

Allergic Reaction Emergency Action Plan

Students may experience a delayed allergic reaction up to 2 hours following food ingestion, bee sting, etc.

Does the student have any symptoms of a severe allergic reaction that may include:

- Flushed face?
- Dizziness?
- Seizures?
- Confusion
- Weakness
- Paleness?
- Hives all over body?
- Blueness around mouth, eyes?
- Difficulty breathing?
- Drooling or difficulty swallowing?
- Loss of consciousness?

NO

Symptoms of Mild Reaction

- Red, watery eyes
- Itchy, sneezing, runny nose
- Hives/rash in one area
- Not distressed

- Refer student to health office for assessment and treatment
- Adults supervising student during normal activities should be aware of the student's exposure and should watch for delayed symptoms of a severe reaction for up to 2 hours

YES

- Contact nurse or security if student is unable to walk to health office
- **Until help arrives:**
 - Administer EpiPen if available
 - Check student's airway. Look, listen, feel for breathing
 - If not breathing, initiate CPR
 - Send help to retrieve AED

- **Dial 911 for EMS assistance/ambulance**
- Follow instructions given by ambulance control staff
- Stay with the student; give reassurance if responsive
- Parent/guardian will be contacted
- School administration will be notified

While waiting for the ambulance:

- Continue CPR/AED use or rescue breathing as needed

EpiPen Directions:

- Pull gray cap off; follow directions on Pen
- Insert Pen into side of thigh (through clothing if necessary)
- Hold in place for several seconds or until a discharge is felt

AED Directions:

- Open lid to AED
- Turn machine on
- Follow directions provided by machine