

ICEBREAKER

Two Truths and a Wish

This interesting spin on the traditional icebreaker Two Truths and a Lie, can often lead to unexpected and fascinating results, as people often share touching wishes about themselves.

Objective:

To figure out which statement is a “Wish”.

Instructions:

1. Mentor and Mentee each prepare 3 statements - two truths and one wish. Be creative and try not to share obvious statements.

Example: I have three siblings, I went to Italy last summer, and I have one cat.

Two truths:	three siblings and one cat.
Dream Wish:	Italy

2. Each person shares his or her three statements.
3. Take it in turns to decide which statement was the wish