.m.

Middle/Upper School: Classes begin at 8:10 a.m.; dismissal is at 3:30 p.m.



LATE-START WEDNESDAYS

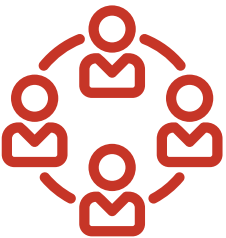
On Wednesdays, Hilbert Center and Lower School classes will begin at 8:55 a.m. Middle and Upper School classes will begin at 9:15 a.m. For families with two working parents and single-parent families, before care will be available on Wednesdays beginning at 7:50 a.m.



BEFORE SCHOOL SUPERVISION AND AFTER CARE

Early drop off begins at 7:30 a.m. for Middle and Upper School, and 7:40 a.m. for Hilbert Center and Lower School.

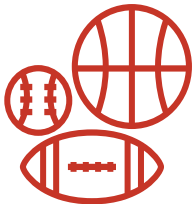
After Care will be available until 5:30 p.m. for single-parent families, families with two working parents, and families with extenuating circumstances.



COHORTING

“Cohorting”—keeping the same students together throughout the day—will be utilized extensively in the Hilbert Center and the Lower School, including during P.E., recess, lunch, and outside break periods. Though “cohorting” is not as feasible in the Middle School and Upper School Divisions, we will use seating charts and designated lunch areas for students in 6th–12th grades to minimize student contact throughout the day.

In addition to minimizing contact with numbers of people, “cohorting” will assist with contact tracing in case of a positive test result and may lessen the number of students and teachers required by the Marion County Public Health Department to quarantine.



ATHLETICS

Upper School athletic teams began practicing on August 2. Middle School athletics will resume this year; more information regarding fall sports will be available soon.



FINE ARTS

All Fine Arts activities are returning this school year, including theatrical productions and the Janet Flanner Visiting Artist Series. In addition, all enrichment opportunities such as Private Lessons, After-School Dance, Music Readiness and Young Strings will resume this year.

COVID-19 Specific

Please refer to the [ISDH return guidelines](#) as they are updated with new information and guidelines.

Back to School Guidance



Our goal is to have a safe school year, and the Indiana Department of Health (IDOH) recognizes the importance of in-person learning for our children. To accomplish this goal, the Indiana Department of Health strongly recommends the following guidance on vaccination, masking and social distancing.

On July 27, the Centers for Disease Control and Prevention (CDC) provided important updates on the state of the COVID-19 pandemic and Delta variant. The high-level findings and [updated recommendations](#) are summarized below:

- **Getting vaccinated** prevents severe illness, hospitalization, and death; it also helps reduce the spread of the virus in communities.
- **Data show the Delta variant is different than past versions of the virus:** it is much more contagious.
- In areas with substantial and high community transmission, **CDC recommends that everyone (including fully vaccinated individuals) wear a mask in public indoor settings** to help prevent spread of the Delta variant and protect others.
- **CDC recommends that community leaders, including school officials, encourage vaccination and masking** to prevent further outbreaks in areas of substantial and high transmission.
- **CDC recommends universal indoor masking for all teachers, staff, students, and visitors to K-12 schools, regardless of vaccination status**, and layered prevention to remain safe for in-person learning.

Furthermore, the CDC recommends that anyone who is ill should be tested regardless of vaccination status. People who are fully vaccinated and who have been exposed should now get tested, a change from previous guidance, and should wear a mask until a negative test result is received but do not have to quarantine. Early childhood education guidance has great flexibility due to the variety of settings; providers can consider universal masking, if feasible, for children age 2 years and older regardless of community transmission.

HOW TO REPORT CASES

Please contact the School Nurse Office (317-415-2811 or nurse@parktudor.org) if your child tests positive for COVID-19 or is showing symptoms consistent with the virus.

Parents are also required to notify the School Nurse Office if they are contacted by the Health Department (or become aware through other means) that their student has had close contact with an individual with a suspected or confirmed case of COVID-19 or if someone in their household is being tested for COVID-19.

Safety on campus depends on our commitment to one another.

Keeping our campus healthy is a collective effort. We are asking for the support of everyone in our community. With your collaboration and cooperation, we have a much better chance of minimizing risk and maintaining a healthy environment for our students, families, and employees. A commitment to these guidelines gives our school community the best opportunity to remain on campus and benefit from the exceptional education and extraordinary opportunities that Park Tudor provides.

REMINDER CHECKLIST FOR STUDENTS

- Bring a face covering to school every day.**
- Bring a water bottle with your name on it each day.**
- Practice physical distancing.**
- Wash hands with soap and water.**
- Stay home if you or a family member is symptomatic of the virus or have a fever.**
- Help your friends and classmates follow the guidelines.**

The school will continue to respond to changing recommendations from the CDC, IDOE, and the Marion County Health Department. Please contact your division director if your child is immunocompromised or if your family has unique circumstances. We will do our very best to meet your needs.



FROM THE SCHOOL NURSE BACK TO SCHOOL HEALTH RECOMMENDATIONS

1 Hand Washing

Regular hand washing is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. For younger students, practice at home by counting to 20 seconds (sing "Happy Birthday" or the ABC song twice) while scrubbing between fingers and the front and back of hands.

Hand washing will occur throughout the school day at the following times:

1. Start of school day
2. Before eating
3. After using the restroom, blowing nose, coughing or sneezing
4. Before and after recess/gym
5. After using any shared equipment



2 Masks

Your child will need to bring a mask to school.

It is helpful to work with them at home on proper mask wearing. Masks should only be used one time before washing, so consider making or buying multiple masks to allow time to wash between use.



3 6 Feet Social Distancing

We will be practicing 6 ft of social distancing at school (3 ft in classrooms). Help your child at home by measuring this distance.



4 Daily Temperature Check

Check your child's temperature every morning. If 100 degrees F or higher, your child must stay home until fever free (without the use of medication). Call the school to notify about the absence. Any child who presents with COVID-like symptoms at school will be placed in an isolation/sick room and parents will be asked to pick up immediately.



5 Immunizations

It is a requirement that your child is up to date on their vaccines prior to attending school. If you are not sure if your child is up to date, contact your child's pediatrician or the school nurse.



6 Health Concerns

If your child has any new health concerns, please let the school nurse know. It is important to discuss how the nurse and other adults can support your child at school.



7 Change Aerosolized Medication

According to the CDC, nebulizers should not be administered in school at this time. Inhalers may be used. Speak with your child's physician to obtain the proper medication to have at school and an updated Asthma Action Plan for the school year.



[Download Park Tudor School Asthma Management Plan.](#)

8 Purchase a Reusable Water Bottle

The Indiana State Department of Health recommends that water fountains be taken out of service. Please bring a labeled, reusable water bottle to school. Please make sure the water bottle is cleaned nightly with soap and water or in the dishwasher. Hydration is encouraged.



9 Verify/Update Emergency Contacts

Any child who presents with COVID-like symptoms at school will be placed in an isolation/sick room and parents will be asked to pick up immediately.



10 Symptoms to Look For

Please do NOT send a child to school who exhibits one or more signs of COVID-19, including, but not limited to:

- Fever at 100 F or higher
- Cough
- Shortness of breath/difficulty breathing
- Fatigue
- Sore throat
- Chills
- Muscle or body aches
- Headache
- New loss of taste/smell
- Diarrhea
- Nausea or Vomiting



Medications

Please make sure you are familiar with the school's medication policy listed in the Park Tudor Handbook. If medications are needed while at school, please contact the school nurse to discuss the medication and to set up a time for drop-off.