



Parent/Guardian Meeting

Fall 2021

Schedule

- 6:00pm – Guest Speaker
 - Tomm Evans – Positive Coaching Alliance
- 6:30pm – Jason Stroup
 - LMHS Specific Sports Info
- 7:00pm – Head Coaches
 - Individual Sport Meetings



Activities/Athletic Office

Jason Stroup– Activities/Athletic Director
stroupj@lmsd.org or 610-645-1821

Kerry Connolly– Assistant Athletic Director
connolk@lmsd.org

Sara Campbell – Assistant Athletic Director
campbes@lmsd.org

Kim Shalon – Secretary Activities/Athletics
shalonk@lmsd.org or 610-645-1820

Jimmy Chimekas – Sports Aide



Athletic Trainers

Jason Luty lutyj@lmsd.org or 610-645-1816

Marlie Doriston

New Assistant Trainer will be starting soon.



Communication Tools

- Coaches/Office will use school email addresses
- **No longer use text messaging**
 - Use “Remind” <http://www.lmsd.org/remind>
- Some teams use school district Blackboard
- [Athletics Website](#) and [Athletics Youtube](#)
- Twitter - @LMathletics
- Hudl

Hudl

- Used by the athletic program for film and creating student highlight tapes
- Used as team communication tool
- Disclosure will be coming from athletic office

Character

- Most important part of our programs
- Representation
 - Yourself, Family, School, Community
- Golden Rule
 - Treat others as you want to be treated.



Wellness



- Nutrition/Hydration
- Rest
- Sleep
- Skin Care
- Head Injury/Concussion
- Sudden Cardiac Arrest
- Screenings by Athletic Trainers
 - Impact
 - EyeGuide
- Report injuries to Coaches and Athletic Trainers

Student-Athlete



- Academic Eligibility
 - Must maintain at least 1.5 GPA in major classes
 - No more than 1 F in any class
 - Checked every Friday
 - Last year's final grades can impact your eligibility
 - Questions – please see Mr. Stroup
- Attendance
 - Must be at school by 9:30am to participate in athletics
 - Exceptions – excused absences/early dismissals/excused lateness



COVID-19 Information

- Masking (Indoors and Buses Only)
 - Student-athletes and coaches are required to wear a mask.
- Testing – TBD – Most likely will test Fall Athletes
- Locker Rooms -
 - Use to store equipment and change
 - Do not use the locker room as a place to socialize
 - Students must provide locks

COVID-19 Information



- Personal Equipment
 - Should not be shared
 - Examples – Towels, gloves, uniform, etc.
- Water
 - Bring your own water bottle
 - Fill stations may be available
- Hygiene
 - Wash hands or use hand sanitizer before and after practice
 - Shower when you get home from practice/competition
 - Wash game/practice clothing

Parking/Community

Parking

- LMHS front or back lots
- No parking at stadium or admin lot

Entering the Stadium Complex

- Please use the Montgomery Ave. entrance.

Crossing Montgomery Avenue

- Wait for the walk signal
- Cross traffic does not stop
- Cross the street on the side of District Administration Building



Parent/Guardian and Coach Protocol (1)

Communication you should expect from your child's coach:

- Expectations the coach has for your child as well as all the players on the squad.
- Locations and times of all practices and contests.
- Team requirements, i.e., practices, special equipment, out-of-season conditioning.
- Lettering Policy.
- Discipline that may result in the denial of your child's participation.
- Procedures for contacting coaches.

Communication that coaches should expect from parents/guardians:

- Concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance.

Appropriate concerns to discuss with coaches:

- The treatment of your child.
- Ways to help your child improve.
- Your child's attitude, work ethic and eligibility.
- Concerns about your child's behavior.



You may become concerned that your child is not playing as much as you may hope. Coaches are professionals. They make decisions based on what they believe to be best for all students involved. Clearly, certain aspects of participation can and should be discussed with your child's coach.

Parent/Guardian and Coach Protocol (2)

Issues not appropriate to discuss with coaches:

- Playing time of any student-athlete.
- Team strategy, technique, practice-organization, or play selection.
- Other student-athletes.

There are situations that may require a conference between the coach and the parent/guardian, and this is encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issues or concern.

Procedures to follow if there is a concern to discuss with a coach:

- Please encourage your child to speak directly with the coach. Often, concerns can be resolved at this level.
- Contact the coach to set up an appointment.
- If the coach cannot be reached, contact the high school athletic director. He/she will assist you in arranging a meeting.
- Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent/guardian and the coach. Meetings of this nature do not promote resolution of concerns.
- If the meeting with the coach did not provide a satisfactory resolution, call to schedule an appointment with the athletic director to discuss the situation.

New Students to LMHS

- New 10th, 11th, and 12th grade students to LMHS – Please see Mr. Stroup
 - Need to have PIAA transfer paperwork meeting with Mr. Stroup and Parents/Guardians.



Individual Sport Meetings

- Cheerleading - 102
- Boys XC - 123
- Girls XC - 124
- Field Hockey - Library
- Football - LGI
- Golf - 105
- Soccer Boys - AUD
- Soccer Girls - CAFE
- Tennis - 107
- Volleyball – Main Gym
- Water Polo - 106

