

Welcome to the 2021
Albany Huskies
Athletic Meeting

BE A GREAT TEAMMATE!!!

Purple Pride!!!

Albany Area Schools Athletics & Activities

- Scott Buntje - Athletics & Activities Director

320 845 5040

sbuntje@district745.org

- Teri Kalthoff - Activities Assistant

320 845 5018

tkalthoff@district745.org

- Twitter - Albany Huskies @AHSHuskies
- School Website - www.district745.org - will walkthrough later...
- KASM, Facebook, Star Post / Albany Enterprise

Education Based Athletics & Activities

- Students First...Athletics/Activities are place of learning...Co-Curricular
- MSHSL - Why We Play: [My Purpose Statement](#)
 - GOAL - Win! We prepare, plan and play to win, but winning is not our purpose.
 - Our PURPOSE - Teaching & Learning, Life Lessons, Human Growth & Development, Connect Students with Caring Adults - Everything is Training for Something...
 - BE GOOD, RESPECTFUL, RESPONSIBLE - WORK HARD, DO YOUR BEST
 - BE A GREAT TEAMMATE - PURPLE PRIDE!!!

Academic and Behavior Responsibilities...

- Albany High School AND MSHSL (Minnesota State High School League)
- Eric Bubna - AHS Principal

Needed to Participate

- Athletic Fee - contact Mr. Buntje / Activities Office if need be
- MSHSL Eligibility Form - Every Year
- Sports Physical - Good for 3 Calendar Years
 - 4 yr exemption was only for 20/21 school year
- Payment and MSHSL Eligibility Form should be done via link on the Activities page of our School Website - Infinite Campus
- Sports Physical can be emailed, uploaded or brought to AHS Office.
- COVID - Albany Area Schools Reopening Plan
 - **MASKS WILL BE REQUIRED ON SCHOOL TRANSPORTATION**

Albany Huskies Booster Club

- GREAT supporter of Huskies Athletics/Athletes!!
- Volunteerism and Financial Support...
 - Volunteer Ticket Takers...
 - JH Discus Pad, CC/T&F Canopy, Ken Klemmer Awards, 3 Sport Athlete Blankets, Wt Room, WR Mat, Training Room Supplies, SB Batting Cage, Swim Parkas, FB Play Clocks, Lime, Training Tables, Med Kits, Herges Stadium Scoreboard...

Dave Kalthoff - President

* Teal's 1%, Online Apparel Order (Aug 15th), Softener Salt Sale, Hamburger Stand, ...

Please join and support - Membership forms can be found tonight in the lobby of the BEAT and on the Athletics & Activities page of our school website.



Albany Huskies
Albany Huskie Booster Club

Membership Form - 2021/22

All effective clubs rely on volunteerism as their backbone. We have a special feeling of pride, "PURPLE PRIDE", that we rely on and this is our backbone. Volunteerism here is ticket taking and working at fundraisers which makes our club strong and unified and helps support the athletic programs here at Albany High School. Please fill out this form and indicate where you would be willing to support the Huskie Booster Club and our student athletes.

Name(s) _____
Address _____
Phone _____
E-Mail _____

Membership Dues: \$10 per person \$20 per family

TICKET TAKING
Huskie Booster Club members are called upon to volunteer for ticket taking at sporting events throughout the year - usually one event a year. Please circle the sporting event that you would like to take tickets at:

FALL
football volleyball swimming

WINTER
boys basketball girls basketball wrestling

FUNDRAISING
The Huskie Booster Club has a couple of main fundraisers during the year - the Hamburger Stand at the Albany Heritage Day celebration, a softener salt sale with delivery in September and being a part of the 1% rebate program at Teal's in Albany (receipts from the Albany Teal's Supermarket can go to Mr. Buntnje at Albany High School). Help is always needed at the Hamburger Stand and Salt Delivery - Please circle the event you would be willing to help at: **HAMBURGER STAND SALT DELIVERY**

Albany apparel is available through J and J Athletics at the website listed below. A portion of the sales from each open period will be returned to the Huskie Booster Club.

OPEN DATES
July 31-Aug 8
Oct 18 - Nov 8
Feb 21 - Mar 7

There will be new links for the 2nd and 3rd rounds of ordering!

J&J Athletics
SCREEN PRINTING & EMBROIDERY
763-684-4877
Visit us at www.jjathletics.com
Contact us at sales@jjathletics.com

Albany Booster Club members may also be asked to supply assistance at other events hosted by Albany Athletic Programs.

Please return the top portion of the flyer and membership dues to:

Huskie Booster Club
Box 194 • Albany, MN 56307
sbuntje@district745.org

<https://albany-school-apparel-2021.itemorder.com/>

Athletic Trainer

- Kennedy Appleton
 - Ashwaubenon (WI) High School - Cross Country, Track & Field, Hockey Mgr.
 - Carroll University (WI) - Track & Field, SAAC President, Bachelor's in Exercise Science
 - College of St. Scholastica - Master's in Athletic Training
 - Novacare - many settings: industrial, high school collegiate, professional sports
- Training Room hours every day after school, Var/JV level events
- Info link on Activities Website - athletictrainer@district745.org



NovaCare[®]

REHABILITATION

The Power of Physical Therapy™

Huskie Sports Performance

- HSP (formerly HITS)
- Aaron Schwenzfeier - Head Strength & Conditioning Coach
- Mon-Wed-Fri on school day:
 - 6:30a-7:45a, 3:15p-4:30p
- Mon-Wed-Fri on a no school day:
 - 1 session - Time TBD
- Summer Program - very successful
- MULTI-SPORT!!!

School Website

Albany Area Schools Website

www.district745.org

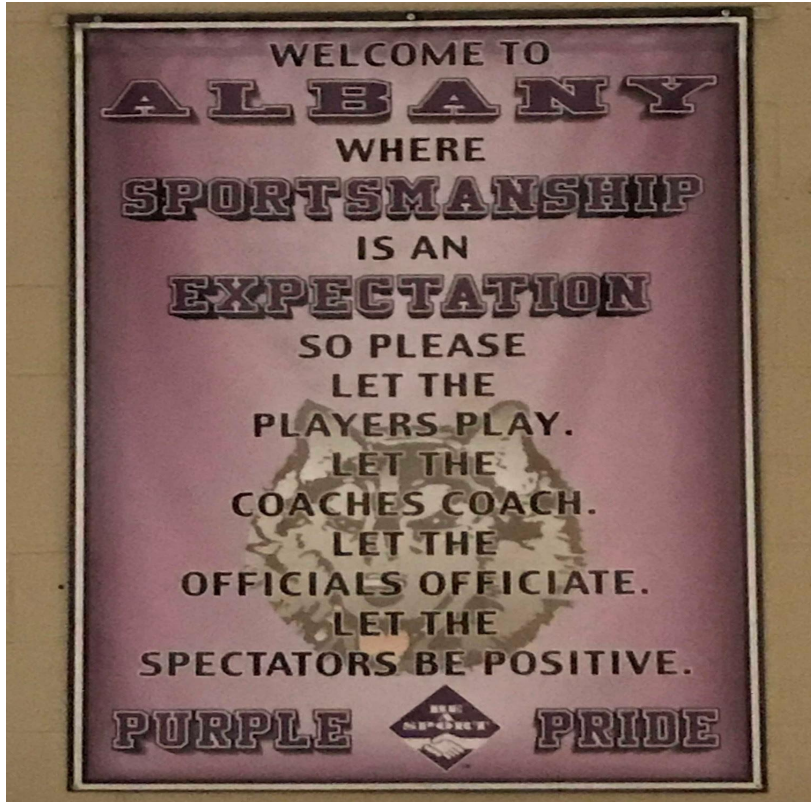
Parent/Guardian Code of Conduct / Expectations

- The purpose of this code is to develop parental support and positive role models in all Albany Huskies athletics and activities. The purpose of all Albany Huskies athletics and activities is to help your child grow and to promote the physical, mental, moral, social and emotional well being of each student. Parents/Guardians are an integral part of this process.
 - We need your help - General Behavior, Role Modeling, Representing AHS / Albany Athletics, Communication Chain, Chemicals...
- Doc Rivers - “Good job, keep working.”
Terry Francona - “Did you have fun? Did you hustle? Did you try your best?”

WORK HARD - BE A GREAT TEAMMATE

PURPLE PRIDE!!!

Sportsmanship / Character



BE A GREAT TEAMMATE!!

Every person involved in, and attending, our events has ONE of these roles and deserves a safe environment.

<https://www.mshsl.org/officials-judges/officiating>

Knowing, understanding and maintaining your role AND supporting others in their role will make athletics much more enjoyable and beneficial for ALL of the participants and spectators.

Control the Controllables - attitude, effort, actions/reactions, emotions, comments, treatment of others...

Tony Dungy - "Things will go wrong at times. Your options are to complain or to look ahead and figure out how to make the situation better."



Steve Costanzo



3X All American at University of Nebraska-Omaha

Head Wrestling Coach - St. Cloud State University - 16th Season, 20+ Yrs total

6X National Champion Head Coach - 5 NCAA Division II National Championships at SCSU - 2015, 2016, 2018, 2019, 2021. 4X National Runner Up - 2011, 2012, 2013, 2017

Multiple Coach of the Year Awards - Conference, Regional, National

285-58-2 Career Record - including current streak off 55 straight dual wins, SCSU hasn't lost an NSIC match since the 2010-2011 season...

Thank you!!!

- Thank you Steve Costanzo!!!
- Thank you for your attendance and attentiveness.
- Reminders - Booster Club Membership Forms
 Sign up for Notify Me
- Please contact me with any questions, comments, concerns, etc.
- Fall Sports Team Meetings:
 - Swim & Dive - Lecture Hall (Little Theater)
 - Cross Country - BEAT
 - Volleyball - Main Gym (Enter through main spectator doors)
 - Football - Commons

Be a Great Teammate!!!

Purple Pride!!!