

August 2021

Dear Parent/Guardian,

We are thrilled to be back serving your child for the 2021-2022 school year! After adapting our service last year for meals to be served in the classroom and fully packaged, we are excited to be back serving all students and grade levels in the cafeterias! To kick off the new year, we wanted to share a few things you and your child can look forward to when it comes to mealtime and get an inside look at the new recipes, concepts, and programs we'll be introducing this fall.

Food Kids Love to Eat

Chartwells' team of chefs and dietitians are working to bring even more variety to our menus featuring new recipes with kid approved foods. This year we're serving up:

- **Road Trip:** As students have spent the last 18 months staying much closer to home, that doesn't prevent their taste buds from exploring the country with a culinary Road Trip!
- **Local Produce:** Returning to regular service models also means students will have the ability to once again choose from an array of fresh, daily options for fruits and veggies, sourced locally!
- **Creativity in the Kitchen:** Along with all of our students favorites, we will be refocusing our energies into creating more scratch recipes made fresh everyday!

Programs that Encourage Fun and Discovery

Chartwells continues to inspire healthy eating habits and spark a culinary curiosity to last a lifetime through fun and engaging programs.

- **Discovery Kitchen:** Designed to make nutrition education fun and entertaining, Chartwells chefs and dietitians have worked together to create curriculums that get kids cooking, trying new foods, and learning about what they're eating. Each month has a different theme and activities will be adapted for the current meal programs.
- **Mood Boost:** This innovative program helps elementary and middle school students connect what they eat with how they feel. It features recipes and characters that focus on six moods: Smart, Happy, Confident, Alert, Strong and Calm.
- **Student Choice:** Giving middle and high school students a voice in deciding what food concepts are featured and new menu items that will be available, Student Choice brings the latest food trends to school menus.

Menus and Nutrition Facts at Your Fingertips

Through Nutrislice, an innovative app, students, parents and faculty have access to school menus, including nutrition information, allergens and photos. Nutrislice can be downloaded for free from the App store (iOS) or Google Play (Android) and is available on desktop and mobile devices. Menus are also available at [Westport Public Schools-Food Services](#)

Through sharing our passion for great tasting food, instilling a desire for food discovery, and most importantly, providing nourishing meals, we're excited to continue serving up happy and healthy to your children in the year ahead.

Should you have any questions, please don't hesitate to reach out to us.

Thank you,
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