

What's on the Menu?

Rochester Community Schools: ATPS ACE Lunch Menu AUG-SEPT 2021

A full student lunch includes a choice of entrée supplying protein and grain, 1/2 cup fruit side, 1/2 cup of vegetable side, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1	2	3
CHOICE A:	1/2 Day of School No Lunch	Cheeseburger Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit	Waffles w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	No School
	6	7	8	9	10
CHOICE A:	Labor Day No School	Corn Dog Vegetarian Baked Beans Cupped Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	French Toast w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	French Bread Pizza (V) Fresh Green Salad Cupped Fruit
	13	14	15	16	17
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Cheeseburger Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit	Waffles w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	Cheese Quesadilla (V) Fresh Green Salad Cupped Fruit
	20	21	22	23	24
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Banana	Corn Dog Vegetarian Baked Beans Cupped Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	French Toast w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	French Bread Pizza (V) Fresh Green Salad Cupped Fruit
	27	28	29	30	
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Cheeseburger Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit	Waffles w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	Menu subject to change due product availability
CHOICE B:	Deli Turkey and Cheese Sub Sandwich	Grilled Cheese Sandwich (V)	Grilled Cheese Sandwich (V)	Grilled Cheese Sandwich (V)	Deli Turkey and Cheese Sub Sandwich



Questions or comments?
 Food Service Director Tracy Hizer 248-726-4650 Assistant Directors
 Tamara Brazeton 248-726-4601 or Marci Flaherty 248-726-4603
 Go to MyPlate.gov for online personal wellness resources for you and your family.

This institution is an equal opportunity provider.

