

IMAGINE
YOUR
FUTURE

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Chaplain
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Dean of Students
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Ms. MaryLynn Rodriguez
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Mr. Ray Hisatake
Mrs. Maggi Knochenhauer
Mr. Todd Meulman
Mr. Simon Raines
Mr. Michael Pilawski
Mr. Hector Camacho

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IMAGINE YOUR FUTURE



When we learn to communicate with each other, we gain a better understanding of one another. The co-ed learning environment at Saint Francis gives our students a real-world advantage. It is a safe, supportive community where they learn to work together and respect each other.

- Direct, daily interactions with boys and girls
- Balanced male/female faculty and staff
- Equal leadership opportunities
- Respectful, supportive friendships

Since our founding by the Brothers of Holy Cross over 60 years ago, the Saint Francis experience has been centered on the core beliefs of the order. These core values are the **BRIC** of our community.

HOPE

RESPECT

INTEGRITY

FAMILY

B

Bring hope by changing the world through Christ's love.

R

Respect others by seeing the face of Christ in everyone.

I

Inspire integrity of the heart and mind by being true to the Gospel in word and action.

C

Celebrate family by building a loving Holy Cross community.

rooted in Holy Cross tradition

Our school community embodies these ideas through our spiritual, intellectual and social programs. They are the cornerstone of all we do at **Saint Francis High School**.

The Co-ed Advantage



Communicating with peers who have different perspectives and experiences increases our understanding of each other and the world around us. The co-ed learning environment at Saint Francis gives us the opportunity to learn from each other, work together, and create a shared beloved community.

- Direct, daily interactions with students who have diverse identities
- Leadership opportunities for all students in a variety of settings
- Respectful, supportive relationships with peers

learn

Ideal Learning Environment

Our beautiful campus will become your second home. We want to provide you with an environment that inspires learning, fosters collaboration and sparks growth, and during the last 10 years, we have added and modernized 19 campus facilities.



5,000-square-foot athletic training room and weight room



Multipurpose dance studio



Two competition courts

Sobrato Family Learning Commons



Our library and student center provide expanded study and collaboration space in addition to centers for Campus Ministry, Guidance and Counseling and Student Activities.

The building includes six renovated classrooms. It is a vibrant gathering space for learning and a hub of student activity.

Kevin Makley Event Center

- Film room
- 4 team rooms
- Modern locker rooms
- Alumni Walk of Fame



Radio station

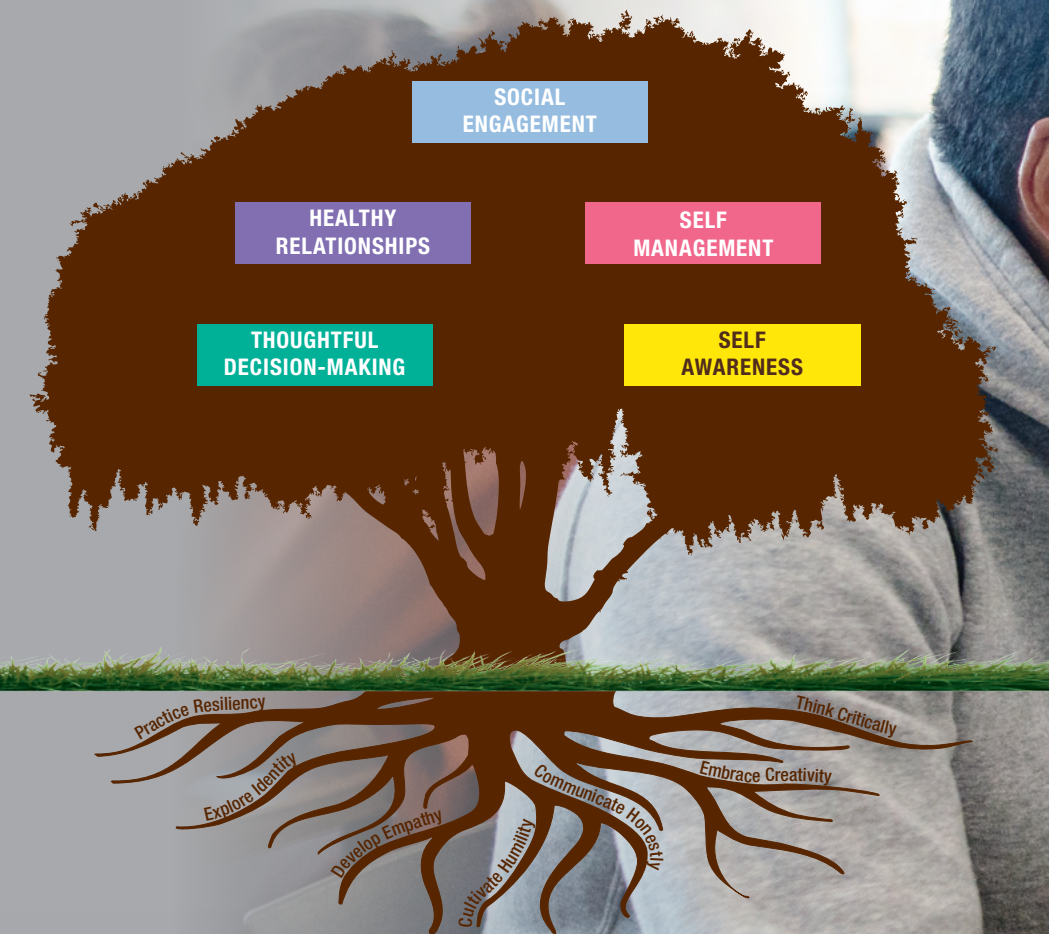
Performing Arts Center



Control room

This space includes a theater, green room, fly-space, orchestra pit and control room.

learn social-emo



A Better Way to Learn

As a Holy Cross school committed to the physical, social, and emotional safety of all students, Saint Francis supports the needs of students in and out of the classroom. The Social-Emotional Learning Program (SEL) at Saint Francis uses data-driven, research-based practices to inform the intentional inclusion of SEL skills in all of our classes and programs. Research shows that the development of these foundational skills leads to a number of positive outcomes that help students thrive in high school and beyond, including higher resilience, increased empathy, better peer and adult relationships, and better coping skills.

SEL Program



tional learning



SF Thrive Advisory

The *SF Thrive* Advisory program includes a class that all students take, matching students with an on-campus advisor and a group of peers to help cultivate critical SEL skills. The class remains consistent across years, so students feel like they belong to a structured, positive peer group. Advisory class is a space to check in, develop and practice SEL skills, and build community.



learn

academic

At Saint Francis, we believe in a well-developed curriculum with diverse offerings that is rooted in Catholic teachings on social justice.

Our curriculum provides a solid foundation in humanities, arts, and sciences, and offers forward-thinking classes that give students the ability to stretch their knowledge in the arts, language, technology and religious studies.

Our inclusive curriculum provides a solid foundation of critical thinking and skill development that gives students the ability to challenge their thinking and expand their knowledge. Students learn to think critically and creatively in a collaborative, supportive, co-ed environment.

Graduates are compassionate leaders of impact in society and the environment, prepared for post-high school experiences at colleges, universities, and the workplace. With more than 120 courses in ten departments, students have the opportunity to select classes that reflect their interests, align with their goals, and challenge their thinking.

HONORS and ADVANCED PLACEMENT COURSES

English

English I Honors
English 2 Honors
AP Language
AP Literature

World Language

French 5 Honors
Spanish 3 Honors
AP Chinese Language
AP French Language
AP Spanish Language
AP Spanish Literature

Mathematics

Algebra Honors
Geometry Honors
Advanced Algebra/Trig Honors
Precalculus Honors
AP Statistics
AP Calculus-AB
AP Calculus-BC
AP Computer Science

Science

Biology Honors
Chemistry Honors
Physics Honors
AP Biology
AP Chemistry
AP Environmental Science
AP Physics

Social Studies

AP World History
AP Government
AP Macroeconomics
AP Psychology
AP US History

Visual and Performing Arts

AP Music Theory
AP Studio Art





excellence

Our educators are passionate professionals whose objectives are to create inclusive spaces for students to love learning and think critically. Many of our teachers hold advanced degrees and are experts in the fields they teach. Our faculty members believe in the Holy Cross tradition and are role models who, through wisdom and example, inspire students to reach their full potential.

A distinct characteristic of Holy Cross educators is their commitment to students' development as empathetic, compassionate, humble advocates of social justice. Educators emphasize these characteristics in the classroom and in the spaces where they moderate clubs and coach.

TEACHERS

- 100% serve as coaches or moderators
- 26 served as chaperones for immersion trips
- 60 coach athletic teams
- 70 moderate clubs and activities





learn

GRADUATION REQUIREMENTS

by Semester

English	8
Social Studies	6
Religious Studies	8
Visual & Performing Arts	2
Mathematics	6
Science	6
World Language	4
Health and Fitness	2
Selectives	6
Community Service	50

At Saint Francis, students are never tracked into specific courses.

Freshmen are placed in honors classes based on their test scores, grades, recommendations and qualifying exams. In the upper level courses, students elect their own placement according to their academic performance and college goals.

Saint Francis students typically take six or seven academic courses per year. Nationwide, colleges and universities recognize that our academic course offerings prepare students for the rigors of college. Courses are taught at the college preparatory level and in accordance with state graduation requirements. In addition, Saint Francis requires students to complete eight semesters of religious studies.

FOUR-YEAR ACADEMIC PLAN

Freshman Year	Sophomore Year	Junior Year	Senior Year
English	English	English	English
Religious Studies	Hebrew Scriptures/New Testament	Social Justice/Moral Issues	Christian Vocation/Selective
Math	Math	Math	US Government/Economics
World Language	Science	Science	Science
Science	World Language	US History	World Language
Health and Fitness	World History/Geography	World Language	Math
Elective	or AP European History	Elective	Free Period or Elective
	Elective		

Elective Courses

Academic Electives Advanced Speech and Rhetoric AP Psychology Argumentation and Debate Biomedical Ethics Case Studies in Human Rights Case Studies in Asia and Africa Contemporary American Issues Contemporary World Problems Creative Writing Ethnic Studies Facing History History and Politics of the Olympics Irish Literature Journalism Leadership Speech 1 Psychology 1 Western Tragedy and African Hope	English Selectives: Seniors Contemporary American Authors Culture and Voice Film as Literature Mystery and Detective Fiction Science Fiction and Fantasy World Languages American Sign Language Chinese French Spanish Health and Fitness Advanced Team Sports 1 and 2 Advanced Weight Training and Conditioning 1 and 2 Aquatic Fitness Core Fitness Fitness for Life Mindfulness Net Games Speed and Agility	Religious Studies Selectives: Seniors Christianity and Philosophy Christian Spirituality Design Thinking for Justice Sports and Spirituality World Religions Design AP Computer Science Computer Programming Bioprinting Designing Systems for Gender Equity Design Thinking Engineering Entrepreneurship History of Science Independent Inquiry Robotics Visual and Performing Arts Acting for Musical Theater Advanced Art Advanced Dance Advanced Guitar	AP Music Theory AP Studio Art Art and Cultures of the World Basic Design/Drawing 1 Beginning Classical Guitar Ceramics 1 and 2 Concert Band 1 Concert Choir 1 – 4 Dance 1 Design Digital 2D Animation Digital Music Digital Photography Drama 1 – 4 Drawing and Composition 2 Graphic Arts Graphic Arts for the iPad Improvisational Theater Jazz Band Painting 1 Percussion Ensemble Printmaking Symphonic Band 2 – 5 Technical Drawing Technical Theater Video Production
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commit

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Worldwide
Campus Ministry
Immersion Trips

Campus Ministry Immersion Trips

International Trips

- Brazil
- Chile
- El Salvador
- Peru
- Puerto Rico
- Uganda

United States Trips

- Appalachia Region
- Austin, TX
- East Los Angeles, CA
- El Paso / Juarez, TX
- Houston, TX
- Pine Ridge Reservation, SD
- San Antonio, TX

SPIRITUAL DEVELOPMENT

Saint Francis works to foster spiritual growth in all of our students. Retreats, school-wide liturgies, service projects, Wednesday morning prayer meetings and immersion trips allow students to put their faith into action, celebrate their beliefs and become community stewards. In addition to developing a broader understanding of their world, Campus Ministry programs give students context for their faith development and inspiration to do more in life.

Faith

Inspiration is found all around us. In the tradition of Holy Cross, Saint Francis welcomes students of all faiths and backgrounds. All students are invited to participate in Campus Ministry's programs. We are proud to be a community that respects and celebrates religious diversity.



spirituality



Reflection

Spiritual development is an integral part of the Holy Cross student. Our retreat programs are designed to give students an opportunity to step away from their everyday routines of school and activities and learn to understand the importance of reflection and prayer.

- Freshman Welcome Day Retreat
- Freshman Service Learning Day
- Sophomore Service Learning Day
- Junior Overnight Retreat
- Senior Holy Cross Two-Night Retreat



Leadership Opportunities

The newly formed **Ignite Youth Group** meets monthly during morning collaborations and evenings. Students share their **faith, pray and help plan prayer services, school liturgies, service trips** and the **Jesus-Reframed retreat**. Ignite members also serve as **Freshman Welcome Retreat Leaders**.

The Campus Ministry Office hosts Wednesday morning prayer services at 7:45 a.m. around the flag pole in the Quad. Students have opportunities to lead a morning prayer and to share their own reflections on that day's Bible passage.



The Guidance and College Counseling Department

The Saint Francis Guidance and College Counseling Department partners with parents to help students achieve their personal and academic goals. Deeply rooted in the Holy Cross **commitment to educate the whole person**, our counselors work with students to plan their academic roadmap, navigate the path of high school and find the best college match.

At Saint Francis, counselors work alongside students to take ownership of their journey through high school and beyond. Through a mix of whole class, small group, and individual meetings with students, the counseling staff **supports students with the academic, social, and emotional transition to high school**, as well as providing individualized college counseling.

Located in the Sobrato Family Learning Commons, the Guidance and College Counseling Center is open throughout the day, allowing students to drop in to see their counselor during collaboration, at lunch or after school.

Services the Guidance and College Counseling Department provides include:

1. Guidance to students in appropriate course selection to meet graduation and college requirements
2. Assistance with identifying strengths and preferences that may lead to potential majors in college or careers
3. Referrals for educational testing or psychological support services
4. A comprehensive college advising program, offering:
 - Student and parent college workshops
 - Weekly Senior College and Career newsletters
 - Financial Aid, NCAA, and College Admission Testing Information Nights
 - College Coffee Talks for parents
 - College Admission Representative visits
 - Screencasts and webinars on important college topics



discernment

Saint Francis believes preparing for college begins in high school. That is why we utilize a proven model of success: **the block schedule**.

This structure mimics a true college model with alternating classes throughout the week. Graduates tell us this model helped them transition to college with confidence and gave them the tools to better manage college-level course work.

- Classes meet for 80 minutes every other day
- Longer periods allow for interactive in-depth discussions and group activities
- Collaboration is a built-in period to meet with teachers, study with classmates, work on projects, or do homework
- After a 60-minute collaboration period held every other day, school begins at 9:20 a.m.
- The schedule develops organizational and time management skills
- This model offers flexibility and additional time to students dedicated to extracurricular responsibilities
- Attending classes and completing homework on alternate days mirror a true college environment

Class of 2020 College Profile

Saint Francis graduates from the past three years have attended the following colleges and universities. For the class of 2020, 95.0% of students matriculated in a four-year institution. Bolded names indicate that a 2020 graduate matriculated to that school.

CALIFORNIA COLLEGES AND UNIVERSITIES

ArtCenter College of Design

Azusa Pacific University
Cabrillo College

Cal Poly, San Luis Obispo

California Baptist University

California College of the Arts

California Institute of Technology

California Jazz Conservatory

California Lutheran University

California Polytechnic State

California State Polytechnic

University, Poma

California State University-Chico

California State University

-Fresno

California State University

-Fullerton

California State University

-Sacramento

California State University,

Dominguez Hills

California State University,

East Bay

California State University,

Long Beach

California State University,

Monterey Bay

Canada College

Chapman University

City College of San Francisco

Claremont McKenna College

College of Alameda

College of San Mateo

Concordia University-Irvine

De Anza College

Dominican University of California

Folsom Lake College

Foothill College

Gavilan College

Harvey Mudd College

Mission College

Occidental College

Ohlone College

Pepperdine University

Pitzer College

Point Loma Nazarene University

Sacramento State University

San Diego State University

San Francisco State University

San Jose State University

Santa Barbara City College

Santa Monica College

Scripps College

Skyline College

Sonoma State University

Stanford University

University of California-Berkeley

University of California-Davis

University of California-Irvine

University of California

-Los Angeles

University of California-Riverside

University of California

-Santa Barbara

University of California

-Santa Cruz

University of California, Merced

University of California, Santa Cruz

University of Redlands

University of Southern California

University of the Pacific

University, San Luis Obispo

West Valley College

Whittier College

CATHOLIC COLLEGES AND UNIVERSITIES

Boston College

Catholic University of America

Creighton University

DePaul University

Fordham University

Georgetown University

Gonzaga University

Loyola Marymount University

Loyola University Chicago

Loyola University Maryland

Marquette University

Notre Dame de Namur University

Rivier University

Saint Edward's University

Saint Louis University

Saint Mary's College

of California

Saint Michael's College

Santa Clara University

Seattle University

Seton Hall University

St. John's University

St. Norbert College

Stonehill College

University of Dayton

University of Detroit Mercy

University of Mary

University of Notre Dame

University of Portland

University of San Diego

University of San Francisco

University of St. Thomas

Villanova University

Xavier University

OUT-OF-STATE COLLEGES AND UNIVERSITIES

Adelphi University

American University

Amherst College

Arcadia University

Arizona State University

Arizona State University-Tempe

Aurora University

Babson College

Bard College

Bates College

Baylor University

Belmont University

Berklee College of Music

Boise State University

Boston University

Bowdoin College

Bowling Green State University

Brandeis University

Brown University

Bryn Mawr College

Bucknell University

Butler University

Calvin College

Carleton College

Carnegie Mellon University

Case Western Reserve University

Chatham University

Colgate University

Colorado Christian University

Colorado College

Colorado Mesa University

Colorado State University

Columbia University

in the City of New York

Cornell University

Dartmouth College

DePaul University

Drake University

Drexel University

Duke University

Elon University

Embry-Riddle Aeronautical

University

Emory University

Furman University

Georgia Institute of Technology

Goucher College

Grinnell College

Hamilton College

Harvard University

Haverford College

Hawai'i Pacific University

Howard University

Indiana University-Bloomington

Iowa State University

Johns Hopkins University

Juniata College

Laurens University

Lehigh University

Lewis & Clark College

Lindenwood University

Long Island University Brooklyn

Louisiana State University

Marquette Manhattan College

Massachusetts Institute

of Technology

Mesa Community College

Miami University, Oxford

Michigan State University

Montana State University,

Bozeman

New Mexico State University

New York University

North Carolina State University

Northeastern University

Northern Arizona University

Northwestern University

Olin College of Engineering

Oregon State University

Pace University

Pennsylvania State University

-Main Campus

Pratt Institute

Princeton University

Purdue University-Main Campus

Rensselaer Polytechnic Institute

Rhode Island School of Design

Rice University

Rider University

Rochester Institute of

Technology

Rose-Hulman Institute of Technology

Rutgers University

-New Brunswick

Southern Methodist University

Southern Oregon University

St. Olaf College

Stonehill College

Syracuse University

Texas A&M University

Texas Christian University

Texas Southern University

The George Washington

University

The New School

The Ohio State University

The University of Alabama

The University of Arizona

The University of Iowa

The University of Montana, Missoula

The University of Texas at Austin

Trinity University

Tufts University

Tulane University

United States Air Force

Academy

United States Military Academy

United States Naval Academy

University of Chicago

University of Cincinnati

University of Colorado at Denver

University of Colorado Boulder

University of Colorado

Colorado Springs

University of Connecticut

University of Denver

University of Hawai'i at Manoa

University of Illinois

at Urbana-Champaign

University of Kansas

University of Maine

University of Maryland

University of Maryland

-College Park

University of Massachusetts

Amherst

University of Massachusetts Lowell

University of Miami

University of Michigan

University of Michigan-Ann Arbor

University of Minnesota

University of Mississippi

University of Missouri

University of Nebraska at Lincoln

University of Nevada-Reno

University of Nevada, Las Vegas

University of New Hampshire

at Durham

University of New Mexico

-Main Campus

University of North Carolina

at Chapel Hill

University of North Texas

University of Northern Colorado

University of Oklahoma

University of Oregon

University of Pennsylvania

University of Pittsburgh

University of Puget Sound

University of South Florida, Tampa

University of the Sciences

in Philadelphia

University of Utah

University of Vermont

University of Washington

University of Wisconsin-Madison

University of Wyoming

Utah State University

Valparaiso University

Vanderbilt University

Virginia Polytechnic Institute

and State University

Virginia Tech

Wake Forest University

Washington State University

Washington University in St Louis

West Virginia University

Western Oregon University

Western Washington University



We are ready

Colleges know graduates of Saint Francis High School are prepared students. In fact, Saint Francis students are highly sought after by top colleges across the nation. Over 100 college and university admission counselors visit our campus every year in hopes of actively recruiting our students. The Saint Francis counselors maintain strong relationships with college admissions counselors and attend professional college counseling conferences and college tours across the country.

Our counselors use current and comprehensive technology resources for the college search process and work alongside students to interpret the data and understand how it may influence their college options. These resources include:

- Historical college acceptance data and admissions statistics available via Naviance aids the college planning process
- Extensive college counseling website
- Counseling presentations archived online

CLASS OF 2019 TESTING STATISTICS

Standardized testing is a significant part of the college admissions process. The average scores for the Class of 2019 were all above the state and national averages.

SAT Reasoning Mean

Evidence Based Reading & Writing	653
Math	656
Combined	1310

SAT Subject Tests Mean

Biology E	680	Physics	697
Chemistry	691	Spanish	718
English Literature	656	U.S. History	663
Math Level 2	716		

ACT Mean

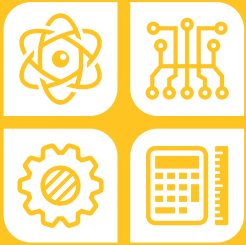
English	30	Science	28
Math	27.8	STEM	28
Reading	30.3	Composite	28.8

Average AP Scores for all Students

In 2020, 1323 AP exams were administered to 602 students. Scores of 3 or higher on AP exams may qualify for college credit. 89% of these students scored 3 or higher and 35% scored a 5.

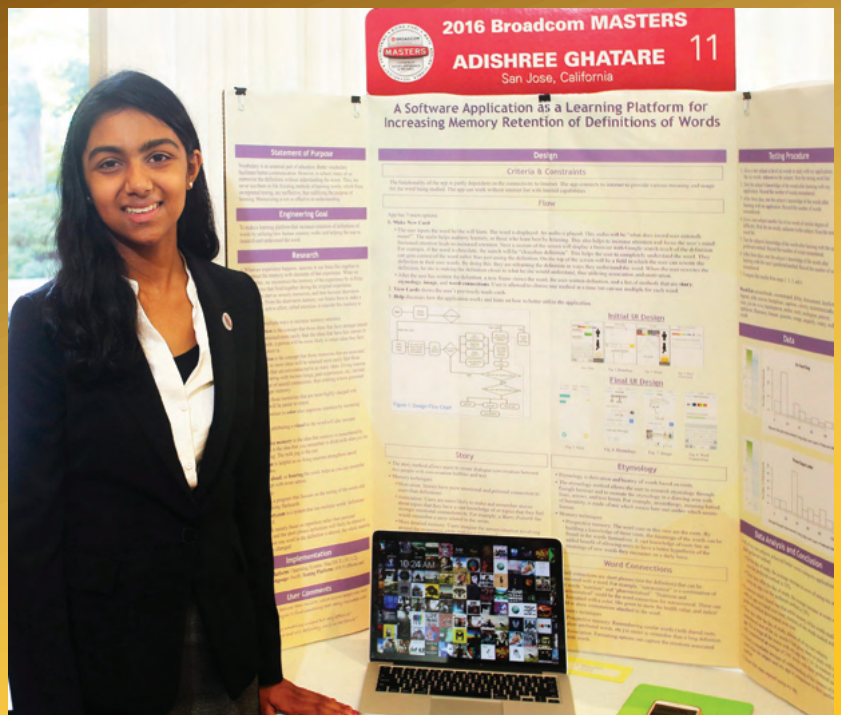
2019 AP Scholar Recognition

AP Scholars	76
AP Scholars with Honor	55
AP Scholars with Distinction	121
AP National Scholars	36



APPLIED SCIENCE/ENGINEERING

Students are passionate about innovation, intellectual curiosity and the spirit of DIY. They take what they learn in the classroom and apply their knowledge to their interests, be it hackathons, app design challenges or independent science research. Learning truly takes place everywhere.



STEM Clubs and Activities

Astronomy Club
Entrepreneurship Club
Environmental Club
Future Medical Students Association

Girls Who Code
Math Club
Milk Carton Boat Race
Programming Club

Quiz Bowl
Research @ SF Club
Robotics
Science and Engineering Club

Science Bowl
Science Olympiad
SF Hacks
TEDxSaintFrancis

STEM



MATH

From Algebra 1 to Ordinary Differential Equations, teachers transform math into concrete concepts by using demonstrations and real-world applications. Teachers also provide personalized instruction to meet students' needs, tailoring lesson content and pace to foster student growth.

6

3D printers

3

CNC mills

TECHNOLOGY

Students need to know how to navigate an increasingly complex digital landscape in order to engage with the social, cultural and economic world around them. Beyond the 1:1 iPad program and the use of e-books, teachers also discuss digital citizenship and the social impacts of technology so that students can be truly successful.



“

We want students to learn the skills they will need to solve real-world challenges — skills such as critical thinking and problem solving, communication, collaboration, information literacy and responsibility. These skills align with our Holy Cross values and are vital for students to address the social, economic, and environmental injustices they will face in their generation.

Emily Thomas, science teacher

”

create

BAND

There is a place for every musician at Saint Francis. Like a second family to some, our award-winning **band program** offers five levels of academic classes and opportunities for performances in our beautiful Performing Arts Center and in the community. Our marching band performs throughout the year at sporting events, assemblies, rallies, field showcase events and parades. The concert, symphonic and jazz ensembles travel to music festivals and competitions throughout the year. Musicians begin their years at Saint Francis with a love for music and graduate as performers.

CHOIR

The **choral program** provides students with solid musicianship skills as they perform creative and challenging choral repertoire. Students have won several performance awards for sacred and secular music. Performances include school liturgies, stage concerts and competitions. Our choir has also traveled abroad to welcoming audiences everywhere.



“

Many of our students experience the benefits of music and appreciate the time-out from their studies to express themselves. Research has shown that singing and playing music not only improves study habits but also builds a better sense of self and community. Music informs our sense of well-being and improves our quality of life.

Margaret Durando, choir director

”



band & choir



BAND and CHORAL ENSEMBLES

A Capella	Glee	Percussion Ensemble
Brass Ensemble	Jazz Band	Saxophone Ensemble
Chamber Choir	Jazz Combo	String Ensemble
Color Guard	Liturgy Band	Symphonic Band
Concert Band	Marching Band	Woodwind Ensemble
Concert Choir	Musical Pit Orchestra	
Drumline	Pep Band	



DANCE

Dancers of all levels are invited to participate in the **dance program**. The dance curriculum encompasses instruction in technique as well as historical studies for various dance styles, including ballet, jazz and modern dance.



“

There's nothing like being on stage. The performing arts allow for self-expression from the heart. When students learn to present themselves on the stage, they grow in their self-confidence.

Tom Johantgen, performing arts teacher

”

performing arts



DRAMA

Our Performing Arts Center is the stage to be on! Our **theater department** produces several quality shows throughout the year that bring an audience of students and community members to our school. Students in the department are given opportunities to explore all aspects of the theater, from performing to technical crew. Many Saint Francis alumni have gone on to pursue successful professional careers in television and theater.



PERFORMING ARTS CENTER

The Performing Arts Center includes a 410-seat theater and features a fly space, rehearsal rooms, dressing rooms, a scene shop and cutting-edge equipment for sound, lighting and video production. Students who participate in performing arts at Saint

Francis have an experience similar to a professional theater company. With opportunities to speak and perform on stage or work backstage, every student can shine!



COMMUNICATION ARTS

TEDxSaintFrancis gives students the opportunity to express themselves and to combine writing, critical thinking, and public speaking. Each year, Lancers take the stage to share their personal stories at the student-led event, empowering and inspiring audience members with relatable and universal messages.



create



FINE ARTS and DIGITAL ARTS

Our **visual arts program** offers a variety of classes that engage our students and spark their desire to connect with the world as independent thinkers. In addition to exploring the principles of design, students can also express themselves creatively with technology and learn real-world skills, such as storytelling, branding, videography, photography and product design.



visual arts



“

*Art is a way to make
contact with your soul. It
is important to find that
space and time for reverie
and total absorption.*

Sylvan Adams, art teacher

”



challenge

LANCER ATHLETICS



athletics

Take a look at our 2018 - 2019 accomplishments

- 3 Central Coast Section Honor Coaches
- 3 Water Polo All Americans
- 8 State Championship Qualifiers
- 9 League Championships
- 11 League Players of the Year
- 11 Athletes signed NCAA National Letters of Intent
- 12 Central Coast Section Championships
- 31 Student athletes committed to play college athletics
- 1,100 Students participated in athletics at Saint Francis

Over the years, our teams have earned

- 17 Team or Individual State Championships
- 39 Northern California Team Championships
- 169 Central Coast Section Team Championships
- 200 Central Coast Section Individual Championships
- 380 League Championships



Saint Francis High School has a long and proud athletic tradition and we expect our current students to build on the legacy that has been formed by the student athletes who have come before them. It is important that athletics is always kept in the proper perspective to the mission and philosophy of Saint Francis High School. Participants in our athletic programs are seen as academic students first and student athletes second. Athletic success at Saint Francis is defined by three core values:
Effort, Teamwork and Sportsmanship.

FALL

Boys: Cross Country,* Football, Water Polo

Girls: Cross Country,* Field Hockey, Golf, Tennis, Volleyball, Water Polo

WINTER

Boys: Basketball, Soccer, Wrestling*

Girls: Basketball, Soccer

SPRING

Boys: Baseball, Golf, Lacrosse, Swimming and Diving,* Tennis, Track and Field,* Volleyball

Girls: Gymnastics, Lacrosse, Softball, Swimming and Diving,* Track and Field*

* Non-cut sports





Extracurricular Activities

A critical part of the adolescent and high school experience is exploring identity by trying new activities and pursuing those that interest you. With more than 80 clubs and activities to choose from, we have something for every student at Saint Francis.

GET INVOLVED RIGHT AWAY!

Affinity Groups

Affinity groups at Saint Francis allow students and faculty who share an identity—usually, a marginalized identity—to gather, connect and talk in a comfortable environment about issues related to that identity, and transfer that discussion into action that makes for a more equitable experience at school. In this way, they provide students with diverse backgrounds the opportunity to honor a shared heritage and experiences. Current affinity groups include:

- Asian Student Association
- Black Student Union
- Filipino American Student Union
- Latinx/Hispanic Student Union
- Pride Student Union
- South Asian Student Association
- Tagata Pasefika
- Vietnamese Student Association

Clubs and Activities

We offer over 60 clubs and activities. Here are just a few:

ACADEMIC

California Scholarship Federation	National Honor Society
World Language Honor Societies	Programming Club
Girls Who Code	Quiz Bowl
Mindframes	Robotics Team
Math Club	Science Bowl
Mock Trial	Science and Engineering
Model U.N.	Speech and Debate

ARTS

Creative Writing Club	Live Stream Club
Glee Club	Improv Club
KSFH Live Stream Radio	Unity Dance Crew
Lancer Productions	

LEADERSHIP and SERVICE

BRIC Brothers	TEDxSaintFrancis
Environmental Club	Shadow Hosts
Interact	Student Council
In the Margins	Teen Awareness Program
Newspaper	Women of BRIC
Service Club	Yearbook

SCHOOL SPIRIT and ATHLETICS

6th Man Crew	Sand Volleyball Club
12th Man Crew	Spike Ball Club
Athletic Team Managers	Spirit Squad
Student Athletic Trainers	Ultimate Frisbee
Rally Planning Board	

JUST FOR FUN

Audio/Visual Club	International Club
Baking Club	Intramurals
Book Club	SF Gaming Club
Harry Potter Club	Stock Market Club



involvement



Leaders

Be Prepared Spiritually, Intellectually and Socially

Educating balanced and well-rounded students is the cornerstone of our philosophy. Like Blessed Basil Moreau, who believed it was his mission to educate students to be prepared spiritually, intellectually and socially, we at Saint Francis have made it our mission to uphold this idea. We encourage all our students to have active extracurricular experiences. We know educating young men and women in the Holy Cross tradition gives them added confidence, lasting friendships and the best opportunities to reach their potential.

Our clubs and extracurricular activities are student-driven. Students are encouraged to explore all activities and join clubs that fit their interests. We want our students to feel invested in the Saint Francis community, and we encourage students to take ownership of their experiences and become leaders in their pursuits and endeavors.

Saint Francis students graduate ready for the future.

After four years at Saint Francis, our students have a clear understanding of who they are and what they can accomplish in life. They graduate as scholars, humanitarians, scientists, artists and athletes. The values of our Church and Holy Cross have become their values. They live out this philosophy in their everyday lives. Saint Francis students graduate prepared for college, with a compassionate world view, ready to serve others and make a difference.

Class of 2019 Accomplishments

167 members of the National Honor Society

102 lifetime members of the California Scholarship Federation

92 students recognized in the National Merit Competition

46 committed intercollegiate athletes

35,187 hours of community service

The Saint Francis graduate embodies the Holy Cross charism and is expected to be:

I. A person of faith who imparts Holy Cross values in the Catholic tradition by

- Demonstrating a basic understanding of the life and teaching of Jesus Christ and the essential doctrines and practices of the Catholic Church.
- Recognizing and respecting the dignity of the human person, and responding to the call to love and serve in the tradition of Catholic moral and social teaching.
- Serving the community particularly by reaching out to those most in need.
- Participating in and embracing our faith-filled community.

II. An intrinsically motivated scholar who pursues lifelong learning by

- Thinking critically and creatively to solve problems and make decisions, both independently and as members of a team.
- Listening effectively, reading critically and using language precisely in speech and writing.
- Interpreting and evaluating complex information presented through various media.
- Utilizing and adapting technology resources productively and responsibly.

III. An engaged individual who demonstrates personal and social responsibility by

- Understanding the rights and responsibilities of a local, national and global citizen.
- Demonstrating critical interpersonal skills of clear communication and meaningful collaboration.
- Becoming self-directed, resilient individuals who are able to set goals to maintain physical and emotional well-being.
- Explore new and diverse opportunities and embracing the call to lead.





family

Our

Family at Saint Francis

Just as we hope your student will find a home in our warm, diverse and inclusive Lancer family, we want our parents to similarly experience what it means to be part of this family. The easiest way to be involved and build community is through our Men's and Women's Clubs. All parents are members of these clubs.

These next four years will be critical for your student's development, and we want to partner with you. We hope to see you at one of our parent events!



A few ways parents can be involved:

- Christmas At Our House
- Father-Daughter Dance
- Father-Son Communion Breakfast
- Holy Cross Parent Ash Wednesday Service
- Memorial Mass
- Men's and Women's Club Dinner Meetings
- Men's and Women's Club Family Day of Service
- Mother-Daughter Casino Night
- Mother-Daughter Mass and Brunch
- Moms Football Camp
- Mother-Son Casino Night
- SF Kick-Off BBQ
- Women's Club Bunco Night
- Women's Retreat

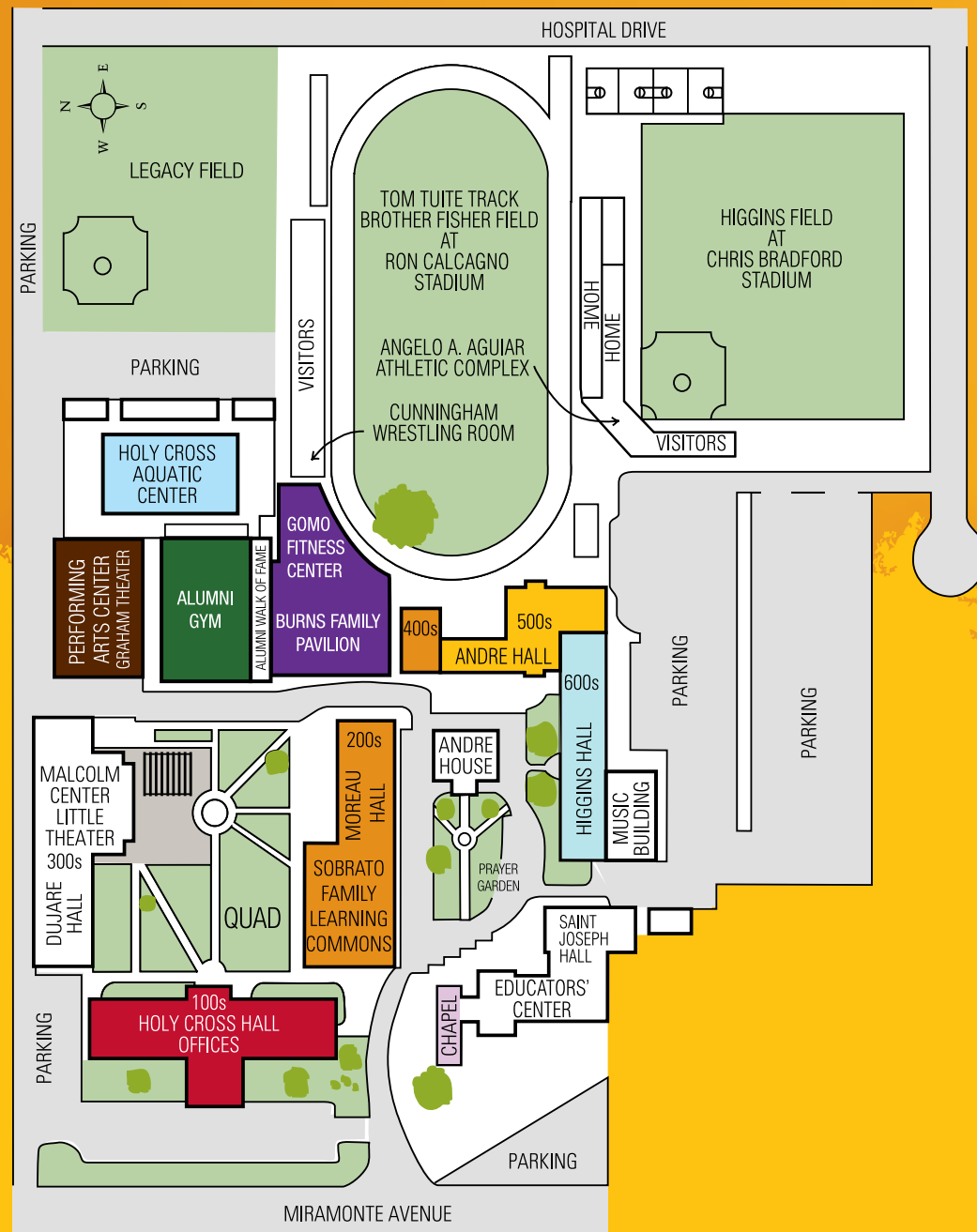
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When parents connect at Saint Francis, they become a part of the Lancer family, and they build long lasting friendships and beautiful memories with both fellow parents and faculty and staff members.

-Vidhu Sharma, parent of an alumni, current member of the Board of Directors, and former president of the Women's Club.

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SAINT FRANCIS

A Holy Cross High School

Saint Francis High School, sponsored by the Brothers of Holy Cross, admits students of any race, color and national or ethnic origin. The school does not discriminate based on disability if the student is otherwise qualified and can, with reasonable accommodations, meet the graduation requirements of the school.

Important Dates to Remember

Application Due

December 11, 2020

High School Placement test (HSPT) at Saint Francis

January 9 and 23, 2021

Interviews

January 13, 19 and 21, 2021

Financial Aid Application Due

February 5, 2021

Saint Francis High School | 1885 Miramonte Avenue | Mountain View CA 94040
650 968-1213, ext. 430

sfhs.com