

AUGUST 2021

BREAKFAST IN THE CLASSROOM



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DO I NEED TO FILL OUT A MEAL APPLICATION THIS YEAR?

Parents are encouraged to complete a free and reduced meal application. While it isn't necessary to fill out an application in order to receive **one free breakfast and one free lunch for each student each school day**, households must submit a Free or Reduced Meal Benefit Application (or directly certify) to qualify for Pandemic EBT funds, fee waivers, or any other local, state, or federal programs that require such status.

[Access monthly menus, nutrition information, carb counts and allergy information online or on your phone.](#) Download the app and visit our district website. There is a clickable link on our Child Nutrition Webpage and the app can be downloaded on iPhone or Android under the title "[Web Menus for School Nutrition.](#)"

WE'RE HIRING!

No evenings, weekends, or holidays!
\$13.50 starting wage.
One FREE meal per work day when you work in the child nutrition department. Apply online today at www.slcschools.org.

2021-2022 MEAL PRICES

ALL STUDENTS, regardless of income status may receive one **FREE** breakfast and one **FREE** lunch each day they attend school during the 2021-2022 school year.

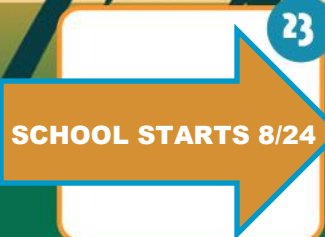
ADULT MEALS & 2nd STUDENT MEALS

Breakfast	\$2.50
Lunch	\$3.50

This school participates in the BREAKFAST IN THE CLASSROOM PROGRAM. All students are eligible for FREE breakfast daily and will eat in their classrooms with their classmates at the beginning of the school day.

During LUNCH, all students must choose at least 3 of the following 5 components: *Low-fat milk, whole grains, fruits, vegetables, and protein.* When choosing ingredients and entrees to serve for our program we look for foods that are *lean, low-fat, low-sodium, low-sugar, and whole grain rich.* Students are able to choose whichever healthy foods they like best.

1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.



23

Breakfast Pizza
OR Poptart & Cheese
CHICKEN NUGGETS
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

24

French Toast Sticks
OR Mini Bagel
POPCORN CHICKEN & WAFFLES
OR MUFFIN BASKET
OR MEAT & CRACKERS LUNCHABLE

25

Mini Waffles
OR Mini Pancakes
GRILLED CHEESE & TOMATO SOUP
OR MUFFIN BASKET
OR TURKEY SANDWICH

26

Muffin
OR Crumb Square
BREADED CHICKEN SANDWICH
OR SPICY CHICKEN SANDWICH
OR EZ JAMMER Chips

27

Crunch Bar
OR Mini Pancakes
DRUMSTICK with CORN MUFFIN
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

30

French Toast Sticks
OR Mini Bagel
PIZZA
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Cookie

31

The first day of school is AUGUST 24th.
This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.

September 2021

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½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.

Monday

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Tuesday

6
LABOR DAY
NO SCHOOL

HOT DOG

OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

French Fries

13
Breakfast Burrito
OR Crunch Bar

CHILI & CHIPS

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

20
Mini Pancakes
OR Crunch Bar

FISH NUGGETS

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

27
Mini Waffles
OR Crumb Square

CHALUPA

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Wednesday

1
Breakfast Pizza
OR Banana Bread

CHICKEN POTATO BOWL
OR MUFFIN BASKET
OR MEAT & CRACKERS LUNCHABLE

Dinner Roll

8
French Toast Sticks
OR Mini Bagel

TERIYAKI CHICKEN & RICE
OR MUFFIN BASKET
OR MEAT & CRACKERS LUNCHABLE

15
French Toast Sticks
OR Mini Bagel

COUNTRY FRIED STEAK
OR MUFFIN BASKET
OR MEAT & CRACKERS LUNCHABLE

Dinner Roll, Mashed Potatoes, Gravy

22
Breakfast Pizza
OR Banana Bread

ORANGE CHICKEN & RICE
OR MUFFIN BASKET
OR MEAT & CRACKERS LUNCHABLE

29
French Toast Sticks
OR Mini Bagel

TURKEY ROAST
OR MUFFIN BASKET
OR MEAT & CRACKERS LUNCHABLE

Dinner Roll, Mashed Potatoes, Gravy

Thursday

2
Mini Waffles
OR Muffin

MAC & CHEESE

OR MUFFIN BASKET
OR TURKEY SANDWICH

9
Breakfast Sliders
OR Poptart & Cheese

CHICKEN NUGGETS

OR MUFFIN BASKET
OR TURKEY SANDWICH

Rice Krispies Treat

16
Mini Waffles
OR Mini Pancakes

CHEESE ENCHILADAS

OR MUFFIN BASKET
OR TURKEY SANDWICH

Pudding

23
Mini Waffles
OR Muffin

CORN DOG

OR EZ JAMMER

Chips

30
Breakfast Sliders
OR Poptart & Cheese

PIZZA

OR MUFFIN BASKET
OR TURKEY SANDWICH

Cookie

Friday

3
Breakfast Sliders
OR Poptart & Cheese

CORN DOG

OR EZ JAMMER

Chips

10
Banana Bread
OR Muffin

CHEESEBURGER

OR HAMBURGER
OR EZ JAMMER

Chips

17
Muffin
OR Crumb Square

BREADED CHICKEN SANDWICH

OR SPICY CHICKEN SANDWICH
OR EZ JAMMER

Chips

Non-Student Day
NO SCHOOL