

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of The Day	Potato & Leek	Creamy Vegetable soup	Carrot & Lentil Soup	Vegetable Broth	Cream of Chicken
Main Course 1	Chicken Korma with Turmeric Rice	Chicken Jalfrezi with Boiled Rice & Poppadum	Chicken Wrap Day	Cottage Pie with Country Veg	Crispy Battered Cod Fillet & Chips
Main Course 2	Pork Meatballs & Rice	Spaghetti Bolognese with Garlic Ciabatta	Pork Stir-Fry Noodles with Roasted Mixed Veg	Chicken & Broccoli Pasta Bake	Chinese Chicken Curry, Boiled Rice OR Chips
Vegetarian	Vegetable Pasta Bake	Cheese & Onion Quiche, House Salad	Courgette, Parmesan & Spinach Pasta	Tomato Pasta Bake	Macaroni Cheese