



DARIOUSH
Epicurus
FINE SCHOOL CATERING



SF DAY MENU – AUGUST-SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
23 Pasta Bolognese or Marinara Salad Crudité	24 Teriyaki Chicken or Tofu Steamed Rice Salad Crudité	25 Quesadilla Chicken or Cheese Mexican Rice Salad Crudité	26 Baked Tender Chicken or Tofu Pasta Salad Crudité	27 Pizza Pepperoni or Cheese Seasonal Vegetable
30 Mac & Cheese optional Crispy Bacon Salad Crudité	31 Grilled Cheese or Ham & Cheese Salad Crudité	01 Burrito Chicken or Bean & Cheese Salad Crudité	02 Fried Rice Chicken or Vegetarian Broccoli	03 BBQ Chicken or Black Bean Patty Corn Bread Salad Crudité
06 LABOR DAY	07 Baked Pasta Italian Sausage or Vegetarian Salad Crudité	08 Hot Dog Beef or Veggie Roasted Potatoes Salad Crudité	09 Chow Mein Chicken or Vegetarian Broccoli	10 Grilled Cheese or Ham & Cheese Salad Crudité
13 Pasta Bacon Sauce or Marinara Caesar Salad	14 Stir-Fry Chicken or Tofu Steamed Rice Salad Crudité	15 Pizza Cheese or Pesto Chicken Salad Crudité	16 Enchilada Pull Turkey or Cheese Refried Beans Salad Crudité	17 Burger Beef or Black Bean Patty Salad
20 Lasagna Meat or Cheese Caesar Salad	21 Meatloaf or Lentil Loaf Mashed Potatoes Salad Crudité	22 Coconut Curry Chicken or Vegan Rice Salad Crudité	23 Quesadilla Chicken or Cheese Mexican Rice Salad Crudité	24 Baked Tender Chicken or Tofu Pasta Salad Crudité
27 Pasta Bolognese or Marinara Salad Crudité	28 Pizza Pepperoni or Cheese Salad	29 Burrito Chicken or Bean & Cheese Salad Crudité	30 Teriyaki Chicken or Tofu Steamed Rice Salad Crudité	OCT 01 BBQ Chicken or Black Bean Patty Potatoes Salad Crudité

Lunch will include:

Organic 1% Milk cartons, Sliced Seasonal/Organic Fruit

Alternative choice in place of hot main entrée:

Sandwiches: Sunbutter & Jelly, Turkey or Cheese (sliced cheddar)

Whole wheat bread (K-4th) or focaccia (5th – 8th)