

Maryville City Schools
Health Services
Procedures for Student Illnesses

- **Abdominal pain** – note location of pain, time of onset, quality, intensity of pain, any nausea, vomiting or diarrhea. Take temperature and have student lie down in a comfortable position. Notify parent/guardian and send home if vomiting, diarrhea, or fever is present.
- **Chest pain** – note onset (time), location and intensity of pain, difficulty breathing, dizziness or other unusual findings. Notify parent/guardian.
- **Cramps** – take temperature. Determine intensity, location and onset of pain, any nausea or vomiting, or feelings of faintness. Notify parent/guardian if appropriate.
- **Diarrhea** – take temperature, notify parent/guardian and send student home if appropriate. Hydrate student as needed. The student must be free from diarrhea for 24 hours without the use of antidiarrheal medication before returning to school.
- **Dizziness** – determine cause of symptoms and treat as needed. Notify parent/guardian if appropriate.
- **Earache** – take temperature. Notify parent/guardian and send home if appropriate.
- **Eyes** – note the color of the conjunctiva (white portion of eyes), any redness, drainage, swelling or sties. Notify parent/guardian and send home if appropriate.
- **Fainting** – allow the student to rest and provide fluids if appropriate. Notify parent/guardian.
- **Fever** – take temperature. If temperature is 100.4 °F or above, the student must be sent home for 24 hours. If the student has a temperature of 105 degrees or higher, EMS (911) should be called if a parent/guardian cannot be contacted immediately. Must be fever-free for 24 hours without use of fever-reducing medication before returning to school.
- **Headaches** – may be a symptom of other illnesses. It is important to check for an elevated temperature. Encourage fluids. Notify parent/guardian if headache worsens or accompanied by fever or stiff neck. Notify parent/guardian if headache is associated with head injury.
- **Nausea** – take temperature. Allow the student to lie down in a comfortable position.
- **Poisoning Emergencies** – contact the parent/guardian and Poison Control Center at 1-800-222-1222. If appropriate, EMS (911) should be called.
- **Seizure** – ease student onto left side, remove objects in the vicinity to protect from injury, do not restrain or put anything in student's mouth. Call EMS (911) and notify the parent/guardian.
- **Skin color** – note if skin is pale or flushed. Take temperature. Notify parent/guardian if temperature is 100.4 °F or above or if student has other symptoms such as difficulty breathing, etc.
- **Sore throat** – take temperature and notify parent/guardian, send home if appropriate. If temperature is 100.4°F or above, the student must be sent home.
- **Toothache** – notify parent/guardian and send home if appropriate.
- **Vomiting** – take temperature, notify parent/guardian and send student home. Allow the student to lie down in a comfortable position while waiting for parent/guardian. The student must be free from vomiting for 24 hours before returning to school.

Call EMS (911) for any life-threatening emergencies.