



AFTER-SCHOOL ACTIVITIES

Policies & Procedures

REGISTRATION

- Registration for Session I After-School Activities opens Thursday, August 26, and closes Monday, September 13. Late registration begins Tuesday, September 14, and closes Friday, September 24. Children may enter a class already in progress as long as there is space available and with the permission of the instructor. However, if registering after September 13, a late fee of \$25 per class will be applied.
- Registration is available through an email sent to families on August 26.
- Families with multiple students will receive an email for each child.
- Once you have completed registration, you will receive an individual email confirming the chosen activities for each student.
- We make every effort to offer a variety of classes. However, St. Patrick's reserves the right to cancel any program due to lack of sufficient enrollment. You will be notified by Thursday, September 9, if the class will be cancelled.

CANCELLATION POLICY

- Please note that you **MUST cancel your registration no later than 24 hours** after your first class has been completed in order to receive a 75% refund. If you **DO NOT cancel your registration within 24 hours of your first class**, you will be charged 75% of the program fee.
- To cancel, please email Eby Okonkwo at okonkwoe@stpatcdc.org and provide your child's name, your phone number, and the After-School Activity information.
- Please note that you are not able to cancel your registration online.

WAITLIST

- If a desired class is full, a waitlist option will be available at the bottom of your registration form. Please enter the class of interest, and you will be placed on the waitlist on a first-come, first-serve basis.
- Class availability from the waitlist begins during the second week of class.

MAKE-UP DATE

- In the event an instructor cancels a class, or if weather causes a cancellation, the make-up date, if available, will be used as a substitute class.

DISMISSAL

- The timeframe for each After-School Activity is clearly noted in the brochure and will be provided in your registration confirmation email. In an effort to maintain COVID-19 protocols, we ask that all students be picked up promptly at the end of their class.
- If your child is not picked up within 15 minutes of the class ending, we will escort your child to Extended Day and bill you the \$50 Extended Day Drop-In fee.

PAYMENT INFORMATION

- All fees for After-School Activities are billed through the Business Office. Please address all payment-related questions to Minnie Ivery at iverym@stpatcdc.org.



AFTER-SCHOOL ACTIVITIES

Session I 2021

ONLINE REGISTRATION OPENS:
Thursday, August 26

ONLINE REGISTRATION CLOSES:
Monday, September 13
LATE REGISTRATION AVAILABLE

SESSION I CLASSES BEGIN:
Monday, September 20

KINDERGARTEN ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Players Soccer Training 7 Classes \$210/session	Yoga 8 Classes \$280/session			Ballet Petite 7 Classes \$240/session

Players Soccer Training

Day/Time: Monday, 3:00-4:00 PM

Dates: Sept. 20, 27; Oct. 4, 18, 25; Nov. 8, 15 (Nov. 22 make-up date)

Players Soccer Training is designed to create a positive environment with high energy for young players to improve their skills and knowledge of the world's favorite game. Coached by former GWU Men's Soccer coach Jake Ouimet, players will benefit from and enjoy small-group instruction to develop and improve ball control and technique.

Yoga & Balance with Mr. Castro

Day/Time: Tuesday, 3:15-4:00 PM

Dates: Sept. 21, 28; Oct. 5, 12, 19, 26; Nov. 2, 9 (Nov. 16 make-up date)

This yoga class incorporates character education through games, movement, and yoga poses. The children will be taught responsibility through listening, compassion, self-esteem, patience, and kindness. These values inspire children to live better on and off the yoga mat. Please note that a new yoga mat is included in the class fee.

Ballet Petite

Day/Time: Friday, 3:15-4:00 PM

Dates: Sept. 24; Oct. 1, 15, 29; Nov. 5, 12, 19 (no make-up date)

Ballet Petite is an enriching dance and performing arts program that creates an imaginative and culturally rich environment through the use of movement. Students will be transformed through literature and classical music, handmade costumes, and props. They will enjoy new ballet progressions and dance techniques weekly.

GRADE 1 ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chess 7 Classes \$266/session	Tae Kwon Do 6 Classes \$280/session		Players Soccer Training 7 Classes \$210/session	

Chess

Day/Time: Monday, 3:00-4:00 PM

Dates: Sept. 20, 27; Oct. 4, 18, 25; Nov. 8, 15 (Nov. 22 make-up date)

David Paulina has been playing chess for more than 20 years and has taught chess at several Washington-area independent schools, including St. Patrick's. In chess, students learn how to apply different strategies for opening, middle, and end games. Students learn to analyze their games to see where they did great and how to improve. Students practice playing a minimum of 30 minutes each class and are paired with others of the same skill level.

Tae Kwon Do

Day/Time: Tuesday, 3:15-4:15 PM

Dates: Oct. 5, 12, 19, 26; Nov. 2, 9, 16 (no make-up date)

This Tae Kwon Do class is a comprehensive introductory overview meant for students of all levels and physical abilities, with no previous experience necessary. The class is taught at moderate physical intensity so all participants can comfortably train to their own ability. The class will be taught to improve the body, mind, and spirit, while increasing strength, balance, and coordination as well as promoting self-confidence and self-esteem.

Players Soccer Training

Day/Time: Thursday, 3:15-4:15 PM

Dates: Oct. 7, 14, 28; Nov. 4, 11 (Nov. 18 make-up date)

Players Soccer Training is designed to create a positive environment with high energy for young players to improve their skills and knowledge of the world's favorite game. Coached by former GWU Men's Soccer coach Jake Ouimet, players will benefit from and enjoy small-group instruction to develop and improve ball control and technique.

GRADE 2 ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chess 8 Classes \$304/session	Tennis with GWU 8 Classes \$360/session	Players Soccer Training 7 Classes \$210/session	

Chess

Day/Time: Tuesday, 3:00-4:00 PM

Dates: Sept. 21, 28; Oct. 5, 12, 19, 26; Nov. 2, 9 (Nov. 16 make-up date)

David Paulina has been playing chess for more than 20 years and has taught chess at several Washington-area independent schools, including St. Patrick's. In chess, students learn how to apply different strategies for opening, middle, and end games. Students learn to analyze their games to see where they did great and how to improve. Students practice playing a minimum of 30 minutes each class and are paired with others of the same skill level.

Tennis with GWU

Day/Time: Wednesday, 3:15-4:15 PM

Dates: Sept. 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10 (Nov. 17 make-up date)

Students will enjoy the afternoon on the GWU tennis courts. Each week, they will explore the fundamentals of beginners tennis. Players will focus on techniques including strokes, footwork, and competitive play through games and drills. Students can use GWU's tennis rackets or bring their own!

Players Soccer Training

Day/Time: Thursday, 3:00-4:00 PM

Dates: Sept. 23, 30; Oct. 7, 14, 28; Nov. 4, 11 (Nov. 18 make-up date)

Players Soccer Training is designed to create a positive environment with high energy for young players to improve their skills and knowledge of the world's favorite game. Coached by former GWU Men's Soccer coach Jake Ouimet, players will benefit from and enjoy small-group instruction to develop and improve ball control and technique.

GRADE 3 ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Girls on the Run 19 Classes \$855/session *Meets Mondays & Wednesdays		Girls on the Run 19 Classes *Meets Mondays & Wednesdays Striders 9 Classes \$315/session		Yoga 7 Classes \$245/session

Girls on the Run

Day/Time: Monday & Wednesday, 3:15-4:30 PM

Monday Dates: Sept. 13, 20, 27; Oct. 4, 18, 25; Nov. 8, 15, 22

Wednesday Dates: Sept. 15, 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17

Girls on the Run (GOTR) is a life-changing program for girls in Grade 3 that encourages them to explore positive social, emotional, mental, and physical development in the context of running. Participants must attend both Monday and Wednesday sessions to train for the culminating 5K running event on Sunday, November 21, at Anacostia Park. As part of the national program's required curriculum, GOTR will begin on September 13. Each class is approximately 1 hour and 15 minutes.

Striders with Mr. Bolger & Mr. Mason

Day/Time: Wednesday, 3:30-4:30 PM

Dates: Sept. 15, 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10 (no make-up date)

Striders inspires boys to be courageous, healthy, and confident while using an engaging experienced-based curriculum that creatively integrates running. Coached by Mr. Mason and Mr. Bolger, students will work towards completing a full 5K Fun Run. Runners of all experience are welcome.

Yoga & Balance with Mr. Castro

Day/Time: Friday, 3:15-4:00 PM

Dates: Sept. 24, Oct. 1, 15, 29; Nov. 5, 12, 19 (no make-up date)

This yoga class incorporates character education through games, movement, and yoga poses. The children will be taught responsibility through listening, compassion, self-esteem, patience, and kindness. These values inspire children to live better on and off the yoga mat. Please note that a new yoga mat is included in the class fee.

GRADE 4 ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Fundamentals Academy Basketball 8 Classes \$280/session	Tennis with GWU 7 Classes \$315/session	

Fundamentals Academy Basketball

Day/Time: Wednesday, 3:15-4:15 PM

Dates: Sept. 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10 (Nov. 17 make-up date)

This class is for students who are looking to take their game to the next level. By implementing skill-building and full-game experience, it's the ultimate development environment. Our goal is to set our students apart from the competition based on their elite conditioning, skill set, and fundamentals.

Tennis with GWU

Day/Time: Thursday, 3:15-4:15 PM

Dates: Sept. 23, 30; Oct. 7, 14, 28; Nov. 4, 11 (Nov. 18 make-up date)

Students will enjoy the afternoon on the GWU tennis courts. Each week, they will explore the fundamentals of beginners tennis. Players will focus on techniques including strokes, footwork, and competitive play through games and drills. Students can use GWU's tennis rackets or bring their own!

GRADE 5 ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Fundamentals Academy Basketball 7 Classes \$245/session

Fundamentals Academy Basketball

Day/Time: Friday, 3:15-4:15 PM

Dates: Sept. 24, Oct. 1, 15, 29; Nov. 5, 12, 19 (no make-up date)

This class is for students who are looking to take their game to the next level. By implementing skill-building and full-game experience, it's the ultimate development environment. Our goal is to set our students apart from the competition based on their elite conditioning, skill set, and fundamentals.

PRIVATE MUSIC LESSONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Piano or Percussion (K-5) 8 Classes \$480/session	Piano or Percussion (K-5) 8 Classes \$480/session	Beginner Piano (K-2) 8 Classes \$480/session		

Private Piano or Percussion with David McDonald

Day/Time: Monday & Tuesday, 3:30-6:00 PM

Monday Dates: Sept. 20, 27; Oct. 4, 18, 25; Nov. 8, 15; Dec. 6 (Dec. 13 make-up date)

Tuesday Dates: Sept. 21, 28; Oct. 5, 12, 19, 26; Nov. 2, 9 (Nov. 16 make-up date)

A gifted piano and percussion instructor, Mr. McDonald has more than 15 years of experience in music education. Throughout the students' weekly lessons, they will master techniques in note-reading and coordination, which will encourage their musical creativity. Students will showcase their hard work in a tentative winter recital.

Beginner Private Piano with April Flory

Day/Time: Wednesday, 3:00-6:00 PM

Dates: Sept. 22, 29; Oct. 6, 13, 20, 27; Nov. 3, 10 (Nov. 17 make-up date)

With decades of piano teaching experience, April strives to help her students create a deeper connection to musical principles while also savoring the joys of playing music. Students can take this course with any experience level. She will create opportunities for students to read notes, read rhythms, play scales, play chords, and develop a foundational knowledge of music theory. Students will showcase their hard work in a tentative winter recital.