

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MEAL REQUIREMENTS**

Must select at least 3 of the 5 offered components:  
Meat/Meat Alternative;  
Grain; Veggie; Fruit; Milk

ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!

**3**

**4**

**5**

**6**

**WASH YOUR HANDS** 9

**10**

**11**

SPICY CHICKEN PATTY

VEGETARIAN BURGER (v)

BEEF TACO SALAD  
W/ TORTILLA CHIPS

VEGETARIAN TACO SALAD  
W/ TORTILLA CHIPS

**12**

TRUE NATURE'S  
GRILLED BEAN & CHEESE  
BURRITO (v)

CAESAR  
SALAD W/ CHEESE STICK  
& DINNER ROLL

ROAST BEEF SANDWICH

**13**

BEEF  
TACO STICK

CHICKEN CAESAR SALAD  
W/ DINNER ROLL

CAESAR SALAD  
WITH DINNER ROLL (v)

**16**

CHEESEBURGER  
TWINS

PROTEIN BOX

CHICKEN CAESAR SALAD  
W/ DINNER ROLL

**17**

BOSCO STICKS  
W/ MARINARA DIP CUP

CAESAR SALAD W/ CHEESE  
STICK & DINNER ROLL

**18**

CHICKEN DRUMSTICK  
W/ DINNER ROLL

BEEF TACO SALAD  
W/ TORTILLA CHIPS

VEGETARIAN TACO SALAD  
W/ TORTILLA CHIPS

**19**

BIG DADDY'S  
CHEESE PIZZA

BIG DADDY'S  
PEPPERONI PIZZA

CAESAR SALAD W/ CHEESE  
STICK & DINNER ROLL

ROAST BEEF SANDWICH

**20**

WG FOUR CHEESE TORTELLINI

WG FOUR CHEESE TORTELLINI  
W/ CHICKEN

CAESAR SALAD W/ CHEESE  
STICK & DINNER ROLL

CHICKEN CAESAR SALAD  
W/ DINNER ROLL

**23**

100% ALL BEEF  
HAMBURGER

VEGETARIAN BURGER

PROTEIN BOX

CHICKEN CAESAR SALAD  
W/ DINNER ROLL

**24**

BEEF BURRITO BOWL

VEGETARIAN BURRITO BOWL

CAESAR SALAD W/ CHEESE  
STICK & DINNER ROLL

**25**

SPICY CHICKEN PATTY  
SANDWICH

VEGETARIAN BURGER

BEEF TACO SALAD  
W/ TORTILLA CHIPS

VEGETARIAN TACO SALAD  
W/ TORTILLA CHIPS

**26**

TRUE NATURE'S  
GRILLED BEAN & CHEESE  
BURRITO

CAESAR SALAD W/ CHEESE  
STICK & DINNER ROLL

ROAST BEEF SANDWICH

**27**

BEEF  
TACO STICK

CHICKEN CAESAR SALAD  
W/ DINNER ROLL

CAESAR SALAD W/ CHEESE  
STICK & DINNER ROLL

**30**

CHEESEBURGER  
TWINS

PROTEIN BOX

CHICKEN CAESAR SALAD  
W/ DINNER ROLL

**31**

BIG DADDY'S  
CHEESE PIZZA

BIG DADDY'S  
PEPPERONI PIZZA

CAESAR SALAD W/ CHEESE  
STICK & DINNER ROLL

# HAVE YOU HEARD THE NEWS?

## PAUSD WILL OFFER FREE MEALS TO ALL STUDENTS!!



This month California became the first state in the country to approve FREE meals to ALL STUDENTS moving forward. The meal components offered by PAUSD Food Services comply with all United States Department of Agriculture (USDA) and California Department of Education (CDE) standards and calorie limitations.

### Due to the increase in meal participation starting this school year some changes are necessary-

#### **Second lunches will not be served.**

Under the guidelines for the free meals for all students, only one lunch per student is allowed. If you feel that your child will need additional food throughout the day, please send additional snacks with them at the time of drop off. Students will need to utilize their lunch card so that meals can be accurately counted.

#### **Elementary students will no longer sign up for specific entrees in the classroom.**

PAUSD offers vegetarian entrees daily. PAUSD Food Services will try to accommodate all students wanting meals with the food available but, cannot guarantee that students will receive their desired preference on the days where two entrees are offered (Monday's and Friday's).

#### **No cash transactions**

Meals are FREE to ALL STUDENTS moving forward. There is no need to deposit money on your student's lunch account. Cash will not be taken at the point of service. There is no option to pay for additional meals as second meals are not allowed at this time.

#### **Reusable Lunch-ware at elementary sites on hold**

Due to the increase in meal participation, Food Services will be using compostable lunch trays and flatware. Please place the trays and flatware items in the appropriate collection receptacle at your school site.

#### **Food Services will assess the menu monthly**

The menu selections and meal participation will be assessed monthly. There are entrees that were served pre-pandemic that are not feasible with FREE meals for ALL STUDENTS. Pizza Day will not be on our menus weekly. There will be limited choices available to accommodate the increased meal participation. Please refer to the menu for daily selections.