

# Nourish 282 helps families experiencing food instability.

We provide assistance in multiple ways:

- monthly grocery store gift card (\$40 per child, per month, family cap \$200)
- non-perishable food bags
- household and personal care items

Enrollment is easy, simply fill out our online form:

**[www.surveymonkey.com/r/83W6R2F](http://www.surveymonkey.com/r/83W6R2F)**

Contact Julie Pierce with questions ([info@nourish282.com](mailto:info@nourish282.com))

## How to help:

### Monetary Donations:

Always needed and well utilized!

Visit our website to give:

**[www.nourish282.com](http://www.nourish282.com)**



follow us on social media:  
**@nourish282**

## How to help:

### Monthly Food Drive:

**When:** first Wednesday of every month, 4-5:30 pm

**Where:** parking lot at 2708 33rd Ave NE (Faith United)

**What:** Needs lists at [www.nourish282.com](http://www.nourish282.com)