

Millcreek Township School District

Policy 246 – School Wellness

The Millcreek Township School District recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development and readiness to learn. The Board is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education and promotion, and regular physical activity as part of the total learning experience. Students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.

To ensure the health and well-being of all students, the Board establishes that the District shall provide to students:

1. A comprehensive nutrition program consistent with federal and state requirements.
2. Access at reasonable cost to foods and beverages that meet established nutrition guidelines.
3. Physical education courses and opportunities for developmentally appropriate physical activity during the school day.
4. Curriculum and programs for grades K-12 that are designed to educate students about proper nutrition and lifelong physical activity, in accordance with State Board of Education curriculum regulations and academic standards.

The Superintendent and the Wellness Committee will conduct an assessment at least once every three years on the contents and implementation of the Wellness Policy as part of a continuous improvement process to strengthen the policy and ensure implementation. After completion (2020), the triennial assessment will be made available to the public on the Millcreek Township School District's website.

For information on how to participate in the development, implementation, periodic review of the School Wellness Policy, please contact the Assistant Superintendent's office at 814/835-5325.