

Unit 2: Substance Use Prevention
7th Health Education
6 Class Meetings

Essential Questions

- How can I utilize my knowledge and skills to avoid substance abuse?

Enduring Understandings with Unit Goals

EU 1: Substance abuse can lead to physical, mental, and social emotional harm.

- Describing the negative effects that substance abuse has on physical, mental, and social emotional health.
- Analyze influences that lead to substance abuse.

EU 2: Decision making skills are essential when dealing with issues of drugs, alcohol, and tobacco.

- Compare and contrast the impact that decisions have involving substance abuse.
- Demonstrate effective decision-making strategies involving illicit substances.

Health Education Standards

Standard 1: Students will comprehend *concepts* related to health promotion and disease prevention to enhance health.

Standard 2: Students will *analyze the influence* of family, peers, culture, media, technology, and other factors on health behaviors.

Standard 3: Students will demonstrate the ability *to access valid information*, products, and services to enhance health.

Standard 4: Students will demonstrate the ability to use *interpersonal communication* skills to enhance health and avoid or reduce health risks.

Standard 5: Students will demonstrate the ability to use *decision-making skills* to enhance health.

Standard 6: Students will demonstrate the ability to use *goal-setting skills* to enhance health.

Standard 7: Students will demonstrate the ability *to practice health-enhancing behaviors* and avoid or reduce health risks.

Standard 8: Students will demonstrate the ability *to advocate* for personal, family, and community health.

ISAAC Vision of the Graduate Competencies

Competency 1: Write effectively for a variety of purposes.

Competency 2: Speak to diverse audiences in an accountable manner.

Competency 3: Develop the behaviors needed to interact and contribute with others on a team.

Competency 4: Analyze and solve problems independently and collaboratively.

Competency 5: Be responsible, creative, and empathetic members of the community.

Unit 2: Substance Use Prevention
7th Health Education
6 Class Meetings

Unit Content Overview

1. Substance Abuse

- Describe negative effects.
- Analyze influences.
- Vocab & Key Terms: Alcohol, Marijuana, Tobacco, Nicotine, Vaping, Addiction

2. Decision Making

- Compare and contrast decisions involving substances abuse.
- Demonstrate effective decision making.
- Vocab & Key Terms: Refusal Skills, Analyzing Influences. D.E.C.I.D.E model

3. Interdisciplinary Connection: Advisory Curriculum.

Daily Learning Objectives with *Do Now Activities*

Students will be able to...

- Examine the impact of alcohol, tobacco, and drug use on physical health, mental health, and social emotional health.**
- Analyze factors that influence choices around tobacco, alcohol, and other drug use.
- Differentiate decisions that are made involving drugs, alcohol, and other drug use.
- Demonstrate effective decision-making skills to resist peer pressure and avoid the use of alcohol, tobacco, and other drugs. **

Instructional Strategies/Differentiated Instruction

- Whole group instruction
- Checking for Understanding
- Demonstrations
- Handouts
- Video
- Peer Teaching
- Whiteboard with objectives, key terms/vocabulary
- Written feedback
- Think-pair-share and small-group discussions.
- Homework
- Word walls with visuals
- Small group instruction

Unit 2: Substance Use Prevention
7th Health Education
6 Class Meetings

Assessments

FORMATIVE ASSESSMENTS:

- Do Now
- Student discussions and responses
- Exit Slips
- Accountable Talk Discussion
- Homework

SUMMATIVE ASSESSMENTS:

- Quiz on EU 1 and EU 2
- Performance Task- Movie Scene

Unit Task

Unit Task Name: Public Service Announcement

Students will create their own “PSA” that involves describing negative effects of drug use (E1), as well as decision making and refusal skills (E2). Students are to present to the class with their partner. Students have the choice of how they would like to present (Film, Google Slides, Prezi, Skit in class, etc.)

Description: Evaluation: Summative Assessment and Future Rubric in 2021-2022 school year

Unit Resources

- CDC- Substance Abuse
- National Institute of Drug Abuse
- Drug Abuse.gov