COVID-19 Illness and Quarantine Guidelines

In all cases please inform CDS School Nurse, Jackie Silvers at nurse@CDSPatriots.org or 813.920.2288. Quarantine recommendations will be made on a case-by-case basis in an attempt to keep the school open and operational.

PERSON A

Any person who has tested positive for COVID-19

With Symptoms:
Isolation until the following requirements have been met:
- ✓ 10 days since symptoms first appeared **and**
- ✓ 48 hours since last fever (without the use of fever-reducing medication)

The 48 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days.

Without Symptoms (Asymptomatic):
Isolate for 10 days from date of first positive test:
- ✓ Monitor self for symptoms, take temperature twice a day
- ✓ End quarantine after 10 days have passed as long as no symptoms have been present

PERSON B

Any person who lives in the same household with Person A

Begin Quarantine Immediately:
Individuals who are fully vaccinated or have had COVID-19 in the past 90 days are not required to quarantine or get tested unless they have symptoms.

- ✓ Mandatory 7 or 10 day quarantine begins from the date of last high risk exposure
- ✓ Quarantine can end after 7 days with proof of a negative COVID-19 test 5 days after last high risk exposure to an individual who has tested positive. A Lab report documenting negative test result must be submitted and dated 48 hours before anticipated return. Quarantine can end after Day 10 without testing and if no symptoms have been reported during daily monitoring.
- ✓ Continue symptom monitoring for 14 days
- ✓ If symptoms develop, notify Primary Care Provider

PERSON C

Any unmasked person with indoor close contact to Person A (>15 mins and <3 feet)

Quarantine for 7 or 10 days from the date of last high risk exposure.
Individuals who are fully vaccinated or have had COVID-19 in the past 90 days are not required to quarantine or get tested unless they have symptoms.

- ✓ Quarantine can end after 7 days with proof of a negative COVID-19 test 5 days after last high risk exposure to an individual who has tested positive. A Lab report documenting negative test result must be submitted and dated 48 hours before anticipated return. Quarantine can end after Day 10 without testing and if no symptoms have been reported during daily monitoring.
- ✓ Monitor self for symptoms, take temperature twice a day for 14 days
- ✓ If symptoms develop, notify Primary Care Provider

Isolation separates infected people with a contagious disease from people who are not sick.
Quarantine separates and restricts the movement of a person exposed to contagious disease to monitor if they become ill.
Close Contact defined as any **unmasked** person with indoor close contact with an infected person for at least 15 minutes.
Fully Vaccinated defined as two weeks after an individual receives their final dose of COVID vaccine.

For COVID-19 Information please visit: https://www.hillsboroughcounty.org/residents/public-safety/emergency-management/stay-safe