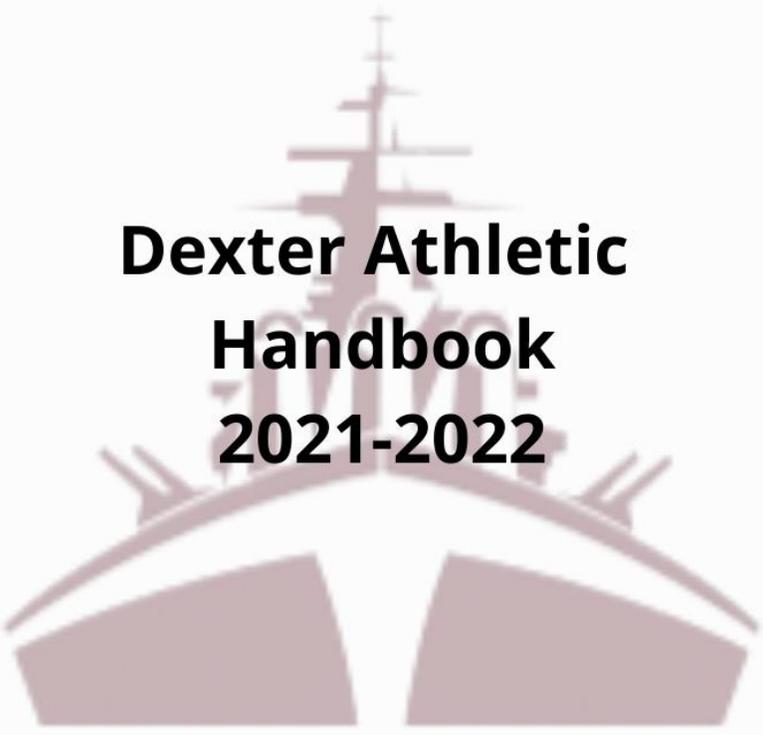


# Dexter Athletics

R I S I N G T I D E



## **Dexter Athletic Handbook 2021-2022**

# Dreadnaught Supporters

On behalf of the athletic department, we would like to welcome you to the world of athletics at Dexter High School. We along with thirteen other schools are member of the Southeastern Conference (SEC). This conference is divided into two divisions.

## 2021-2022 School Year

<b>Red</b>	<b>White</b>
Bedford	Adrian
Dexter	Chelsea
Huron	Jackson
Lincoln	Pinckney
Monroe	Tecumseh
Pioneer	Ypsilanti
Saline	
Skyline	

Dexter High School offers twenty-five Varsity sports and three club varsity sports.

<b>Fall</b>	<b>Winter</b>	<b>Spring</b>
Cross Country, Boys & Girls	Basketball, Boys & Girls	Baseball
Equestrian*	Competitive Cheer	Golf, Boys
Dance*	Dance*	Lacrosse, Boys & Girls
Football	Ice Hockey*	Soccer, Girls
Field Hockey	Swim & Dive, Boys	Softball
Golf, Girls	Wrestling	Tennis, Boys
Sideline Cheer		Track & Field, Boys
Soccer, Boys		Track & Field, Girls
Swim & Dive, Girls		Water Polo, Girls
Tennis, Boys		
Volleyball		
Water Polo, Boys		

We have enclosed information that is pertinent to the understanding, development, performance, dedication, commitment and the educational value of high school athletics at Dexter High School. Before your children embark on their athletic career at our school, please read through this handbook. Should you have any remaining questions or concerns, please feel free to contact the Dexter Athletic Department at (734) 424-4170 during the typical school day, or access our high school website at [www.dexterschools.org](http://www.dexterschools.org) or our athletics website at <http://dexterathletics.com/>

The success of the Dexter Athletic Department depends on the shared responsibility of the students, staff, parents and the Dexter community. Your child, and the support you provide are what makes Dexter athletics possible. We are excited about the future of our athlete program and encouraged and motivated by Dreadnaught pride and tradition. We wish you the very best, both academically and athletically, for success at Dexter High School.

### **DHS Athletic Governing Bodies**

Dexter Community Schools operates under the guidelines of the Michigan High School Athletic Association (MHSAA) and the Southeastern Conference (SEC), which utilizes National Federation High Schools (NFHS) rules.

### **Mission**

The Dexter Athletic Department considers athletics to be an integral part of the Dexter learning community and thus follows and honors the Dexter Community Schools overall institutional mission. Our commitment to excellence implies that the Dexter Athletic Department will provide exemplary leadership, appropriate facilities and support services to allow its student-athletes to compete at the highest level of interscholastic competition and to reach their educational and athletic objectives.

### **Middle School Athletic Mission**

Dexter Community Schools and the Southeastern Conference believes students need to be able to explore athletics at the age where they are learning about themselves and their abilities. The 7th and 8th grade athletic experiences should serve as a time of exploration and discovery as student athletes participate in interscholastic sports for the first time.

The SEC encourages equal playing time for Middle School student athletes and has rules governing playing time in some sports. We attempt to give students the opportunity to develop their skills in a sport by maximizing both practice and game time.

Hard work, sacrifice, and desire are the keys to success in sports and in life. These components of success are encouraged and developed in our athletic programs.

### **Vision**

Dexter athletics seeks to connect athletic programs, coaches, and student-athletes with the community of Dexter with an unwavering focus on team, student-athlete experience, character development and collective greatness.

### **Participation Fees**

Dexter Community Schools charge a participation fee for all sports with the exceptions of the three club sports (Dance, Equestrian, and Ice Hockey, which remain self-funded)

High School Athletic Participation Fee: \$250 per sport

Middle School Athletic Participation Fee: \$150 per sport

Family Maximum: \$1000, club sports not included

Payments should be made at: [Dexter Athletic Participation Fee](#)

There are financial scholarships available. The link below is the Dexter Athletic Scholarship Form. The scholarship form should be sent directly to Mike Bavineau: [bavineaum@dexterschools.org](mailto:bavineaum@dexterschools.org)

Dexter Athletics Scholarship Form: [Athletic Scholarship Application](#)

## **HParent/ Guardian Code of Conduct**

We believe athletics will contribute significantly to the overall development of your student. As with academics, parental involvement in these programs helps ensure a quality experience for all concerned. Athletic Administration encourages you to be an active participant in the following ways:

- \* Encourage good sportsmanship by being a positive role model.
- \* Do your best to make athletics a positive experience for everyone involved (Athletes, Staff, Etc)
- \* Treat others participants, coaches, officials and fans with respect
- \* Reinforce the school's substance abuse policies and refrain from the use of alcohol and drugs
- \* Do your best to understand and appreciate the rules of the contest.
- \* Be a "Team" fan, not a "my child" fan.
- \* Importance of skill development, both sport specific and in life
- \* Talk to the coach at the appropriate time and place
- \* Your ticket to an athletic event, provides you with the privilege of observing the contest.
- \* Understand the ultimate purpose of educational athletics.
- \* Athletics exists as an integral part of the total education's mission and participation in athletics is a privilege.

### **Communication you should expect from our coaches:**

- Philosophy of the coach
- Location and times of all practices and contests
- Team/ Player requirements
- Discipline that may result in denial of participation

### **Issues appropriate to discuss with coaches:**

- Treatment of your child, mentally and physically
- Ways in which your child can improve
- Academic support and college opportunities

Communication can and should start with the student-athlete. Our coaches are professionals. They make judgements based upon what they believe to be in the best for all student-athletes involved. Certain things can and should be discussed with your child's coach. Other items should be left to the discretion of the coach. They are:

- Team strategy/substitutions
- Play calling
- Other students/ athletes

## **Proper Protocol**

Some situations may require a conference between coach, player and parent. These are encouraged. Both parties involved must have a clear understanding that coming to a resolution is in the best interest of the team and individual.

- Adhere to the 24-Hour Rule. Please do not confront a coach before or after a contest or practice.
- Contact the coach to set an appointment.
- If after meeting with the coach, and the coach did not provide a satisfactory resolution, the next step would be to set up an appointment with the athletic director.
- The last step, if you feel the athletic director did not provide a satisfactory resolution, you may set up an appointment with the principal.

## **Student-Athlete Code of Conduct**

The following list highlights essential guidelines of the Dexter High School student activity Code of Conduct. The rules apply on a twelve-month basis throughout the student's high school career.

### **I. Athletic/Academic Eligibility**

\* The Dexter athletic academic guidelines require that a student-athlete must pass five out of six classes in order to remain eligible for full participation.

\* If student fails to meet the Dexter athletics academic eligibility requirements, a student will be placed on academic probation: Any student athlete who is failing a class or has multiple D's during grade check will be asked to work with a Travel Card; this will allow the student athlete to remain eligible to participate in contests and practice. Travel Card is a weekly progress report. If eligibility requirements fall below DHS academic standards the student athlete will be required to use the travel card for the remainder of their season.

\* MHSAA guidelines require that a student athlete must pass four out of six classes.

\* Student-athletes who fail to meet MHSAA Academic requirements at the end of the semester will be ineligible for 4 ½ weeks.

#### **DHS Academic Grade Checks:**

##### **First Semester**

October 8<sup>th</sup>, November 12<sup>th</sup>, December 17<sup>th</sup> and January 28<sup>th</sup>

##### **Second Semester**

March 4<sup>th</sup>, April 15<sup>th</sup>, May 13<sup>th</sup> and June 22<sup>nd</sup>

### **II. Alcohol and Substance Abuse**

Use, possession, attempting to possess, concealment, distribution, sale, or being under the influence of the following is prohibited:

- Tobacco/ Tobacco products in any form
- Alcohol/ Alcoholic beverages in any form
- Illegal or unauthorized drugs including, but not limited to, those substances defined and "controlled substance" pursuant to federal and/or state statute.
- Steroids, human growth hormones, or other performance-enhancing drugs

#### **Penalties for Substance Abuse**

These guidelines supplement and do not supersede or modify the District's Student Code of Conduct, with which all students are expected to comply. Violations of the Student Code of Conduct may result in suspension or expulsion from school, and would also affect a student's eligibility to participate in extra/co-curricular activities.

##### **First Violation**

Any student-athlete in violation of the substance abuse policy will be withheld from competition for two consecutive weeks (14 days) or two contest whichever is greater from the date of the decision.

##### **Second Violation**

A second violation, suspension for six consecutive weeks (42 days) of competition or six athletic contests whichever is greater. The student will also be required to receive a full assessment by a trained professional and follow the recommendation.

##### **Third Violation**

The student will lose eligibility for participation in athletics for one full year.

**THESE OFFENSES WILL BE CUMULATIVE THROUGHOUT THE STUDENTS HS CAREER.**

### **III. Gross Misconduct**

Student shall not engage in acts of gross misconduct including, but not limited to behavior which is addressed in the student handbook such as acts of theft, vandalism, assault, sexual misconduct and gross disrespect that brings embarrassment to Dexter Athletic Programs. Violations will be dealt with on an individual basis, and penalties will range from administrative intervention to exclusion from athletic activity participation.

### **IV. Suspension from School**

Any student-athlete, who is suspended from school for violations of the Dexter High School Student Code of Conduct, will be ineligible to participate in practices, competitions, or any extra-curricular team activities for the duration of the suspension.

### **V. Attendance Requirements**

- Student-athletes are expected to be in school all hours in order to participate. Exceptions would be doctor/dentist/orthodontist appointment, school sponsor activity, or college visit. Approval from the athletic department is advised if unsure if absence is excused.
- No athlete will be permitted to practice or play in game, contest, or event if absent for any part of that school day unless excused by athletic director or designee.
- Truancy: when a student-athlete has been deemed "truant" by a school administrator, the athlete will not be allowed to practice or compete in the next competition following the reported truancy.
- Multiple unexcused absents can be subject to attendance infractions.

### **Training Rules Violations**

The importance of the Code of Conduct should be apparent to everyone. If a student athlete is reported in violation of these rules; the case will be investigated by one or more of the following Coach, Athletic Director, Principal/Assistant Principal and/or HR Director.

- Practice/game suspensions may result from infractions of school and coach's expectations
- Length of suspension will be determined by the severity of the infraction
- Repeated violations may result in the athlete's removal from the team.

### **Due Process**

- Athletes and parents will be notified of the charges and particulars of the case.
- Athletes has a right to a hearing with the "Board of Athletics Appeal Committee"
- Request must be made 24 hours after notification of violations

### **Student-Athlete Sportsmanship Expectations**

- \* Accept and understand the seriousness of your responsibility and the privilege of representing your school and community.
- \* Live up to the standards and sportsmanship established by the school administration and staff
- \* Learn the rules and regulations of the game thoroughly
- \* Treat opponents the way you would like to be treated. Who better understands all the hard work and team effort that is required of your team?
- \* Refrain from taunting, or making derogatory remarks to your opponents, before, during and after the contest.
- \* Comments of ethnic, racial divisive messages and/or sexual nature will not be tolerated by Dexter High School and athletics.
- \* Respect the judgement and integrity of game officials
- \* Win with humility and lose with grace

### **Dexter Athletic Honors**

The Dexter Athletic Department is proud to recognize student-athletes with the following athletic awards. Upon completion and in good standing with the team, the student-athlete may receive one of the following awards.

**Varsity Athlete** - A Varsity certificate and pin. A Varsity "D" letter for their varsity jacket one time  
- A sport pin will be given for every "varsity letter" earned.  
- A varsity letter/pin is determined by each individual program/coach

**SEC Scholar Athlete** - Scholar athlete is awarded to seniors who have a cumulative GPA 3.25 or above.

**DHS Scholar Athlete**- A certificate and pin is earned by carrying a 3.25 GPA or above for the semester with which the student's sport is played. Scholar athlete can be earned twice a year. Fall sports after first semester. Winter and Spring sports after second semester.

**Jr. Varsity Athlete** - A Jr. Varsity Certificate

**Freshman Athlete** - A Freshman Certificate