

**Mount Greylock Regional School District School Committee**

**Location:** MGRS Meeting Room A109  
1781 Cold Spring Road Williamstown, MA 01267

**Date:** October 10, 2019

**Time:** 2 PM

**Special Session Agenda**

- I. Call to order
- II. Twilight Invitational MG Girls' Cross Country overnight field trip **VOTE**
- III. Motion to adjourn

**From:** Hilary Greene <[hgreene@williams.edu](mailto:hgreene@williams.edu)>

**Sent:** Thursday, October 3, 2019 8:46 PM

**To:** MacDonald, Mary <[mmacdonald@mgrhs.org](mailto:mmacdonald@mgrhs.org)>; von Holtz, Lindsey <[lvonholtz@mgrhs.org](mailto:lvonholtz@mgrhs.org)>; Jenna Dickinson <[jenna@brainspiral.com](mailto:jenna@brainspiral.com)>; Christian Malone <[chrismalone58@gmail.com](mailto:chrismalone58@gmail.com)>

**Subject:** Twilight Invitational

Hi Mary,

I am writing to ask for your permission for the varsity members of the girls' cross country team to participate in the Bob McIntyre Invitational on October 19th. You may remember that our team had an unbelievable experience last year and came home as the Division II Champions.

Our team is 100% about inclusivity and values every member of the group regardless of ability. If it was logistically possible to bring the whole group along, we would love to do it, but given the nature of the event, it is only feasible to limit the numbers to our varsity runners.

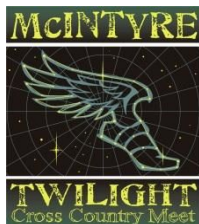
This race is special for several reasons. It enables our runners to scout out and compete against teams that they will be facing at the State Championships later in the season. You may not know this, but the early season MSTCA poll had the MG girls ranked number one in the state. This is a major goal for the girls, and it will be great for them to "test the waters" at an event where there is no pressure or expectations.

Yes, there are other invitationals out there, but this one takes place at night with fairy lights along the course. The runners actually run through a barn with cows in it. It is a lovely unique experience that enables the kids to run with a sense of joy and unity. The course is fast. Last year we had many PRs which gave the girls a great deal of confidence heading into the championship season.

Finally, the opportunity for these girls to bond and experience this together is unparalleled. Our team has always been unique in that we have middle school athletes and upperclassmen comprising our varsity crew. It is important for them to spend time together outside of the routines of training and racing so that they come together as a strongly united group who care to do their best for their teammates. Last year's participants returned with a renewed sense of team, competitiveness, and motivation that extended to the entire team.

Thank you so much for considering this request and potentially affording these girls this opportunity to bond and grow.

Best,  
Hilary



# 9<sup>th</sup> Annual Bob McIntyre Twilight XC Invitational

Meet Sponsors:	Marathon Sports Saucony	Place:	Cape Cod Fairgrounds
Sanctioned by:	MIAA	Sponsored by:	Dennis Yarmouth Regional HS
Meet Director:	Jim Hoar	Email:	<a href="mailto:hoarj@dy-regional.k12.ma.us">hoarj@dy-regional.k12.ma.us</a>
Dates:	October 18, 2019 (D1) October 19, 2019 (D2)	Time:	October 18 <sup>th</sup> 5:00 pm October 19 <sup>th</sup> 5:00 pm
Rotation for Friday Races:	2019 – Division 1	2020 – Division 2	2021 – Division 1

Sanctioning for the following states has been approved and athletes from member schools are allowed to compete in this invitational: Massachusetts, Rhode Island, Connecticut, New Hampshire, New York, and Vermont. Out of state teams will be notified of their division placement by the meet director.

Division 1 – MIAA Schools and non-Massachusetts schools: 1,050 or greater 9-12 students  
 Division 2 – MIAA Schools and non-Massachusetts schools: 1,049 or fewer 9-12 students

This threshold has been created to allow for a similar number of racers to compete each night. Schools needing to switch their race date must petition the Meet Director a minimum of 10 days prior to the meet.

## Order of Races

5:00 pm	Freshman Girls – 2.1 miles
5:25 pm	Freshman Boys – 2.1 miles
5:45 pm	Sophomore Girls – 5K
6:15 pm	Sophomore Boys – 5K
6:40 pm	Junior Varsity Girls – 5K
7:10 pm	Junior Varsity Boys – 5K
7:35 pm	Varsity Girls – 5K
8:00 pm	Varsity Boys – 5K

**TIME LIMITS** With 8 races in a short time period, the MSTCA must follow a strict time schedule. Therefore, we are unable to time athletes who cannot meet the following standards for their race - the clock will be off, but the chute will still be open. These limits are established/reviewed by the MSTCA XC Committee each year.

<u>Girls</u>		<u>Boys</u>	
Varsity:	26 minutes	Varsity:	22 minutes
Junior Varsity:	28 minutes	Junior Varsity:	25 minutes
Sophomore:	28 minutes	Sophomore:	25 minutes
Freshman:	19 minutes	Freshman:	17 minutes

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**Awards** Medals to finishers 1-25 in each race. Medals will be distributed in the chute.

Plaques to the Top 3 Teams in the Varsity Races only.

Robert Glennon Award earned by the school with the lowest combined total team time from both the girls and boys varsity races. Award is given each night.

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### **Entry Information and Limits**

- Up to 7 athletes may be entered in each of the Varsity races. Coaches are **not** required to enter any athletes in the Varsity races.
  - Up to 10 athletes may be entered in each of the Junior Varsity races. This restriction is strictly enforced in order to maintain a safe racing environment for the athletes.
  - An unlimited number of athletes may be entered in the Sophomore and Freshman races, but all athletes should be able to meet the time limit standards posted above.
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**Entry Deadline**            **Monday , October 14, 2019**

All entries are done on [www.directathletics.com](http://www.directathletics.com).

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### **Late Entry Policy**

If a school misses the Monday deadline, the coach must contact and receive permission from the Meet Director to enter.

October 15: Late entry fee is \$50 per single gender team

October 16: Late entry fee is \$100 per single gender team

After October 16, no entries will be accepted. Late fees must be paid before your team is allowed to compete.

**Entry Fees:**     **\$21** per individual  
                          **\$205** max per sex/per school (**\$385 maximum per school if both b/g attend**)

Each school must notify the MSTCA's Finance Officer at [mstca.billing@gmail.com](mailto:mstca.billing@gmail.com) of its payment plan for the entry fees prior to the day of the meet.

\*\* If a school is using the MSTCA's Single Payment method, the school should notify the MSTCA via email and include any Purchase Order number which is attached to the Single Payment.

\*\* If a school is paying with a Purchase Order for this meet only, the school should notify the MSTCA of the PO number via email.

\*\* If a school is paying by check in advance, the school should mail the check to the address listed below and notify the MSTCA via email.

\*\* If a school is paying by check on the day of the meet, the school should notify the MSTCA of this intent via email.

Please make checks out to **MSTCA** and mail to:

MSTCA  
c/o Twilight Invitational Entries  
956 Turnpike Road, Unit D  
Canton, MA 02021

**MSTCA Tax ID # 04-3394224**

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**MSTCA Single Waiver** Each school must have their Principal and/or AD sign and accompany a team roster and must be submitted to MSTCA President Jim Hoar, 31 Campion Road, Yarmouthport, MA 02675 by September 18, 2019. Forms/Rosters may also be sent electronically to [hoarj@dy-regional.k12.ma.us](mailto:hoarj@dy-regional.k12.ma.us). See below or visit [www.mstca.org](http://www.mstca.org) for a copy of the waiver.

#### **ADDITIONAL NOTES**

- No grills, fires, or cooking is allowed at the Cape Cod Fairgrounds
- No dogs or other animals are allowed on the fairgrounds
- Remind your spectators that there is a \$5/adult entry fee to help support MSTCA College Scholarship Fund.
- All tents must be WEIGHTED & SECURED
- NO DRONES are allowed at any MSTCA events.



Mount Greylock Regional School District  
1781 Cold Spring Road  
Williamstown, MA 01267  
(413) 458 - 9582  
www.mgrhs.org

### OVERNIGHT SCHOOL ACTIVITY TRIP REQUEST

Group(s): Mt. Greylock Girls Cross Country  
Advisor: Hilary Greene  
Date(s): October 19-20  
Event: Bob McIntyre Twilight Invitational (see attached)  
Event Location: Falmouth, MA  
Purpose: Scout/Preview States' competition, team-bonding (night race), opportunity to defend title

#### Requirements:

- Attach list of Students (Include Grade) #: 10-16
- Include list of Adults/Supervisors (Include Position) #: 3-6
- Provide Advisor with Medical/Emergency Information for each student.

#### Additional Information:

- School days/periods missed: 0
- Distance from MG: 200 miles
- Cost per student: \$21 entry fee plus meals
- Method of Funding: Self-funded by coaches & parents

Coach: Hilary Greene Date: 10/03/2019

Co-Curricular Director: L. van H. Oth Date: 10/3/19

*\*Coaches have access to student medical and emergency contact information. -LH*

#### School Nurse Supervision Review

School Nurse Signature: \_\_\_\_\_

Nearest Medical Facility to Destination: Falmouth Hospital, 100 Ter Heun Dr, Falmouth, MA 02540

#### Signatures below denote approval

Principal: M. MacDonald Date: 10-4-19

Superintendent: \_\_\_\_\_ Date: \_\_\_\_\_

School Committee Chair: \_\_\_\_\_ Date: \_\_\_\_\_

*Mary Ellen Trannissey DMS, RN 10/7/19*

**Twilight Invitational Participant List:**

Jackie Wells (11) — *carries MDI*  
Kate Swann (10) ✓  
Ceci Malone (8) ✓  
Grace Malone (8) ✓  
Erin Keating (8) ✓  
Lily McDermott (8) ✓  
Ainsley Abel (9) ✓  
Hazel Scullin (11) ✓

Miriam Bakija (12) ✓  
Sophia Mele (10) ✓  
Sarah Polumbo (9) ✓  
Juliann Lawson (10) ✓  
Elizabeth Dupras (11) *Allueterol / florent*  
Fiona Williams (11) — *hx. seizures - on meds 2013*  
Annie Art (9) ✓  
Juliet Kornell (9) ✓

This is a comprehensive list of the full varsity team. The final numbers and participants will be some combination of the above based on athlete's schedules and availability.

**Adults/Chaperones:**

Hilary Greene, Coach

Chris Malone, Coach

Andrea Malone, Parent

Karin Stack, Parent\*

Lauren Preston-Wells, Parent\*

Rebecca Kamp, Parent\*

Pending need/availability

**Transportation will be provided by the coaches and parents listed above (all of whom have been CORIED by the school). The team will be staying overnight after the race on the 19<sup>th</sup> at Ainsley Abel's family's home located in Falmouth, MA approximately ten minutes from the race venue.**