

Loomis Chaffee Health Center COVID Exposure Guidelines

Exposure (close contact) is defined as a contact within 6 feet for 15 minutes or more, accrued over 24 hours (1 day), regardless of facial coverings.

Fully vaccinated people should:

- Take a PCR/molecular test on day 3, 4, or 5 following exposure;
- Mask indoors/outdoors until PCR test is confirmed negative or after 14 days if you choose not to test;
- There is no need to quarantine unless symptomatic and you can return to school/work.

IF the test comes back positive or the person develops symptoms:

- The vaccinated person **must** self-isolate for 10 days off campus (faculty and staff who live on campus must self-isolate in their homes and may not visit other school buildings);
- Roommates, teammates, and other close contacts need to follow guidelines according to their vaccination status.

Unvaccinated (exempt) or not fully vaccinated people:

- **Must** quarantine for 10–14 days off campus. May be longer if immunocompromised;
- Roommates, teammates, and other close contacts need to follow guidelines according to their vaccination status;
- Take a PCR test on day 5, 6 or 7 following exposure.

IF the test comes back negative:

- The unvaccinated or not fully vaccinated person must quarantine off campus for 14 days

IF the test comes back positive or the person develops symptoms regardless of test result:

- Must quarantine for a minimum of 10 days off campus. May be longer if immunocompromised;
- Contact your doctor about receiving COVID-19 antibodies (e.g. Regen™) as soon as possible, if you are eligible;
- The unvaccinated, ill student(s) can end isolation and return to school once the following conditions are met:
 - 10 days out from the start of the symptoms, AND
 - fever free for 24 hours without fever reducing medication, AND
 - symptoms have improved, AND
 - the student has been evaluated and cleared by the Health Center.

*Note: Recommendations for discontinuing isolation in persons known to be infected with SARS-CoV-2 could, in some circumstances, appear to conflict with recommendations on when to discontinue quarantine for persons known to have been **exposed** to SARS-CoV-2. CDC recommends 14 days of quarantine **after exposure** based on the time it takes to develop illness if infected. Thus, it is possible that a person known to be infected could leave isolation earlier than a person who is quarantined because of the possibility they are infected.*

Sources: Connecticut and Town of Windsor DPH Guidelines and CDC Guidelines 8/23/2021

Updated 9/13/2021