

PERSONAL, SOCIAL, HEALTH AND ECONOMIC EDUCATION (PSHEE) POLICY

Reference to other School Policies. This policy should be read in conjunction with the School policies listed below

- Tonbridge School Ethos and Aims
- Statement of Boarding Principles
- Safeguarding and Child Protection Policy
- Relationship and Sex Education Policy
- Acceptable Use of Computers (Boys) Policy
- Alcohol and Smoking Policy
- Anti-Bullying Policy
- Behaviour, Rewards and Sanctions Policy
- Conduct of Tonbridge Sport
- Cyberbullying Policy
- Discrimination and Equal Opportunities (For Boys) Policy
- Disabled Persons (The Treatment Of) Policy
- Drugs Policy
- EAL Policy
- Independent Listener Policy
- Medical Policy
- Online Safety Policy
- Pastoral Care Policy
- Provision of Food for Boys with Particular Cultural or Medical Dietary Requirements Policy
- SMSC Development of Boys Policy
- The Prevent Duty at Tonbridge School Policy
- Guidance about the use of Supplements
- Philosophy of Care

INTRODUCTION AND OBJECTIVES

Tonbridge School aims to provide a caring and enlightened environment in which the talents of each individual flourish. We encourage boys to be creative, tolerant and to strive for academic, sporting and cultural excellence. Respect for tradition and openness to innovation are equally valued. A well-established House system at the heart of the School fosters a strong sense of belonging.

Tonbridge seeks to celebrate its distinctive mixture of boarders and day boys, as well as the contribution of our international students; this helps to create a unique broadening and deepening of opportunity. Ensuring an effective PSHEE and Citizenship Programme is in place promotes wellbeing, a healthy, fulfilled and responsible lifestyle, and strengthens emotional intelligence. Above all it promotes informed and positive decision making, whilst encouraging respect for other people, as well as teaching boys to celebrate difference, especially in respect to race, religion, sexual orientation, gender, special educational needs, disability and family dynamics.

We want boys to enjoy their time here, but also to be made aware of their social and moral responsibilities. Tonbridgians should feel safe whilst at Tonbridge, being able to confidently handle the challenges of adolescence and enter into the adult world with the knowledge and self-belief to fulfil their own potential and, in many cases, to become leaders in their chosen field. Equally, we hope to foster a life-long empathy for the needs and views of others by encouraging the exploration of, and exposure to other belief systems, issues of prejudice and tolerance, and seeking opportunities to

explore spiritual and moral issues across the curriculum. We want to ensure that boys are aware of the dangers that other people pose, including the challenges of extremist views and ideologies. PSHEE is one of a number of vehicles used to increase the awareness amongst boys of the Safeguarding responsibilities of the School and for boys to develop a better understanding of their views and beliefs so that they can develop resilience against extremism and be confidently able to defend their point of view.

As well as the PSHEE programme, the School also recognises that the House system plays a central role in supporting the development of many of the aims of the PSHEE programme, which in turn reflect the Ethos and Aims of the School. The effectiveness of this House system is enhanced by a range of additional supporting structures and opportunities such as:

- A robust student voice agenda for School as well as House issues;
- Participation at all levels in sporting and creative competitions;
- Having a strong safeguarding culture at the School;
- Providing a caring and efficient medical service, primarily to boarders;
- Promoting the role of the School Counsellor to the whole School community;
- Engaging boys with the principle of social responsibility and their contribution to the wider community via Tonbridge Community Action, community days and other initiatives.

PSHEE AND CITIZENSHIP DEFINED

In an increasingly competitive and stressful world subject to social tension and division, with a potentially unhealthy bias towards individualism and materialism, our mental, physical and spiritual health are being challenged. In response to this, we recognise the huge importance and need to educate and prepare our boys for these challenges at a more personal level.

Personal, Social, Health and Economic Education (PSHEE) provides a vital foundation for Tonbridgians in preparing them for adult life. It is important in combating potential social exclusion and disaffection, and equips young people with the skills and attitudes needed to react positively to the pressures of modern life. We want our boys to lead confident, healthy and responsible lives as individuals and members of society.

PSHEE is delivered over a broad range of activities and experiences at the School, and covers the following areas:

- Social integration;
- Respect for others and Anti-bullying (including cyberbullying);
- Contact with the Police (including understanding the risk posed by other people);
- Relationships and Sex Education (including Youth Produced Sexual Imagery);
- Families and other committed, stable relationships;
- Drugs education including alcohol and smoking cessation;
- Safety (including Online-Safety and Safeguarding);
- Basic First Aid;
- Positive relationships including pornography;
- Emotional health and wellbeing;
- The role of public institutions including the role the Magistrates;
- Building resilience from extremism and radicalization;
- Public service and community action;
- Nutrition and physical activity;
- Personal finance;
- Economic well-being and financial capability;
- Citizenship, British values, rights and responsibilities;
- Physical health;
- Cancer;

- Mental health;
- Attitudes towards women;
- Anthropology (addressing the 2010 Equality Act);
- Diversity (addressing the 2010 Equality Act); protecting Characteristics including linguistic background.

In addition, the PSHEE programme reflects the ethos and aims of the School, and we aim to provide opportunities for boys:

- To be creative;
- To be tolerant;
- To be innovative;
- To be aware of their social and moral responsibilities;
- To continually strive for excellence in all they do;
- To develop the knowledge, self-knowledge and self-belief to be able to make safe and informed decisions;
- To have empathy for the needs and views of others.

The knowledge, skills and understanding that the PSHEE curriculum needs to deliver are:

- Confidence and responsibility, and making the most of their abilities;
- Developing a healthy, safe lifestyle;
- Developing good relationships and respecting the differences between people.

Citizenship education is about helping young people understand the rights and responsibilities they have as members of society and has these key concepts:

- Democracy and justice;
- Rights and responsibilities;
- Identities and diversity.

Citizenship gives boys the knowledge, skills and understanding to play an effective role in society. It helps them to become informed, thoughtful and responsible citizens aware of duties and rights. It also promotes their spiritual, moral, social and cultural development, making them more self-confident, and encourages boys to play a helpful part in the life of their School, community and world.

PSHEE AND CITIZENSHIP – OUR APPROACH

Boys

Through our programmes of PSHEE and Seminar, we encourage boys to get involved, empathise, reflect upon and then challenge different and polar views. Starting with our Anti-Bullying messages and running through our programmes is the message of respect for other people as identified by the 2010 Equalities Act. Our speakers come from a wide range of backgrounds, and may themselves have protected characteristics, which our boys are expected to respect: age, disability, gender reassignment, marital and civil partnership status, pregnancy and maternity, race, religion or belief, sex and sexual orientation.

Through the Assembly and Novi Wednesday Afternoon Activities programme for the Novi (Year 9), boys are introduced to idea that individuals can be radicalised. This introduction is then followed up in small group discussions led by Tutors. These discussions are supported by the use of powerful online resources such as <http://extremedialogue.org/#stories>. Tutors are encouraged to explore the

range of views that their tutees have and challenge intolerant views. Boys expressing radical views, whether considered serious or not by the Tutor will be relayed to their Housemaster, the Lower Master, the Deputy Head Pastoral and the Second Master for further discussion and risk assessment. Issues around radicalisation will be followed up in the Second Year Assemblies programme.

Tonbridge School's PSHEE programme explicitly and implicitly teaches British Values. We respect individual's rights and the role of the state. Visiting Magistrates teach boys about the role of the Courts. Talks on Citizenship explain everyone's Rights and Responsibilities as a Citizen of the UK and the World. (Saturday morning) Talks in Chapel explain the role and supremacy of Parliament and mock elections or referenda are held when appropriate. Second Year Tutors explain the separation of power and the accountability of the Police and Armed Forces. The Second Year PSHEE programme has talks to highlight the importance of the differences and similarities between people.

At Tonbridge, we engage the philosophy of a whole School approach to PSHEE and Citizenship. With the exception of Year 10, there are no timetabled lessons, so we utilise a wide range of forums and situations to ensure PSHEE and Citizenship education is delivered at the right time in the right way to the right audience.

PSHEE includes everything we do to promote boys' good health and well-being, and as such, can be seen at work throughout the School;

- academic curriculums (e.g. citizenship in history, the effects of smoking in Biology, speaking and listening in unfamiliar situations and to audiences beyond the classroom in English, sport, fitness and family relationships, poverty and immigration in modern languages);
- Chapel services;
- year group assemblies;
- fostering good sportsmanship;
- rigorous and close attention paid to pastoral care;
- specific PSHEE delivery (e.g. 'Life After Tonbridge' symposium for the Upper Sixth);
- practice of an effective anti-bullying strategy;
- experimental and forward-thinking strategies like our mindfulness programme and our leadership programme;
- wide-ranging speakers in the Seminar programmes;
- the clubs and societies programme.

Parents

We have also put in place a series of pastoral evenings and a pastoral conference for the parents of our boys. The programme covers issues surrounding the safe use of computers and ICT in general, the parenting of teenagers with particular reference to parties, sex and relationships, pornography, drugs, alcohol, exam stress, transition to university and the role of the School Counsellor.

The PSHEE Departmental Handbook demonstrates how this policy operates in practice and can be accessed, alongside resources on specific topics, via the PHSEE Departmental Firefly page.