

MIDDLE SCHOOL 2021-22 CYCLE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	
8/16 9/13 10/11 11/8 12/6	Popcorn Chicken Bowl Grain Choice# Mashed Potato & Gravy Sliced Cling Peaches Fruit Roll up <u>Alternate Monday Entrée Choices:</u> Coming Soon!	Taco Day * Beans & Cheese Lettuce & Salsa Warm Fruit Crisp <u>Alternate Entrée Choices:</u> Coming Soon	Big Daddy's Pizza Broccoli Salad or Fresh Carrots Mixed Fruit Cup <u>Alternate Entrée Choices:</u> Coming Soon	Garlic Penne Pasta w/Marinara Cheese Stick Seasonal Steamed Broccoli Fresh Fruit <u>Alternate Entrée Choices:</u> Coming Soon	Old Fashion Grilled Cheese Veggie of the Day Fresh Fruit Choice Treat <u>Alternate Entrée Choices:</u> Coming Soon!	1/6 1/31 2/28 4/4 5/2
8/23 9/20 10/18 11/15 12/13	Dog Day # * On a Bun Baked Beans Seasonal Fruit Treat	Quesadilla Day Spanish Rice Veggies Ole' Diced Peaches Mini Churro	Tony's Pizza Romaine Salad Or Fresh Veggie Cup Applesauce Cup	Orange Chicken w/Veggie Stir Fry Green Beans Juicy Fresh Fruit Fortune Cookie	French Toast w/ Sausage or Bacon Oven Potatoes 100% Juice Cup	1/10 2/7 3/7 4/11 5/9
8/30 9/27 10/25 11/22 12/20	Chicken Patty Grain Choice # Sweet Corn Chilled Pears Treat	Loaded Nachos ^ Lettuce & Salsa Refried Beans Fruit Choice	Wild Mike's Pizza 7 Layer Salad Or Carrot Sticks Orange Slices	Pasta Day * Garlic Toast Steamed Fresh Broccoli Fruit Choice Treat	Pancake Day ^ Bacon Potato Choice "Fruit Du Jour"	1/19 2/14 3/14 4/18 5/16
9/6 10/4 11/29	^Bacon-Cheeseburger Whole Grain Bun Oven Baked Sweet Potato Fries Fruit of the Day Treat	Fiesta Day * Beans Ole' Lettuce & Salsa Tropical Pineapple	Big Daddy's Pizza Ranch Veggie Salad Or Veggies and Dip Mandarin Pears	Chicken Parmesan Sandwich Grain Choice # Steamed Broccoli Fresh Fruit Treat	Build your own Breakfast w/~Sausage or Bacon Baked Hash Browns 100% Fruit Juice <u>8/19/21</u>	1/24 2/21 3/21 4/25 5/23

Lunch Cost Zero! Free for all students!! Lunches Feature:
 Entrée Choice, 3-4 Fruit and Vegetable Choices, 8 oz. of Chilled Nonfat White & Chocolate, Low fat white Milk.
 Extra milk .55 or Free! If your child takes two offered Fruit and/or Veggie items ©
 Key: #Whole Grain *Beef ~Pork ^Turkey

The National School Lunch Program is available to all children without regard to race, color, national origin, age or handicap
Menu Subject to Changes!