



**Nord Breakfast Menu
2021-2022
4-week cycle**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Granola Bar %*# Choice of Fruit Milk%	WG Donut%* Choice of Fruit Milk%	WG Frudel%* (Apple or Cherry) Choice of Fruit Milk%	Ultimate Breakfast Round*%^ or Apple Cinn. Bread*%^ Choice of Fruit Milk%	WG Pop Tart* Yogurt% or String Cheese% Choice of Fruit Milk%
WG Cereal bar* or WG Cocoa Cherry Bar* Yogurt% or String Cheese% Choice of Fruit Milk%	WG Donut%* Choice of Fruit Milk%	WG Muffin *^% Yogurt% or String Cheese% Choice of Fruit Milk%	WG Granola Bar %*# Choice of Fruit Milk%	Appleways WG Oat Bar*%^ Yogurt% or String Cheese% Choice of Fruit Milk%
WG Granola Bar %*# Choice of Fruit Milk%	WG Donut%* Choice of Fruit Milk%	WG Cereal Bar * WG Cocoa Cherry Bar* Choice of Fruit Milk%	Ultimate Breakfast Round*%^ or Apple Cinn. Bread*%^ Choice of Fruit Milk%	WG Pop Tart* Yogurt% or String Cheese% Choice of Fruit Milk%
WG Cereal Bar * or WG Cocoa Cherry Bar* Yogurt or String Cheese Choice of Fruit Milk%	WG Donut%* Choice of Fruit Milk%	WG Muffin *^% Yogurt% or String Cheese% Choice of Fruit Milk%	WG Granola Bar %*# Choice of Fruit Milk%	WG Oatmeal Fruit Bar*%^ Yogurt% or String Cheese% Choice of Fruit Milk%

This institution is an equal opportunity provider.
Menu subject to change

Breakfast price of \$1.75* includes choice of 3 or 4 components: Grains or Grain+Protein, Fruit & Milk. Reduced-Price breakfast costs \$.30 for those who qualify.* *NO COST IN 2021-22 SY	Grab N Go Breakfast begins at 8:05am All items listed are available to purchase A la Carte.	ALLERGENS: * = gluten ^ = egg % = dairy # = may contain nuts <i>These are only a GUIDE.</i>
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