

**LUNCH PRICES:**  
 Regular Lunch Price \$2.55  
 Reduced Lunch Price \$0.40  
 Adult Lunch \$2.80  
 Side Items \$0.90 (fruit and vegetables)

**ALACARTE ITEMS**  
 Bottled Water (8oz) - \$0.75  
 Snack Bags (LIMIT OF 2) (Tue only) - \$0.75  
 Ice Cream (LIMIT OF 1) (Thurs only) - \$1.25

**MILK CHOICES - \$0.50**  
 SKIM  
 WHITE 1%  
 CHOCOLATE 1%  
 FAT FREE STRAWBERRY  
 FAT FREE VANILLA

**A MEAL INCLUDES:**  
 1 Entrée  
 Unlimited fruits/vegetables  
 1 Milk

**UNLIMITED FRUITS/VEGGIES**  
 Fresh Apples/Oranges/Bananas  
 Variety of fresh, dried and canned fruits  
 100% Fruit Juice (limit of 2) MON-WED-FRI  
 100% Vegetable Juice (limit of 2) TUE-THUR  
 Side salad  
 Specialty Salads  
 Baby Carrots, Celery Sticks, Broccoli

**FOOD SERVICE CONTACT INFO**



 → 412-344-2014  
 → @CafeLebo  
 → [mtlsd.org/Foodservice](mailto:mtlsd.org/Foodservice)  
 (menus, nutritional and payment info)

NOLEN FETCHKO - FOOD SERVICE DIRECTOR  
[nfetchko@mtlsd.net](mailto:nfetchko@mtlsd.net)  
 JOHN SABAN - FOOD SERVICE MANAGER  
[jsaban@mtlsd.net](mailto:jsaban@mtlsd.net)  
 DAVE MISTERKA - DISTRICT CHEF  
[dmisterka@mtlsd.net](mailto:dmisterka@mtlsd.net)

**Food Service Department Mission Statement**

The mission of the food service department is to promote good nutrition by providing quality meals while maintaining the highest level of customer satisfaction

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals are available at no cost for the entire 2021-22 SY!	If your student is learning remotely and in need of meals, please contact the Food Service Director to coordinate pick up at <a href="mailto:nfetchko@mtlsd.net">nfetchko@mtlsd.net</a> !	<b>1</b> <b>Hot Entrée</b> BAKED CHICKEN NUGGETS WITH A DINNER ROLL <a href="#">Deli Selection</a> TURKEY & CHEESE HOAGIE <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>2</b> <b>Hot Entrée</b> CHEESE FILLED GARLIC STICKS WITH MARINARA SAUCE <a href="#">Deli Selection</a> TURKEY & CHEESE HOAGIE <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>3</b> <b>Hot Entrée</b> THREE CHEESE MINI PIZZA BAGELS <a href="#">Deli Selection</a> TURKEY & CHEESE HOAGIE <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice
	<b>Wk 3</b> NO SCHOOL  LABOR DAY HOLIDAY	<b>7</b> <b>Hot Entrée</b> SPIRAL PASTA WITH MARINARA SAUCE AND CHEESE <a href="#">Deli Selection</a> POPCORN CHICKEN WRAP <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>8</b> <b>Hot Entrée</b> BAKED CHICKEN PATTY SANDWICH <a href="#">Deli Selection</a> POPCORN CHICKEN WRAP <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>9</b> <b>Hot Entrée</b> CHEESE PIZZA <a href="#">Deli Selection</a> POPCORN CHICKEN WRAP <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice
<b>Wk 4</b> <b>13</b> <b>Hot Entrée</b> MINI TRIPLE BERRY FRENCH TOAST WITH YOGURT CUP <a href="#">Deli Selection</a> ITALIAN HOAGIE <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>14</b> <b>Hot Entrée</b> TACO BEEF QUESADILLAS <a href="#">Deli Selection</a> ITALIAN HOAGIE <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>15</b> <b>Hot Entrée</b> BAKED POPCORN CHICKEN WITH A DINNER ROLL <a href="#">Deli Selection</a> ITALIAN HOAGIE <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	NO SCHOOL  YOM KIPPUR	<b>17</b> <b>Hot Entrée</b> HAMBURGER ON A WHOLE GRAIN BUN <a href="#">Deli Selection</a> ITALIAN HOAGIE <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice
<b>Wk 5</b> <b>20</b> <b>Hot Entrée</b> MINI PANCAKES WITH YOGURT CUP <a href="#">Deli Selection</a> TURKEY & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>21</b> <b>Hot Entrée</b> HOT DOG IN A BUN <a href="#">Deli Selection</a> TURKEY & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>22</b> <b>Hot Entrée</b> BAKED CHICKEN NUGGETS WITH A DINNER ROLL <a href="#">Deli Selection</a> TURKEY & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>23</b> <b>Hot Entrée</b> CHEESE PIZZA <a href="#">Deli Selection</a> TURKEY & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>24</b> <b>Hot Entrée</b> CHEESEBURGER ON A WHOLE GRAIN BUN <a href="#">Deli Selection</a> TURKEY & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice
<b>Wk 6</b> <b>27</b> <b>Hot Entrée</b> MINI CINNAMON FRENCH TOAST WITH YOGURT CUP <a href="#">Deli Selection</a> HAM & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>28</b> <b>Hot Entrée</b> SPIRAL PASTA WITH MARINARA SAUCE AND CHEESE <a href="#">Deli Selection</a> HAM & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>29</b> <b>Hot Entrée</b> BAKED POPCORN CHICKEN WITH A DINNER ROLL <a href="#">Deli Selection</a> HAM & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	<b>30</b> <b>Hot Entrée</b> MEATBALL HOAGIE <a href="#">Deli Selection</a> HAM & CHEESE CROISSANT <a href="#">Daily Offerings</a> BAGEL and YOGURT OR GARDEN SALAD Unlimited fruits & vegetables Assorted milk choice	

