

August 15, 2021



TVS Lower School Extracurricular Programs Fall 2021

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Online registration will open [HERE](#) on August 16 at 7:00 p.m.

Art Studio

Laura St. John, instructor

Let the creative juices flow! Students will gain experience with numerous art materials as they workshop their way through projects inspired by the creations of great artists or specific techniques. Maximum 15 students.

Grades 2-4 – Tuesdays, 3:45-4:45

Session II only: October 19 to November 30 (no class 11/23), \$70 (includes \$10 materials fee)

Bricks 4 Kidz

Tony and Ginger Justice, sponsors

After-School Classes for LEGO Enthusiasts! Students complete a new building challenge each week and can also enjoy creative LEGO® exploration time after the lesson. Bricks4Kidz offers different 6-week learning units each session. No repeats! Families will get weekly email summaries to discuss and explore after class. Every student builds a custom LEGO® mini-figure and takes it home to keep at the end of the session! (Students re-use project parts each week, so our building kits don't go home.)

Grade K – Wednesdays, 2:45-3:30 – Minimum 9 students required

Session I: September 8 to October 13, \$95

Session II: October 20 to December 1 (no class 11/24), \$95

Grades 1-4 – Wednesdays, 3:45-4:30 – Minimum 9 students required

Session I: September 8 to October 13, \$95

Session II: October 20 to December 1 (no class 11/24), \$95

Chess

Stephen Raveneau, instructor

Learn and practice the rules of chess through games and group instruction. All levels are welcome. Coach Raveneau comes to TVS with 15 years of experience teaching chess at several DFW schools and teaching private students. He started playing at age four and loves to share his knowledge with a new generation of chess players. As an instructor Coach "Rav" values spreading the joy of playing the game more than overstressing competitive aspects of the game.

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Grade K – Thursdays, 2:45-3:30 – Maximum 10 students per session

Session I: September 9 to October 14 (no class 9/16), \$80

Session II: October 21 to December 2 (no class 11/25), \$95

Grade 1-4 – Thursdays, 3:45-4:30

Session I: September 9 to October 14 (no class 9/16), \$80

Session II: October 21 to December 2 (no class 11/25), \$95

Chinese

Rose Zhang, instructor

Discover Chinese culture and traditions through games, cooking, calligraphy, and crafts.

Grades 1-4 – Thursdays, 3:45-4:30 – Maximum 12 students per session

Session I: September 9 to October 14 (no class 9/16), no fee

Session II: October 21 to December 2 (no session 11/18 and 11/25), no fee

Climbing

Ashley Anderson, TOE Assistant and certified challenge course/rock climbing instructor

Learn all about rock climbing! This introductory session will teach the fundamentals of rock climbing to lower school students. Participants will learn basic knots, safety, and different climbing skills to help them get a good foundation as new rock climbers! The last session we will take a field trip to the Summit climbing gym to use our skills outside of school!

Grades 2-3 – Wednesdays, 3:45-5:00 – Maximum 12 students

Session I only: September 8 to October 13, \$120

Climbing/Challenge Course

Ashley Anderson, TOE Assistant and certified challenge course/rock climbing instructor

Take your climbing knowledge and skills to the next level! Participants will gain experience with various aspects of climbing (tying knots, safety, charting your route, etc.) on the outdoor climbing wall at TVS. The last session we will take a field trip to the Summit climbing gym to use our skills outside of school!

Grades 4-6 – Tuesdays, 3:45-5:15 – Maximum 16 students

Session I only: September 7 to October 12, \$140

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Dance

Instructors TBA

Dance your way through ballet, jazz, lyrical, and hip hop classes; and perform in the Spring Recital! Classes are organized by Levels. More information and registration available by August 20. Maximum 12-16 students per class.

Grades Pre-K-4 – classes and times vary

Begins September 7 and runs through March 2022, class tuition ranges from \$225-\$300 plus recital fees.

Let the Drumming Begin

Pauline Medlin, instructors

Experience the rhythms of the world in this weekly program. Students will practice using drums and xylophones in the music room. The musical fun will also include learning about drums and music from countries around the world.

Grades 3-5 – Mondays, 3:45-4:30 – Maximum 15 students

Session I only: September 13 to October 25 (no class 9/27 and 10/11), \$50

Pickleball

Myron Grunberg, instructor

Join Coach Grunberg on the courts for some fun and fitness with friends. Pickleball is a popular sport that combines elements of tennis, ping pong, and badminton. All equipment will be provided and no experience is necessary.

Grades 4-6 – Wednesdays, 3:45-4:45

September 8 to October 27, \$200

Playdate at the Park

Hallie Pritchett, instructor

Join Mrs. Pritchett for a fun afternoon each week at Quail Ridge Park, which is just across the street from TVS. Outdoor play time with friends is the best!

Grade K-1 – Tuesdays, 3:45-4:30 – Maximum 12 students

Session II only: October 19 to November 16, \$50

Song & Dance Around the World

Pauline Medlin, instructor

Travel around the world through song, dance, and play with Mrs. Medlin. Participants will explore new cultures as the group focuses on a different continent each week.

Grade K-1 – Mondays, 3:45-4:30

Session II only: November 1 to December 6 (no class 11/22), \$50

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Spanish

Alejandra Markel, instructor

¡Hola amigos! Let's travel around Spanish speaking countries as we experience their culture through music and crafts. Learn how to dance flamenco, salsa, merengue, cumbia, marinera, etc. Also, you will try an authentic food each week! On our last Spanish Club session, we will have a big ¡Fiesta with a piñata!

Grades 1-4 – Thursdays, 3:45-4:45

Session I: September 9 to October 14 (no class 9/16), \$65 (includes \$15 for food & materials)

Session II: October 21 to December 2 (no class 11/25), \$75 (includes \$15 for food & materials)

Soccer Shots

Chad Wubben and Vince Longoria, instructors

Be challenged through fun games and teamwork in this soccer program, which focuses on fitness, skills, and sportsmanship.

Grade Pre-K – Fridays, 2:45-3:30

September 10 to November 12 (no session on 10/29), \$200

Grade K – Fridays, 2:45-3:30

September 10 to November 12 (no session on 10/29), \$200

Grades 1-2 – Fridays, 3:45-4:30

September 10 to November 12 (no session on 10/29), \$200

Tennis

Myron Grunberg, instructor

This program follows the Progressive Tennis System of scaled training and competition which focuses on basic stroke production, groundstrokes, and serves. Coach Grunberg also emphasizes the development of life skills and educates players to understand that the ideas and concepts learned on the tennis court apply to their lives outside tennis.

Grade K – Mondays or Wednesdays (TVS Tennis Courts), 2:45-3:30 – Maximum 10 students per session

Monday session: September 13 to November 1 (no session 9/27 and 10/11), \$150

Wednesday session: September 15 to October 27, \$175

Grades 1-3 – Tuesdays or Thursdays (TVS Tennis Courts), 3:45-4:35 – Maximum 12 students per session

Tuesday session: September 7 to October 26 (no session 9/28), \$175

Thursday session: September 9 to October 28 (no session 9/16), \$175

**Trojan Strides
Run/Walk Crew**

Shelbea Malik, faculty lead, and Jamie St. Peter, parent sponsor

Get outside and get active! This NEW after school program will have you putting one foot in front of the other as you walk, jog, or run your way across campus alongside friends. Participants will explore the TVS campus

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through various half-mile courses. Everyone is welcome—walkers, runners, newbies, and experienced! Participants are welcome to join us for one or both days each week.

Grades 3-6 – Tuesdays and Thursdays, 3:45-4:30

September 7 to November 11 (no session 9/16), \$130

Trojan Tunes Choir

Pauline Medlin, instructor

Trojan Tunes provides a great opportunity for music enrichment. The Trojan Tunes Choir performs at various special events throughout the school year.

Grades 3-4 – Tuesdays, 3:45-4:30

Begins September 7 and runs throughout the year, \$50

Yoga

Kate Garrett, Nanda Yoga sponsor and instructor

Connect, breathe, move, focus, and relax in this unique experience combining yoga and mindfulness in a simple, developmentally-appropriate way. The curriculum challenges students to learn in new ways, make connections, and recognize their tremendous potential.

Grades Pre-K-K – Wednesdays, 2:45-3:30 – Maximum 10 students

Session I: September 8 to October 13, \$130

Session II: October 20 to December 1 (no class 11/24), \$130

Grades 1-4 – Wednesdays, 3:45-4:30

Session I: September 8 to October 13, \$130

Session II: October 20 to December 1 (no class 11/24), \$130

REGISTRATION TIPS AND INFORMATION:

- Registration for ALL PROGRAMS will occur [online via TVS](#). Registration will open for all programs except TVS Dance on Monday, August 16 at 7:00 p.m. Dance information and registration will be sent by August 20.
- Several programs will have limited enrollment. When enrollment fills, your child's name will automatically go onto a waiting list. Mrs. Forbes will confirm roster status as soon as possible with you.
- Feel free to sign up in August for second sessions that begin later in the semester, or give it further thought. A reminder email will be sent out prior to second session start dates if there are spaces available. Additional enrichment programs may be added for the Session II.
- Specific information about programs including pick-up logistics will be sent prior to the first session.
- Fees for these programs will be charged to your TVS student account. Fees for Session I programs will appear on October statements. Fees for Session II programs will appear on November/December statements.

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TVS LOWER SCHOOL EXTRACURRICULAR PROGRAMS WEEKLY-AT-A-GLANCE

Programs marked with * will run during Session I only (between September 6 – October 15).

Programs marked with ** will run during Session II only (between October 18 – December 6).

GRADE	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Pre-K	Ballet/Jazz		Yoga		Soccer Shots
Kindergarten	Song & Dance Around the World** Tennis	Ballet/Jazz Playdate at the Park**	Yoga Bricks4Kidz Tennis	Chess	Soccer Shots
First	Ballet (L1) Hip Hop Song & Dance Around the World**	Playdate at the Park** Tennis	Bricks4Kidz Jazz/Lyrical (L1) Yoga	Chess Chinese Spanish Tennis	Soccer Shots
Second	Ballet (L1) Hip Hop	Art Studio** Tennis	Bricks4Kidz Climbing* Jazz/Lyrical (L1) Yoga	Chess Chinese Spanish Tennis	Soccer Shots
Third	Ballet (L1) Drumming* Hip Hop	Art Studio** Ballet (L2) Tennis Trojan Strides Trojan Tunes	Bricks4Kidz Climbing* Jazz/Lyrical (L1) Yoga	Chess Chinese Jazz/Lyrical (L2) Spanish Tennis Trojan Strides	
Fourth	Drumming* Hip Hop	Art Studio** Ballet (L2) Climbing & Challenge Course* Trojan Strides Trojan Tunes	Bricks4Kidz Pickleball Yoga	Chess Chinese Jazz/Lyrical (L2) Spanish Trojan Strides	