

# What's on the Menu?

## Rochester Community Schools Secondary: In Person Breakfast Menu Aug-Sept 2021

A full student breakfast includes a choice of entrée supplying protein and grain, 1/2 cup fruit sides, and 1% chocolate or white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
	30	31	1	2	3
	<b>WG Stuffed Cinnamon Cream Cheese Bagel</b> Fresh Fruit	<b>Mini French Toast</b> Fresh Fruit	<b>BeneFIT Bar</b> Fresh Fruit	<b>Breakfast Sausage Pizza</b> Cupped Fruit	<b>No School</b>
	6	7	8	9	10
<b>FREE</b> for all students everyday: Complete breakfast meals though the school year!	<b>Labor Day</b>	<b>Mini Waffles</b> Fresh Fruit	<b>Apple Cinnamon Texas Toast</b> Cupped Fruit	<b>Bagel and Cream Cheese</b> Fresh Fruit	<b>Apple Bosco</b> Fresh Fruit
	13	14	15	16	17
Menu subject to change due product availability	<b>WG Stuffed Cinnamon Cream Cheese Bagel</b> Fresh Fruit	<b>Mini French Toast</b> Fresh Fruit	<b>BeneFIT Bar</b> Fresh Fruit	<b>Breakfast Sausage Pizza</b> Cupped Fruit	<b>Chocolate Crescent</b> Cupped Fruit
	20	21	22	23	24
Remember to wash your hands before you eat!	<b>BeneFIT Bar</b> Fresh Fruit	<b>Mini Waffles</b> Fresh Fruit	<b>Apple Cinnamon Texas Toast</b> Cupped Fruit	<b>Bagel and Cream Cheese</b> Fresh Fruit	<b>Apple Bosco</b> Fresh Fruit
	27	28	29	30	
	<b>WG Stuffed Cinnamon Cream Cheese Bagel</b> Fresh Fruit	<b>Mini French Toast</b> Fresh Fruit	<b>BeneFIT Bar</b> Fresh Fruit	<b>Breakfast Sausage Pizza</b> Cupped Fruit	

