

SOPHOMORE RETREAT SUPERB SELECTION OPTIONS

A. Superheroes Journey Bike Retreat September 19, 2021 – 28 Participants

This biking retreat connects the physical challenge of a 50-60 mile extended bike ride with the challenges faced in daily life spelled out in Joseph Campbell's concept of the Hero's Journey. Students will be challenged to unite these themes with Christian call to live out the Paschal Mystery. The student is responsible to arrange transportation to the starting point by 8:00 a.m. Sunday morning and from the ending point on Sunday afternoon. The student must be in excellent shape to ride 50-60 miles. The student must have an appropriate, suitable bike in very good condition for the trip.

B. Zoo Photo Safari Retreat September 22, 2021 – 30 Participants

On the Zoo photo Safari Retreat students will be invited to embrace the awesome mystery of life by developing a sacramental awareness that believes "there is always more than meets the eye." Through photography, wildlife education, and silence students will be challenged to embrace the awe and mystery of everyday that is always bigger than ourselves. In this way the student can more fully embrace the Ignatian idea of "Finding God in all Things."

C. Zoo Awesome Mystery of Life Photo Retreat September 23, 2021 – 30 Participants

On the Zoo photo Safari Retreat students will be invited to embrace the awesome mystery of life by developing a sacramental awareness that believes "there is always more than meets the eye." Through photography, wildlife education, and silence students will be challenged to embrace the awe and mystery of everyday that is always bigger than ourselves. In this way the student can more fully embrace the Ignatian idea of "Finding God in all Things."

D. "Marvel-ous" Heroes Biking Retreat September 26, 2021 – 30 Participants

This biking retreat connects the physical challenge of a 30 mile round trip extended bike ride with the challenges faced in daily life spelled out in Joseph Campbell's concept of the Hero's Journey. Students will be challenged to unite themes to the Christian call to live out the Paschal Mystery. The student is responsible to organize transportation to the trip starting and ending point on Sunday is the Milford Retreat Center. The student must have an appropriate, suitable bike in very good condition for the trip.

E. Band of Brothers Retreat October 1, 2021 – 40 Participants

This retreat connects the major themes of the award-winning series Band of Brothers with physical challenges. Students will have a 60-90 minute boot camp experience and team building activities led by Mr. Eby and Coach T. Students will discuss the "5 Marks of Manhood." This retreat will be held at St. X. Students should be familiar with the HBO Series "Band of Brothers".

F. Relax/Breathe/Move Labyrinth Retreat October 3, 2021 – 20 Participants

This retreat takes some of the themes from the "Knightwatch Retreat" and blends them into a one day labyrinth retreat where students will take a step back from the daily rhythms of life and listen to what God is trying to say to us. There will be plenty of time for small group prayer, private prayer, and walking the labyrinth. Students must be comfortable with dealing with times of silence.

G. Fishers of Folks Retreat October 4, 2021 – 25 Participants

Using the relaxing art of fishing this Fishers o Folks will help students recognize their personal gifts/talents while honing their skills to bring others to Christ. Students must have good gear and all the necessary equipment for fishing. An additional fee may be required for a fishing license.

H. De-stress/Relax/Breathe/Yoga/Tai Chi October 20, 2021 – 20 Participants

This retreat will focus on the Foundations of Yoga and Meditation. A part of this retreat will be silent. If you want to de-stress, relax, and breathe easier then this contemplative, more silent retreat will be for you. Students need to bring colored pencils, a towel, and comfortable clothes to move during Tai-Chi, Yoga, and meditation.

I. De-stress/Relax/Breathe/Yoga/Tai Chi October 21, 2021 – 20 Participants

This retreat will focus on the Foundations of Yoga and Meditation. A part of this retreat will be silent. If you want to de-stress, relax, and breathe easier then this contemplative, more silent retreat will be for you. Students need to bring colored pencils, a towel, and comfortable clothes to move during Tai-Chi, Yoga, and meditation.

J. Wildman Walking Hero's Journey #1 October 26, 2021 – 20 Participants

This most popular retreat follows trails in the fantastically scenic area of Camp Joy in Clarksville, Ohio. There will be a 6-7 mile hike crossing creeks, streams, and walking through fields and forests with spectacular backgrounds. Students should be in good hiking shape and have proper foot gear and daypack with water bottles.

K. Wildman Walking Hero's Journey #2 October 27, 2021 – 20 Participants

This most popular retreat follows trails in the fantastically scenic area of Camp Joy in Clarksville, Ohio. There will be a 6-7 mile hike crossing creeks, streams, and walking through fields and forests with spectacular backgrounds. Students should be in good hiking shape and have proper foot gear and daypack with water bottles.

L. Wildman Walking Hero's Journey #3 October 28, 2021 – 20 Participants

This most popular retreat follows trails in the fantastically scenic area of Camp Joy in Clarksville, Ohio. There will be a 6-7 mile hike crossing creeks, streams, and walking through fields and forests with spectacular backgrounds. Students should be in good hiking shape and have proper foot gear and daypack with water bottles

M. Wildman Walking Hero's Journey #4 October 29, 2021 – 20 Participants

This most popular retreat follows trails in the fantastically scenic area of Camp Joy in Clarksville, Ohio. There will be a 6-7 mile hike crossing creeks, streams, and walking through fields and forests with spectacular backgrounds. Students should be in good hiking shape and have proper foot gear and daypack with water bottles.

N. Zoo Awesome Mystery of Life Photo Retreat #2 November 9, 2021 – 30 Participants

On the Zoo photo Safari Retreat students will be invited to embrace the awesome mystery of life by developing a sacramental awareness that believes "there is always more than meets the eye." Through photography, wildlife education, and silence students will be challenged to embrace the awe and mystery of everyday that is always bigger than ourselves. In this way the student can more fully embrace the Ignatian idea of "Finding God in all Things."

O. Camping and Tramping with Marquette and Jolliet April 24-25, 2022 – 30 Participants

This retreat remembers the adventurous spirit of Jacques Marquette S.J. and Louis Jolliet who hiked and camped while accurately plotting the Mississippi River and establishing Michigan's first European settlement at Sault St. Marie and later St. Ignace, Michigan. This retreat combines the experiential elements of backwoods primitive camping with hiking and the Ignatian ideal of "Finding God in all things". The retreat follows the themes of the Hero's Journey while challenging participants to embrace the Paschal Mystery in their personal lives. Students must be very physically fit to carry an overnight pack and equipment to the backwoods campsite. Students are responsible for transportation to Morrow, Ohio area. Basic camping and hiking gear like a trail pack, sleeping bag, etc. are needed for the retreat.