

Monday

Tuesday

Wednesday

Thursday

Friday



1
Creamy Parmesan
Chicken and Rice
**OR: Creamy Parmesan
Tofu and Rice**
WITH: Diced Carrots
Steamed Corn
Diced Peaches

2
BBQ Pulled
Chicken Sandwich
OR: Black Bean Burger
WITH: Potato Wedges
Fresh Orange Wedges
Fresh Baked Cookie

3
Pizza Fridays!
Hand Tossed
Pepperoni Pizza
**OR: Hand Tossed
Cheese Pizza**
WITH: Broccoli and Celery
with Ranch Dressing
Fresh Fruit
Ice Cream Treat



7
Chef-fil-a Breaded
Chicken Sandwich
OR: Black Bean Burger
on a Whole Wheat Bun
WITH: BBQ Sauce
BBQ Baked Chips
Potato Wedges
Diced Peaches and Pears

8
Spaghetti and
Meat Sauce
OR: Eggplant Parmesan
WITH: Green Peas
Baby Carrots
with Ranch Dip
Fresh Grapes

9
Salisbury Steak
with Gravy
OR: Vegetarian Nuggets
WITH: Mashed Potatoes
Diced Pineapple
Chocolate Muffin

10
Pizza Fridays!
Hand Tossed
Pepperoni Pizza
**OR: Hand Tossed
Cheese Pizza**
WITH: Garden
Salad with
Caesar Dressing
Fresh Fruit
Fresh Baked Cookie

13
Mini Chicken Corn Dog
OR: Macaroni and Cheese
WITH: Mashed Potatoes
Steamed Corn
Craisins

14
All American Hamburger
OR: Gardenburger
WITH: Potato Wedges
Cheez-it Crackers
Fresh Banana

15
Chicken Alfredo Pasta
**OR: Creamy
Alfredo Pasta**
WITH: Caesar Salad
Green Beans
Gala Apple

16
BBQ Chicken Thighs
OR: Broccoli Cheese Tots
WITH: Baked Roll
Steamed Carrots
Diced Pears
Fresh Baked Cookie

17
Pizza Fridays!
Hand Tossed
Pepperoni Pizza
**OR: Hand Tossed
Cheese Pizza**
WITH: Kale Salad
Cucumbers with Ranch
Fresh Fruit
Ice Cream Treat

20
Macho Beef Nachos
**OR: Bean &
Cheese Nachos**
WITH: Salsa
Pinto Beans
Mandarin Oranges

21
Baked Potato Bar!
WITH: All the Fixings—
Chili, Cheese, Broccoli,
Sour Cream, Butter
Romaine Salad
with Italian Dressing
Diced Pineapple

22
Rotisserie
Chicken Drumsticks
**OR: Macaroni
and Cheese**
WITH: Whole Wheat Roll
Mixed Vegetables
Goldfish Crackers
Fuji Apple

23
Grilled Chicken Sandwich
OR: Gardenburger
WITH: Chef-fil-a Sauce
Potato Wedges
Diced Peaches
Chocolate Brownie

24
Pizza Fridays!
Hand Tossed
Pepperoni Pizza
**OR: Hand Tossed
Cheese Pizza**
WITH: Garden
Salad with
Ranch Dressing
Fresh Fruit
Fresh Baked Cookie

ChefAdvantage is committed to Healthy, Nutritious & Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners,
or MSG are used in our recipes.

www.ChefAdvantage.com 770-421-9550

This institution is an equal opportunity provider.

Vegetarian Entrée Options

Milk is Included with All Meals
Choose 1% White or Fat Free Chocolate Milk