

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Cream of Mushroom	Vegetable Broth	Cream of Chicken	Tomato & Basil	Potato & Leek Soup
Main Course 1	Pasta Bolognese with Garlic Slice	Beef Stew with Crusty Bap	Chicken Wrap Day	Herby Meatballs	Crispy Battered Cod & Chips
Main Course 2	Chicken & Broccoli Bake & Cheesy Topping	Creamy Peppered Chicken & Rice	Chicken Tikka Masala with Spiced Rice & Poppadum	Margarita Pizza Slice & Oven Baked Waffles	Chinese Chicken Curry, Boiled Rice OR Chips
Vegetarian	Lentil & Chickpea Curry, Boiled Rice	Veggie Hoi Sin Stir Fry	Cauliflower and Broccoli Gratin	Veggie Burger	Chunky Vegetable Curry