



**Powers Breakfast Menu**  
**2021-2022**  
 2-week cycle



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
WG Frudel%* Choice of Fruit Milk%	WG Apple Cinnamon Bread*%^ Choice of Fruit Milk%	WG Muffin *^% Choice of Fruit Milk%	WG Pancakes%* Choice of Fruit Milk%	WG Cocoa Cherry Bar* Choice of Fruit Milk%
WG Oatmeal Bar*%^ Choice of Fruit Milk%	WG Donut%* Choice of Fruit Milk%	Ultimate Breakfast Round*%^ Choice of Fruit Milk%	WG Waffles *%^ Choice of Fruit Milk%	WG French Toast*%^ Choice of Fruit Milk%

This institution is an equal opportunity provider.  
 Menu subject to change

Breakfast price of \$1.75* includes choice of 3 or 4 components: Grains or Grain+Protein, Fruit & Milk. Reduced-Price breakfast costs \$.30 for those who qualify.* <small>*NO COST IN 2021-22 SY</small>	Grab N Go Breakfast begins at 8:35am  All items listed are available to purchase A la Carte.	<b>ALLERGENS:</b> * = gluten ^ = egg % = dairy # = may contain nuts  <i>These are only a GUIDE.</i>
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