

# Scarborough Public Schools

Weekly Newsletter - November 20, 2020

## Parent FAQ for COVID-19 Updated

As new information continues to evolve regarding COVID-19, it is extremely important that we share with you the most up-to-date materials that we receive. **PLEASE take a moment and carefully review this [Parent FAQ](#) that has been updated as of today, with information from the district and also from the state Department of Education.** All updates in the FAQ are in blue type.

If you have additional health-related questions or concerns, please reach out to your school nurse:



- **Blue Point:** Laurie Hibbard, RN - 730-5300
- **Eight Corners:** Rebecca Cummings, RN - 730-5200
- **Pleasant Hill:** Dorice Groshon, RN - 730-5286
- **Wentworth:** Cindy Fasulo, LPN and Anne Ornstein, RN - 730-4600
- **Middle School:** Patty Bolduc, RN and Amanda Eason, RN - 730-4800
- **High School:** Heidi Igneri, RN and Lisa Verzoni, RN - 730-5000
- **K-12 Health Support Staff:** Suzanne Kenney - 730-4842

## A Message From the Superintendent

Dear Friends,

As we reflect on the many things for which we are thankful, I want to take this opportunity to share just a few of them with you: We are thankful for our students who come to school ready to learn – they give us all a daily reminder of what is important and why we are here. We are thankful for the support of the parents in creating an outstanding partnership for our students, who really care about student achievement and have the best interests of our students at heart. We are also thankful for our volunteers who enthusiastically contribute so much to our school. Lastly, we are thankful to all our employees who have made this school year especially exceptional during this pandemic Covid-19 period.

In these most difficult and challenging times, we see dedicated and tireless individuals going above and beyond to make sure that great things happen in our school. They do make a difference, and the children, in their own individual ways, benefit from those efforts.

Most importantly, we are thankful for the larger Scarborough School Community that have kept the faith in us. They continue to share their most valuable possessions with us and work hard and advocate to be a partner in education, safety and well-being for ALL of our students. For this, we are ever so thankful.

I would like to wish all of you and your families a happy, healthy and relaxing Thanksgiving Holiday!

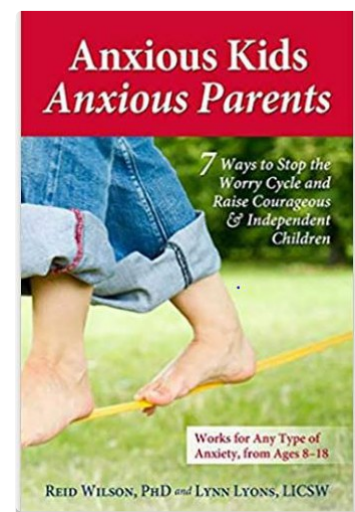
Sincerely,  
Sanford Prince IV

## Lynn Lyons Back by Popular Demand!

**Lynn Lyons**, anxiety expert, will be back to do a repeat virtual parent evening on **Wednesday, December 2 from 6:00pm to 7:30pm**. All Scarborough Community members are welcome to join us.

### **NOW What? Helping Children (and Ourselves) Manage Emotionally During Uncertain Times**

As we navigate a school year like no other, parents need strategies to help children (and themselves!) manage the worry, disappointment and uncertainty of our current pandemic-dominated environment. This presentation describes the skills needed for emotional management including how to increase flexibility, tolerate uncertainty, communicate effectively and replace catastrophic thinking with problem-solving.



A Zoom link will be posted on the district's website and shared via social media next week.

Check out Lynn's podcasts at [Flusterclux](#) or her videos and other resources on her [website](#).





## A Message from the Scarborough Education Foundation:

SEF is thankful for your support! Due to the community's outpouring of support for the 2020 senior class, SEF's Operation Graduation had unprecedented success, allowing us to implement a rolling grant process for this unique year. We're funding grants for what teachers need when they need it and have already funded the installation of a traverse climbing wall at Pleasant Hill School. There are more grants in the works, too, all to help students gain skills, confidence, and to feel connected to each other. This #GivingTuesday, please consider [making a donation to](#) SEF in order to keep the amazing momentum of community support for our schools and your students!

Donations can be made at [www.facebook.com/sefmaine](http://www.facebook.com/sefmaine) or [www.sefmaine.org/donate](http://www.sefmaine.org/donate)



## LAST CALL FOR 5th Annual Community Thanksgiving Dinner (To-Go)

**Deadline to sign up is TODAY, NOVEMBER 20TH!** Scarborough Schools, in conjunction with the Scarborough School Nutrition Program, Scarborough Community Services, Scarborough Police Department and Project GRACE will again be offering free Thanksgiving dinners to area community members! Due to COVID restrictions, there will be no in-house seating this year, but instead will be featuring meals-to-go. Over 1,000 people are on the current list!!! Many thanks to all who are dedicated to this effort!

Please check out this website for full details or call (207) 730-4700 with any questions.

[www.ThanksgivingScarborough.org](http://www.ThanksgivingScarborough.org)



## Upcoming SPS Events - Mark Your Calendar!

[SPS Calendar](#)

- **November 20** - Order deadline for Thanksgiving Dinner sign-up
- **November 25** - Thanksgiving Dinner Curb-side Pick-up
- **November 25 - 27** - Thanksgiving Holiday Break - No school

## SPS District Email Newsletter Signup

Share the news! Please let any community members, who do not currently have students enrolled in a Scarborough School, know that they too can stay in touch with the latest happenings in the schools and the district. By simply going to the SPS website and selecting the "District Communications" tab on the left, they can enter their name and email address and we will send along our weekly news to them. *If you have a student(s) in the district and you are already receiving our newsletter - no need to sign up (if you do, you will receive duplicate newsletters from us).*

- Schools
  - Board of Education
  - Meetings
  - Standing Committees
  - Newsletter
  - Policies
  - Budget
  - CBAs & Contracts
  - Resolutions
- Central Office
  - Superintendent
  - Curriculum & Assessment
  - Special Services
  - Business Operations
  - Facilities
  - Information Technology
  - Nutrition Program
  - Health Services
  - Transportation
- District Communications**
- Parent Information
  - Student Registration
  - Student Transfer Request
  - Emergency Plan
  - RevTrak Online Payments
  - Anti-Bullying Information
  - 5210 Let's Go!
  - Common Sense Media
  - Community Bulletin Board
- Employment Opportunities
- Education Foundation
- Scarborough School Business Partnership
- Administrator Recertification

This page of our website will be used to keep staff, students and families up-to-date on all district communications. All of the weekly District Newsletters will be archived here for easy access. We will also post any other important communications on this page.

**Recent SPS District Newsletters**

[October 16, 2020 SPS Newsletter](#) 0k - Oct 16, 2020, 3:19 PM by Kelly Johnston (v1)

This edition contains some great news regarding student meals for the 2020-2021 school year as well as some important updates on upcoming iReady testing for students.

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[October 8, 2020 SPS Newsletter](#) 0k - Oct 9, 2020, 11:07 AM by Kelly Johnston (v1)

This edition reminds of us the difference between "isolation" and "quarantine" - very important information.

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[Critical Update - October 4, 2020](#) 0k - Oct 5, 2020, 7:44 AM by Kelly Johnston (v1)

Case of COVID-19 detected at Scarborough Middle School.

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[October 2, 2020 SPS Newsletter](#) 0k - Oct 2, 2020, 3:53 PM by Kelly Johnston (v1)

Some very important information in the "Curriculum Updates" in this edition - including an invitation to participate in a webinar addressing anxiety: on November 4 from 6:00pm - 7:30pm a live webinar event titled, "NOW What? Helping Children (and Parents)."

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[September 11, 2020 SPS Newsletter](#) 0k - Sep 29, 2020, 12:09 PM by Kelly Johnston (v1)

Highlights of this newsletter include - information for ordering FREE student breakfasts and lunches, the required and daily Student Health Self Assessment questions and updated materials on Face Covering Requirements.

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Showing 5 files from page [Archived SPS Newsletters](#).

**SPS District Email Newsletter Signup**

To receive the weekly SPS District Newsletter, please sign up using the form below. Note: If you have a student in the Scarborough Public School system and are already receiving the weekly district newsletter, you do not need to sign up using the form below.

**Signup Form**

Name

Email Address \*





## Health & Safety

Please make sure you review [the UPDATED Student Health Self Assessment](#) questions EVERY DAY before sending your child off to school. Updated guidance from the state has REMOVED a few less common symptoms from the list, including stomach pain, rash, swelling, and red eyes.

TOGETHER, we can make our schools as safe as possible!

### COVID-19

#### Pre-Screening Tool for School Attendance

Within the past 24 hours have you had a fever (100.4 and above\*) or used any fever reducing medicine? YES =

Do you feel sick with any of the most common symptoms of Covid, had vomiting/diarrhea, or felt unwell? (see symptom list to the right) YES =

Have you been a close contact of a person with Covid in the past 14 days? YES =

Have you traveled outside of the state in the past 14 days? YES =   
Contact Your School

**Stay home with any YES response to the questions above OR with two or more of the "less common" symptoms listed to the right.**

Attend school when all answers are NO and your child is feeling well with no other symptoms of illness. Call or see your school nurse or other designated person at school if you have questions.

Updated 10.9.20



#### Most Common Symptoms of Covid 19:

Cough  
Shortness of breath or difficulty breathing  
Fever (100.4°F/ 38 °C or greater)\*  
Chills  
Sore throat  
New loss of taste or smell

#### Less Common Symptoms:

Muscle pain  
Nausea or Vomiting  
Diarrhea  
Fatigue  
Headache  
Congestion/runny nose

\*Fever is 100.4°F/ 38°C regardless of measurement location (oral, temporal).



## Links to Our Schools



Blue Point



Eight Corners



Pleasant Hill



Wentworth School



Middle School



High School

## Services & Information

[Spec. Services](#) | Alison Marchese, [amarchese@scarboroughschools.org](mailto:amarchese@scarboroughschools.org)  
[Transportation](#) | Sarah Redmond, [sredmond@scarboroughschools.org](mailto:sredmond@scarboroughschools.org)  
[Food Services](#) | Peter Esposito, [pesposito@scarboroughschools.org](mailto:pesposito@scarboroughschools.org)  
[Athletics & Activities](#) | Mike LeGage, [mlegage@scarboroughschools.org](mailto:mlegage@scarboroughschools.org)  
[Curriculum](#) | Monique Culbertson, [mculbertson@scarboroughschools.org](mailto:mculbertson@scarboroughschools.org)  
[Community Services](#) | Todd Souza, [tsouza@scarboroughmaine.org](mailto:tsouza@scarboroughmaine.org)



## Tech Support

For technology assistance with SPS student laptops, please send a message to [techsupport@scarboroughschools.org](mailto:techsupport@scarboroughschools.org) and someone from Technology will be in touch to assist you.



## Scarborough Schools

Facebook @scarbmeschools

259 U.S. Route 1, Scarborough, ... (207) 730-4100  
 [scarboroughschools.org](http://scarboroughschools.org)

