

AHS PE Waiver Process

A student using the credit flexibility option must meet the academic standards of PE 1 or 2 by the following:

1. Completing and actively participating in the entire season for the sport or activity.
2. By not having any disciplinary suspensions from the sport or activity.
3. Completing the Schoology coursework to provide students with opportunities to actively participate in at least four of the following: team sports; dual sport activities, individual physical activities; outdoor pursuits; self-defense and martial arts; aquatics; gymnastics; and dance. (Per Indiana Department of Education. ([Flexibility in Physical Education Guidance](#) from Indiana Department of Education))

PLEASE NOTE: Beginning with the class of 2023, the same sport can only be used once to earn either a PE I or PE II credit. A student may earn an additional PE I or II credit by completing a different sport or activity (i.e. PE I credit earned through football and PE II credit earned through baseball).

The following activities are considered Avon High School approved extra-curricular activities:

<u>Fall Semester</u>	<u>Winter/Spring Semester</u>
Cross Country	Baseball
Cheerleading (must complete fall and winter)	Basketball
Football	Competitive Show Choir (Accents & Attraction)
Golf (girls)	Dance Team
Marching Band	Golf (boys)
Soccer	Softball
Tennis (boys)	Swimming & Diving
Volleyball	Tennis (girls)
	Track & Field
	Wrestling
	Winter Drum Line
	Winter Wind Ensemble
	Winter Guard

At the beginning of each season, your coach and/or instructor will distribute waiver information. A link will be sent out via parent square to all AHS families in order to apply for the PE 1 or PE 2 credit. By filling out the link, your child will be placed in a PowerSchool course to waive out of the PE 1 or 2 credit. A PE teacher will contact the student via Schoology to complete activities to meet the flexibility in physical education guidance. The student will be provided a grade based on their experience for the PE 1 or 2 waiver course.