

# September Minooka Intermediate/Junior High Lunch Menu

**Student Meal**  
Includes: Entrée, Fruit,  
Vegetable, & Milk  
**White Milk 11G**  
**Chocolate Milk 20G**

**\*\*\*MENU  
SUBJECT TO  
CHANGE\*\*\***

Questions contact the Food  
Service Director  
Cindy Day at:  
630-747-1427

Nutritional information is  
provided as a courtesy,  
Quest nor Minooka School  
District 201 can guarantee  
its accuracy.

In accordance with Federal  
law and the US Department  
of Agriculture policy, this  
institution is prohibited  
from discrimination on the  
basis of race, color, national  
origin, sex age, or disability.

		1 Meatball Sub w/Cheese and Marinara Sauce 38G Romaine 2G Fruit/Milk  Fruit Snacks 21G	2 *Warm Ham & Cheese Croissant 30G Steamed Corn 16G Fruit/Milk  *Contains Pork	3 Lucky Charms 23G Yogurt Cup 15G String Cheese 2G Orange Juice 14G Vegetable/Milk
6  No School Labor Day	7 Popcorn Chicken w/ BBQ Sauce 46G Tater Tots 20G Dinner Roll Fruit/Milk  Cinnamon Graham Gripz Bites 19G	8 Walking Taco Doritos 28G Beef Taco Meat 0G Nacho Cheese 5G Fiesta Beans 22G Fruit/Milk	9 Grilled Cheese w/ Pickle Spear 29G Baked Chips 24G Fruit/Vegetable Milk  Chocolate Chex Mix 22G	10 *Pepperoni Pizza Wrap w/Marinara 40G Romaine 2G Ranch Cup 2G Fruit/Milk  Rice Krispy Treat 9G  *Contains Pork
13 Chicken Corn Dog 30G Baked Beans 30G Fruit/Milk  Chocolate Pudding Cup 24G	14 Chicken Tender Wrap w/Lettuce & Cheese 46G Cheddar Sun Chips 14G Vegetable/Milk  Strawberry Mango Slushy 22G	15 Lasagna Roll Up w/ Marinara 29G Steamed Green Beans 5G Garlic Breadstick 28G Fruit/Milk	16 Pancake Sausage Bites 30G Mini Hash Browns 30G Fruit Punch 15G Milk	17 Bosco Sticks 34G Marinara Sauce 1G Romaine 2G Ranch Cup 2G Fruit/Milk
20 All Beef Cheeseburger on Whole Wheat Bun w/Pickles 28G Tater Tots Fruit/Milk  Fruit Roll Up 11G	21 Chicken Nuggets 16G Dinner Roll 13G Heartzels 16G Baked Beans 30G Fruit/Milk	22 Cocoa Puffs 25G Yogurt Cup 15G Cheese Stick 2G Apple Juice 14G Vegetable Milk	23 Diced BBQ Chicken Sandwich on Whole Wheat Bun 57G Baked Chips 19G Fruit/Vegetable Milk  Chocolate Chip Cookie 18G	24 Chicken Caesar Salad w/ Romaine 16G Bread Stick 27G Fruit/Milk  Teddy Grahams 16G
27 *Sausage Pizza 32G Romaine 2G Ranch Cup 2G Fruit/Milk  Cocoa Krispy Treat 8G  *Contains Pork	28 Chicken Tacos On Ultra Grain Tortillas 29G Shredded Cheddar 1G Salsa 4G Fiesta Beans 33G Milk Raspberry Slushy 22G	29 BBQ Rib Sandwich on Whole Grain Roll 49G Pickle Chips 0G Cheez Its 14G Fruit/Vegetable Milk  Fruit Snacks 21G	30 Cinnamon French Toast Sticks 26G Syrup Cup 26G Turkey Sausage Links 1G Mini Hash Browns 21G Orange Juice Milk	

# September Minooka K-4 Lunch Menu

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Includes: Entrée, Fruit,  
Vegetable, & Milk

**White Milk 11G**  
**Chocolate Milk 20G**

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CHANGE\*\*\***

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6  No School Labor Day	7 Popcorn Chicken w/ BBQ Sauce 46G Tater Tots 20G Dinner Roll Fruit/Milk  Rainbow Goldfish 14G	8 Walking Taco Doritos 28G Beef Taco Meat 0G Nacho Cheese 5G Fiesta Beans 22G Fruit/Milk	9 Turkey & Cheese Sub On Whole Grain Bun w/Shredded Lettuce 28G  Chocolate Chex Mix 22G	10 *Pepperoni Pizza Wrap w/Marinara 40G Romaine 2G Ranch Cup 2G Fruit/Milk  Rice Krispy Treat 9G  *Contains Pork
13 Chicken Corn Dog 30G Baked Beans 30G Fruit/Milk  Chocolate Pudding Cup 24G	14 Chicken Tender Wrap w/Lettuce & Cheese 46G Cheddar Sun Chips 14G Vegetable/Milk	15 Lasagna Roll Up w/ Marinara 29G Steamed Green Beans 5G Garlic Breadstick 28G Fruit/Milk  Strawberry Mango Slushy 22G	16 Pancake Sausage Bites 30G Mini Hash Browns 30G Fruit Punch 15G Milk	17 Bosco Sticks 34G Marinara Sauce 1G Romaine 2G Ranch Cup 2G Fruit/Milk
20 All Beef Cheeseburger on Whole Wheat Bun w/Pickles 28G Tater Tots Fruit/Milk  Fruit Roll Up 11G	21 Chicken Nuggets 16G Heartzels 16G Baked Beans 30G Fruit/Milk	22 Cocoa Puffs 25G Yogurt Cup 15G Cheese Stick 2G Apple Juice 14G Vegetable Milk	23 Diced BBQ Chicken Sandwich on Whole Wheat Bun 57G Baked Chips 19G Fruit/Vegetable Milk  Chocolate Chip Cookie 18G	24 Macaroni & Cheese 29G Steamed Broccoli 5G Fruit/Milk  Teddy Grahams 16G
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